

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

December 2025

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

North Brevard Senior Center

Membership renewal

Starting December 1st!

Yearly Membership will be \$22.00

Line Dance Social



Friday, Dec 19th
12:30pm-3:30pm
For more information call
Michelle
678-622-3025

The Board of Directors and your Operation Managers
wishing you all a Merry Christmas and a
Happy Healthy New Year!



The Center will be closed the following days
December 24th, 25th and 26th Reopen Dec 29th
Also closed Dec 31st, Jan 1st and 2nd.
Will reopen on January 5th

North Brevard Senior Center Annual

2026 Elections/Christmas Party

Saturday, December 6th

Elections 11am / Christmas Party following

**BELOW ARE THE CANDIDATES FOR EXECUTIVE
COMMITTEE FOR 2026:**

President - Anita James

1st Vice President - Paulette Amaral

2nd Vice President - Jeff Amaral

Treasurer - Cathie McMullin

Secretary - Diane Sweeney

followed by a light lunch

Music by Mike & Carolyn

In accordance with Robert's Rules of Order, additional nominations will be solicited on the floor at the time of elections. It is very important that the membership participate in this elections process. It is imperative that more volunteers step forward to serve on our Board of Directors. The demands of Board membership are not difficult but are critical. Any member of the Board can provide details. The work of the Center must be done in order to maintain our corporate nonprofit status and keep our doors open.

Cat Simkins, Nominating Committee Chairman

\$5.00 per person

Tickets on sale NOW! Please purchase by December 2nd

*Door Prizes

*50/50



The Board of Directors and Operation Managers would like to thank an anonymous donor that donated \$3,000.00 to the center which will help toward new flooring for the library.



NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST DONATION</u>	<u>CONTACT PERSON</u>	
MONDAY				
Strength and Stretch	9AM-10AM	\$2/\$3	Room B	Susan (540)-220-4831
Line Dance Class	10AM-12:00PM	\$5/\$6	Gold Room	Michelle (678)622-3025
Poker	10AM-2PM	\$2/\$3	Library	Les (321)-591-5156
Yoga	11:30AM-12:30PM	\$5/\$6	Room B	Cindy (321) 576-2782
Golden Hearts Senior Fitness	1PM- 2PM	\$5/\$6	Gold Room	Robin (321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Room A	Joanne (321) 267-5923
Hand & Foot (1st & 3rd Mon)	12:15PM-3:30PM	\$2/\$3	Room A	Donna (321) 576-7961
Progressive Rummy (2nd & 4th Mon)	1PM-3:30PM	\$2/\$3	Room B	Cathie (610) 715-2237
Bunco (2nd Mon)	9:30AM-12:30 PM	\$4/\$5	Room A	Carol (332) 268-8087
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin . (321) 514-5945
Blast	7:15PM- 8PM	\$5/\$6	Gold Room	Robin (321)514-5945
TUESDAY				
Beginning Ballet/Lyrical	9AM-10 AM	\$2/\$3	Room B	Susan (540) 220-4831
Pinochle	10AM-2PM	\$2/\$3	Room A	Cat (321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3	Gold Room	Natine (321) 609-0999
Tap & Jazz (Intermed)	11AM-12PM	\$2/\$3	Room B	Marsha (309) 236-7786
S.E.A.T	12PM-1PM	\$7/\$8	Gold Room	Robin (321) 514-5945
Mahjongg	12:30PM-3:30PM	\$2/\$3	Room A	Andi M. (321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	\$2/\$3	Library	Kathy . (321) 268-4827
Tai Chi	1PM-2:30PM	\$4/\$6	Room B	Ada (321) 848-4689
Zumba Toning	6PM-7PM	\$7/\$8	Gold Room	Robin (321) 514-5945
WEDNESDAY				
Beginning Jazz	9AM-10AM	\$2/\$3	Room B	Susan (540) 220-4831
Zumba- Gold	9:15AM-10:15AM	\$5/\$6	Gold Room	Robin . (321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Library	Fonda (321) 298-2796
Party Bridge (1st & 3rd Wed)	12:30PM-3:30PM	\$2/\$3	Library	Cathy (321)268-5452
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6	Gold Room	Robin . (321) 514-5945
Beginning Line Dance	11AM-Noon	\$4/\$5	Room B	Yvette (321) 258-6534
Duplicate Bridge	11:30-3:30PM	\$2/\$3	Room A	John (321) 269-5525
Line Dance Class Improvers/Intermed	4:30PM-6:30PM	\$5/\$6	Gold Room	Cathy (814)571-2834
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Gold Room	Cat (321) 231-1135
Beginning Tap	9AM-10AM	\$2/\$3	Room B	Susan (540) 220-4831
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$7/\$8	Room B	Robin (321) 514-5945
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin . (321) 514-5945
Core & More	7:15PM-8PM	\$5/\$6	Gold Room	Robin (321)514-5945
Board of Directors Mtg. (2nd Thursday)	2:30PM	N/A	Library	Anita (918) 810-3534
FRIDAY				
Strength and Stretch	9AM-10AM	\$2/\$3	Room B	Susan (540)220-4831
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3	Gold Room	Natine (321) 609-099
Euchre	10AM-1PM	\$2/\$3	Room A	Barbara (321) 451-6697
Cribbage	1PM-3PM	\$2/\$3	Library	Carole (781)831-4916
Karaoke	2PM-5PM	\$2/\$3	Room A	Mike (321) 268-2013
SUNDAY				
Intermed/Adv'd. Line Dance Class	2PM-4PM	\$5/\$6	Gold Room	Pat (321)720-8979

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2025 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**



Party Bridge .
1st & 3rd Wednesday
12:30-3:30pm
*If interested please contact
Cathy at 321-268-5452 or
6647CCH@gmail.com*

IMPORTANT

All of Robin's Classes and
Natine's Classes are cancelled
December 22nd—January 2nd
Which are all Zumba,
Golden Hearts, Blast, Core, and
S.E.A.T classes,
Muscle, Memory, Strength, Balance

Robin and Natine will be back
January 5th with their classes!



*Why not stop in and try our one of our
many classes we offer at the
center!*



WE APPRECIATE OUR
ADVERTISERS!

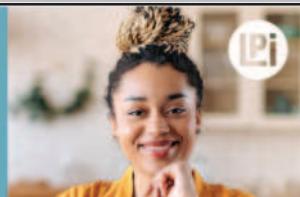
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**CONTACT ME
Rich Fernbach**

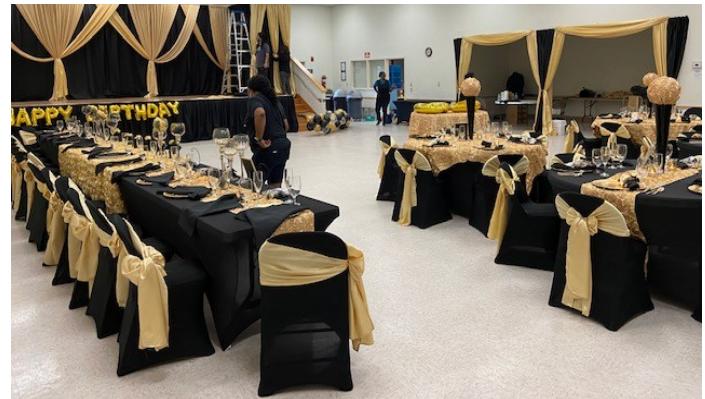
rfernbach@Ipicommunities.com

(800) 477-4574 x3675

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN





Thursdays @ 10AM (Doors open @ 9 AM)

* Smoke Free Environment *

*No one under the age of 18

Bring in a canned or boxed food item for donation on
1st Thursday to
No One Hungry Senior
Pantry and get a
free Speedy game paper!

Only \$10 to play 16 regular games

(9 cards per sheet).

Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet

6 cards per sheet

Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

**Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.**



EXEC. COMMITTEE

PRESIDENT

Anita James

1st VICE PRES.

Paulette Amaral

2nd VICE PRES.

Rachel Kusterer

TREASURER

Cathie McMullin

SECRETARY

Jeany Heaney

BOARD MEMBERS

Jeff Amaral

Dennis McMullin

Cat Simkins

Diane Sweeney

Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg

Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



ZUMBA
fitness

Join Robin!

*Monday & Thursday
6pm-7pm*

Core & More follows

Zumba on Thursday Nights 7:15 pm-8pm.



Blast
follows
Robin's
Zumba class
Mondays at 7:15pm

Line Dancing

*Intermediates and
Advance*

*Why not join Pat on
Sunday afternoons
2:00pm-4:00 pm*

*For more information
Call Pat at 321-720-8979*

Join Cindy



*No class Dec
8th and 15th*

*Mondays
11:30am-12:30 pm*

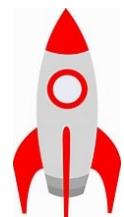
SPACE COAST LINE DANCERS

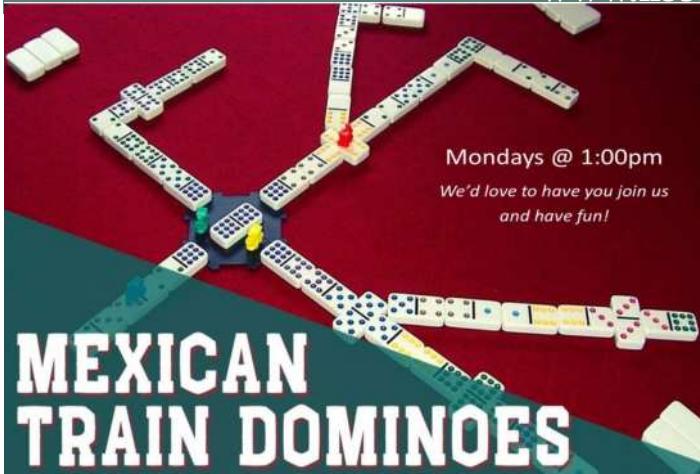
WEDNESDAYS 4:30 - 6:30 PM

IMPROVERS/INTERMEDIATES

For information call

Cathy 814-571-2834





Bunco only in Dec
1st Monday of the month
at 9:30am

Why not join them for a fun morning!
For more information call
Carol at 321-268-8087



Zumba Gold—Toning

Thursdays 11am – 12 pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.

Room B

This class is a total chair class!

MUSCLE MEMORY

Join Natine
Tuesdays and Fridays

10:00am-11:00am

Improve your

Muscle Memory, Strength and Balance

No Class Dec 9th and Dec 22nd thru January 2nd



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MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

Call Andi at 321-385-3595
If you have any questions!



Zumba Gold
9:15 am Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.



All members of North Brevard Senior Center are welcome to come to a Board of Directors Meeting which is held on the 2nd Thursday of the month. There will be no Board of Directors Meeting. Our Annual Board Meeting will be Dec 6th at 11am. This will be our elections of officers for 2026.



**WE APPRECIATE OUR
ADVERTISERS!**

They allow us to print
this bulletin. Thank you!

Newsletter Booster 2025

Natine Abreu-Shaw

Jeff Amaral

Paulette Amaral

Lois Broyles

Patricia Carter

Susan Frank

Joann Hanba

Judy Harris

Anita James

James Kiener

Sharon McClelland

Catherine McMullin

Dennis McMullin

Madeline Morris

Fran North

Patricia Portz

Tina Ringfield

Suzanne Rostek

Carolyn Schuler

Andy Shayka

Linda Siano

Wendy Smith

Beverly Thomas

Tuesdays at
1:00 pm
Room B

No class Dec 23rd & 30th



Fridays at 1pm

Please park in the back and enter by
back door.

Meets in the Library



Tuesdays Noon –1pm Gold Room

Strength & Stretch Mondays

9:00am– Room B

Provides support for posture, body core work & foot strength. Socks, ballet or jazz shoes.
Bring a mat for the stretch portion of the class.

Beginning Ballet/Lyrical!

Tuesdays

9:00am– Room B

Beginning Jazz

Wednesdays

9:00am– Room B

Always wanted to be a ballerina? It's never too late?
Join this class to explore your love of classical dance.

Beginning Tap

Thursdays

9:00 am - Room B

Enjoy jazz & contemporary movement styles drawing
from Broadway & modern dance.

Strength & Stretch

Fridays

9:00 am - Room B

Contact Susan for information on all above
classes at 540-220-4831 or
susanlandess@gmail.com

"Take a S.E.A.T." for Supportive Exercise for Ageless Training. We will work on Cardio Endurance, Mobility, Sit to Stand, Strength, Posture, and exercises to increase our Activities of Daily Living. All you need to do is come Pull up a Chair! Members \$7.00/Non-Members \$8.00

Line Dance Class



Join Yvette!

For more information
Call her at 321-258-6534

Beginning Line Dance Class

Wednesday at 11:00 am –12:00pm
MEMBERS \$4/NON-MEMBERS \$5

Line Dance

Join Michelle
on Mondays
10:00am-Noon

For all Levels of Line Dance Lessons.

For more information call
Michelle at 678-622-3025

HANDS - HEAD - FEET Your Center needs all of you!

Help is needed to support our nonprofit Corp .
Examples of how **YOU** can help includes: Rentals to oversee them.

Committees (special events, ways & means, etc.)
For more info or to volunteer, please write down your area of interest & experience (not required) and turn it into our Ops Manager Linda Trawle or join us at the next board meeting and see what's it all about.

WE'RE LOOKING FOR BOARD MEMBERS!



GOLDEN HEARTS

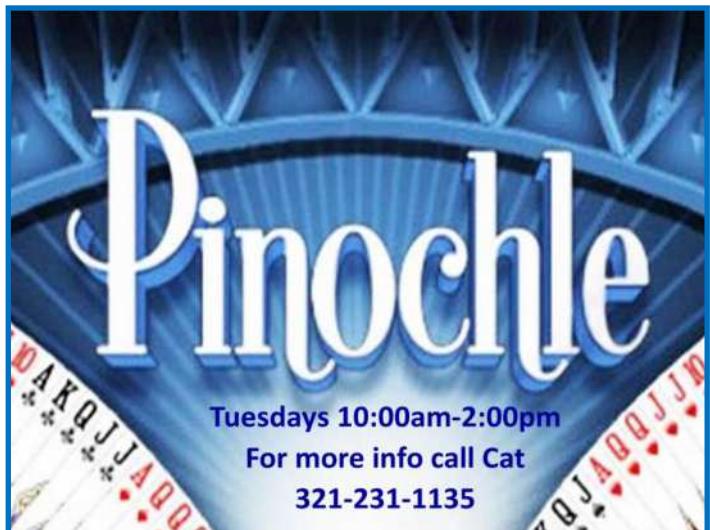


Join Robin for her Senior Fitness Class

Get your heart pumping all while having FUN!

Monday at 1pm-2pm
Wednesday at 11am-noon
Members \$5.00
Non-Members \$6.00

New Winter Group Fitness Schedule in January



Tuesdays 10:00am-2:00pm

For more info call Cat
321-231-1135



Hurricane Rug Hooking

2nd and 4th Wednesday of each month
10am to 2pm
Meets in the
North Brevard Senior Center

Why not join Marsha's Tap & Jazz Class?

This is a intermediate class.



Tuesdays @ 11am Room B
Call Marsha @ 309- 236-7786 for information



Gary has stepped up to help with your computer or phone questions. Well knowledgeable on PC and I phones. Private Class by appointment only at the North Brevard Senior Center

\$2.00 members \$3.00 non members

*Call Gary 407-399-0327
Members \$2.00 Non Members \$3.00*



*Tuesday evenings 6pm-7pm
Zumba Toning combines body-sculpting exercises and high energy cardio work infused with Zumba moves to create a calorie torching strength training fitness party.*

POKER

**MONDAY
MORNING
10AM-2PM**

**Dealer's Choice
\$2 member / \$3 non-member
CHIPS—Tray for \$8.00**



HAND & FOOT

*1st & 3rd Monday
12:15PM till 3:30 PM
Start playing at 12:30 Sharp!
\$2 members / \$3 guests
Don't know how to play this card game?
We'll teach you.*

**SUPPORT THE ADVERTISERS
that Support our Community!**

RIVER LANES

Early Risers
Ladies League

TUES JAN 07 9AM
16 WEEKS
\$11 PER WEEK
NON-SANCTIONED

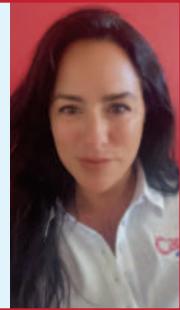
A Chance to Win Each Week with Bowl Bingo!

Limited Spaces Available!

Call Today 321-267-7118 Ext. 3



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Looking for a Worthy Charitable Organization ?

North Brevard Senior Center is a 501 (c)3 charitable organization and as such is eligible to receive charitable donations.

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to North Brevard Senior Center. All donations helps us offer activities for our seniors in the area 5 days a week.



Members all we am asking for is one or two days a month a total of 4-8 hours to help out at the front desk out of 128 hours a month that the center is open.

Duties: *Answer the phone, greet people, give new members information about the center activities. Great way to get to know other members of the center!*

Linda and Paulette Ops Managers



*Looking for someone to teach a craft once a month or quarterly!
Please stop in and talk to
Linda or Paulette Operation Managers.*