

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

March 2026

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

North Brevard Senior Center

North Brevard Senior Center

***Is Celebrating our
40th Anniversary***

Join us

Thursday, March 5th

4:30pm-6:30pm

***Titusville Chamber of Commerce
Ribbon Cutting at 5:00pm***

Light Refreshments following

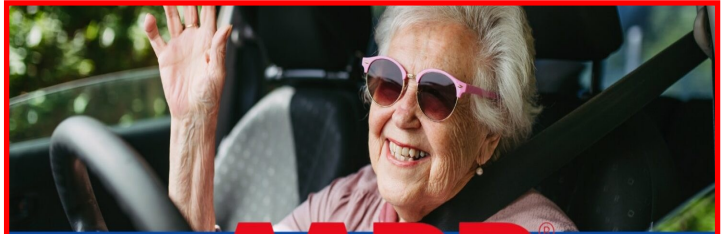
Line Dance Social

Friday, March 13th

Noon to 3pm



***For more information call Michelle @
678-622-3625***



AARP

**Smart Driver™
Course**

**Thursday, April 9th
9:30am-3:30pm**

**Keep yourself and others safe on the road
Claim a safe driver discount!**

***North Brevard Senior Center
909 Lane Ave, Titusville, FL***

**\$20 for AARP Members / \$25 for Non-AARP Members
(payable to instructor on day of class)
Cash and Check No Credit Cards**

**Pre-registration Required
Call Karen 321-252-9073**

Space is limited/ Bring a lunch



**Everyone that has signed up for
the Wednesday, March 4th trip
please be at the port by 9:45 am**

Please check in with Paulette

NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST DONATION</u>		<u>CONTACT PERSON</u>	
MONDAY					
Strength and Stretch	9AM-10AM	\$2/\$3	Room B	Susan	(540)-220-4831
Line Dance Class	10AM-12:00PM	\$5/\$6	Gold Room	Michelle	(678)622-3025
Poker	10AM-2PM	\$2/\$3	Library	Les	(321)-591-5156
Yoga	11:30AM-12:30PM	\$5/\$6	Room B	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM– 2PM	\$5/\$6	Gold Room	Robin	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Room A	Joanne	(321) 267-5923
Hand & Foot (1st & 3rd Mon)	12:15PM-3:30PM	\$2/\$3	Room A	Donna	(321) 576-7961
Progressive Rummy (2nd & 4th Mon)	1PM-3:30PM	\$2/\$3	Room B	Cathie	(610) 715-2237
Bunco (2nd Mon)	9:30AM-12:30 PM	\$4/\$5	Room A	Carol	(332) 268-8087
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin .	(321) 514-5945
Blast	7:15PM– 8PM	\$5/\$6	Gold Room	Robin	(321)514-5945
TUESDAY					
Beginning Ballet/Lyrical	9AM-10 AM	\$2/\$3	Room B	Susan	(540) 220-4831
Pinochle	10AM-2PM	\$2/\$3	Room A	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:30AM	\$2/\$3	Gold Room	Natine	(321) 609-0999
Tap & Jazz (Intermed)	10:30AM-12PM	\$2/\$3	Room B	Marsha	(309) 236-7786
S.E.A.T	12PM-1PM	\$7/\$8	Gold Room	Robin	(321) 514-5945
Mahjongg	12:30PM-3:30PM	\$2/\$3	Room A	Andi M.	(321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	\$2/\$3	Library	Kathy .	(321) 268-4827
Beginning Line Dance	2:00pm-3:00PM	\$4/\$5	Gold Room	Yvette	(321) 258-6534
Tai Chi	1PM-2:30PM	\$5/\$7	Room B	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	\$7/\$8	Gold Room	Robin	(321) 514-5945
WEDNESDAY					
Beginning Jazz	9AM-10AM	\$2/\$3	Room B	Susan	(540) 220-4831
Zumba– Gold	9:15AM-10:15AM	\$5/\$6	Gold Room	Robin .	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Library	Fonda	(321) 298-2796
Party Bridge (1st & 3rd Wed)	12:15PM-3:30PM	\$2/\$3	Library	Cathy	(321)268-5452
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6	Gold Room	Robin .	(321) 514-5945
Rummikub (2nd & 4th Wed)	12:30-3:30PM	\$2/\$3	Room B	Connie	(407)760-0724
Duplicate Bridge	11:30-3:30PM	\$2/\$3	Room A	John	(321) 269-5525
Line Dance Class Improvers/Intermed	4:30PM-6:30PM	\$5/\$6	Gold Room	Cathy	(814)571-2834
THURSDAY					
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played) Gold Room		Cat	(321) 231-1135
Beginning Tap	9AM-10AM	\$2/\$3	Room B	Susan	(540) 220-4831
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$7/\$8	Room B	Robin	(321) 514-5945
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin .	(321) 514-5945
Core & More	7:15PM-8PM	\$5/\$6	Gold Room	Robin	(321)514-5945
Board of Directors Mtg. (2nd Thursday)	2:30PM	N/A	Library	Anita	(918) 810-3534
FRIDAY					
Strength and Stretch	9AM-10AM	\$2/\$3	Room B	Susan	(540)220-4831
Muscle Memory, Strength, Balance	10AM-11:30AM	\$2/\$3	Gold Room	Natine	(321) 609-099
High Beginner/Improver	12PM-2PM	\$7/\$8	Gold Room	Pat	(321)720-8979
Euchre	10AM-1PM	\$2/\$3	Room A	Barbara	(321) 451-6697
Cribbage	1PM-3PM	\$2/\$3	Library	Carole	(781)831-4916
Karaoke	2PM-5PM	\$2/\$3	Room A	Mike	(321) 268-2013
SUNDAY					
Intermed/Adv'd. Line Dance Class	2PM-4PM	\$7/\$8	Gold Room	Pat	(321)720-8979

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2025 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**



*Party Bridge .
1st & 3rd Wednesday
12:15-3:30pm
If interested please contact
Cathy at 321-268-5452 or
6647CCH@gmail.com*



*Members
Starting March 16th and for about 3 weeks the center
will be under construction lobby, library and Room A
plus the Presidents Office and Operations Managers
Office. Some of the classes will have to be cancelled or
moved. Can't wait to see the finished look.
You will not be able to use the front door. Everyone
will enter from the Gold Room.
Please be patient!
Paulette & Linda
Operation Managers*



Progressive Rummy
2nd & 4th Monday of the month

1:00pm-3:30pm
Room A

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Contact Rich Fernbach

rfernbach@lpicommunities.com
(800) 950-9952 x3675



RENTALS

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***
*No one under the age of 18

Bring in a canned or boxed food item for donation on **1st Thursday** to **No One Hungry Senior Pantry** and get a **free Speedy game paper!**

Only \$10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



EXEC. COMMITTEE

PRESIDENT

Anita James

1st VICE PRES.

Paulette Amaral

2nd VICE PRES.

Jeff Amaral

TREASURER

Cathie McMullin

SECRETARY

Diane Sweeney

BOARD MEMBERS

Jeany Heaney

Dennis McMullin

Cat Simkins

Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg

Rachel Kusterer

Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



ZUMBA
fitness

Join Robin!

Monday & Thursday
6pm-7pm

Core & More follows

Zumba on Thursday Nights 7:15 pm-8pm.

Join Cindy



Mondays
11:30am-12:30 pm



Blast

follows

Robin's

Zumba class

Mondays at 7:15pm

Improver and Beyond
Line Dancing
Sunday 2pm-4pm

North Brevard
Senior Center

Small Steps with
Pat Small

Members \$7.00
Non-Members \$8.00

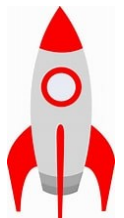


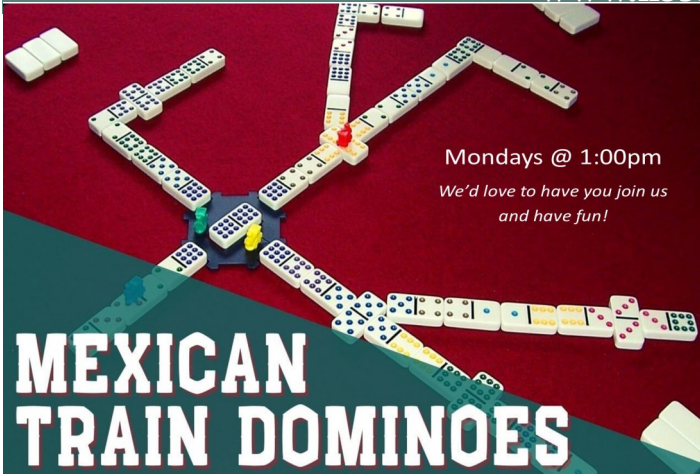
SPACE COAST LINE DANCERS

WEDNESDAYS 4:30 - 6:30 PM

IMPROVERS/INTERMEDIATES

For information call
Cathy 814-571-2834






Mondays @ 1:00pm
We'd love to have you join us and have fun!

MEXICAN TRAIN DOMINOES



2nd Monday of the month at 9:30am
Why not join them for a fun morning!
For more information call Carol at 321-268-8087



Zumba Gold- Toning

Thursdays 11am - 12 pm
Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.
Room B
This class is a total chair class!

MUSCLE MEMORY

Join Natine
Tuesdays and Fridays
10:00am-11:00am
Improve your Muscle Memory, Strength and Balance
NO Class March 6th




Join us Wednesdays
11:30-3:30pm

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MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

Call Andi at 321-385-3595
If you have any questions!

QUICKRE



FRIDAYS
10:00AM-12:30PM

CALL BARBARA
321-451-6697
IF INTERESTED
IN PLAYING



Fridays 2:00pm-5:00pm
Please park in back and
enter in back door.



Zumba Gold
9:15 am Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.



All members of North Brevard Senior Center are welcome to come to a Board of Directors Meeting which is held on the 2nd Thursday of the month. Next meeting will be Thursday, March 12th at 2:30pm.

Made
you look.

Advertise here to reach your local audience.

Scan to get started!



Visit lpicommunities.com/advertising-solutions

Our community wouldn't be the same **without you!**



Newsletter Booster 2026

Natine Abreu-Shaw	Madeleine Morris
Jeff Amaral	Tina Ringfield
Paulette Amaral	Suzanne Rostek
Lois Broyles	Robin Rymkos
Anita James	Linda Siano
James Kiener	Carolyn Schuler
Sharon McClellan	Beverly Thomas
	Linda Trawle

Line Dance Class High Beginner - Improver

 **No Class March 6th & March 13th** 

Friday – Noon to 2pm

Members \$7.00
Non Members \$8.00

Gold Room

Titusville Senior Center
909 Lane Ave, Titusville,
FL 32780

Small Steps with Pat Small



Strength & Stretch

Mondays

9:00am– Room B

Provides support for posture, body core work & foot strength. Socks, ballet or jazz shoes.

Bring a mat for the stretch portion of the class.

Beginning Ballet/Lyrical!

Tuesdays

9:00am– Room B

(No class February 10th)

Beginning Jazz

Wednesdays

9:00am– Room B

Always wanted to be a ballerina? It's never too late? Join this class to explore your love of classical dance.

Beginning Tap

Thursdays

9:00 am - Room B

Enjoy jazz & contemporary movement styles drawing from Broadway & modern dance.

Strength & Stretch

Fridays

9:00 am - Room B

Contact Susan for information on all above classes at 540-220-4831 or susanlandess@gmail.com



Join us for a Fun afternoon

2nd and 4th Wednesday of the month

12:30pm-3:30pm Room B

For more information call Connie 407-760-0724

SEAT

SUPPORTED EXERCISE FOR AGELESS TRAINING

"WEAR Green to classes on March 16th and 17th"

Line Dance Class



Join Yvette!

For more information
Call her at 321-258-6534

Beginning Line Dance Class

Tuesdays 2:00pm-3:00pm
MEMBERS \$4/NON-MEMBERS \$5



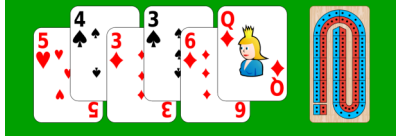
Join Michelle
on Mondays
10:00am-Noon

For all Levels of Line Dance Lessons.
For more information call
Michelle at 678-622-3025

Check It Out!

Why not stop in and try our one of our
many classes we offer at the
center!

CRIBBAGE



Fridays at 1pm

Please park in the back and enter by
back door.
Meets in the Library

**Tuesdays at
1:00 pm
Room B**



GOLDEN HEARTS



Join Robin for her
Senior Fitness Class

*Get your heart
pumping all while
having FUN!*

Monday at 1pm-2pm

*Wednesday at
11am-noon*

Members \$5.00

Non-Members \$6.00

"WEAR Green to classes on March 16th and 17th"



Tuesdays 10:00am-2:00pm

**For more info call Cat
321-231-1135**



Hurricane Rug Hooking

2nd and 4th Wednesday
of each month
10am to 2pm
Meets in the

North Brevard Senior Center

No class March 25th

**Why not join Marsha's Tap & Jazz Class?
This is a intermediate class.**



Tuesdays @ 10:30 am Room B
Call Marsha @ 309- 236-7786 for information



Gary has stepped up to help with your computer or phone questions. Well knowledgeable on PC and I phones. Private Class by appointment only at the North Brevard Senior Center

\$2.00 members \$3.00 non members

Call Gary 407-399-0327

Members \$2.00

Non Members \$3.00



ZUMBA + LIFTZUMBA+LIFT—is a science-based, music driven workout—that blends traditional ZUMBA dance with strength training. Come sculpt, build muscle, boost endurance. 5-15lbs weights are provided and resistance bands. Bring a mat.

"WEAR Green to classes on March 16th and 17th"



HAND & FOOT

*1st & 3rd Monday
12:15PM till 3:30 PM*

Start playing at 12:30 Sharp!

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.

POKER

**MONDAY
MORNING
10AM-2PM**

Dealer's Choice

\$2 member / \$3 non-member

CHIPS— Tray for \$8.00

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



RIVER LANES



TUES
JAN 07
9AM
16
WEEKS
\$11 PER
WEEK
NON-SANCTIONED

Early Risers
Ladies League



A Chance to Win Each Week
with Bowl Bingo!

Limited Spaces Available!
Call Today 321-267-7118 Ext. 3

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Seniors
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Seniors

**Are You or A Loved One
Looking for Help at
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At Seniors Helping Seniors in-home care services, we love providing quality care while making genuine connections with seniors throughout the community. Let's connect soon and find out how we can help!

- Companionship & Socialization
- Personal Care
- Dementia, Alzheimer's & Memory Care
- Running Errands
- Meal Preparation
- Light Housekeeping
- And More!

Experience the compassionate care and support from a team that values aging with dignity and respect.

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every contribution is
hugely valued

thank
you!

Looking for a Worthy Charitable Organization ?

North Brevard Senior Center is a 501 (c)3 charitable organization and as such is eligible to receive charitable donations.

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to North Brevard Senior Center. All donations helps us offer activities for our seniors in the area 5 days a week.



Members all we am asking for is one or two days a month a total of 4-8 hours to help out at the front desk out of 128 hours a month that the center is open.

Duties: Answer the phone, greet people, give new members information about the center activities. Great way to get to know other members of the center!

Linda and Paulette Ops Managers

CITY OF
Titusville
FLORIDA

DISCOVER | CONNECT | EMPOWER

COMMUNITY CONFERENCE

909 LANE AVE, TITUSVILLE, FL 32780

SATURDAY MARCH 07, 2026
8AM - 12:30PM

ATTENDANCE IS FREE BUT REGISTRATION IS REQUIRED*
*Headcount needed for lunch and light breakfast

WWW.TITUSVILLE.COM/3196/2026-COMMUNITY-CONFERENCE