

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

December 2025

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

North Brevard Senior Center

Membership renewal

Starting December 1st!
Yearly Membership will be \$22.00

Line Dance Social



Friday, Dec 19th
12:30pm-3:30pm
For more information call
Michelle
678-622-3025

The Board of Directors and your Operation Managers
wishing you all a Merry Christmas and a
Happy Healthy New Year!



The Center will be closed the following days
December 24th, 25th and 26th Reopen Dec 29th
Also closed Dec 31st, Jan 1st and 2nd.
Will reopen on January 5th

North Brevard Senior Center Annual
2026 Elections/Christmas Party
Saturday, December 6th

Elections 11am/ Christmas Party following

**BELOW ARE THE CANDIDATES FOR EXECUTIVE
COMMITTEE FOR 2026:**

President - Anita James

1st Vice President -Paulette Amaral

2nd Vice President - Jeff Amaral -

Treasurer -Cathie McMullin

Secretary-Diane Sweeney

followed by a light lunch

Music by Mike & Carolyn

In accordance with Robert's Rules of Order, additional nominations will be solicited on the floor at the time of elections. It is very important that the membership participate in this elections process. It is imperative that more volunteers step forward to serve on our Board of Directors. The demands of Board membership are not difficult but are critical. Any member of the Board can provide details. The work of the Center must be done in order to maintain our corporate nonprofit status and keep our doors open.
Cat Simkins, Nominating Committee Chairman

\$5.00 per person

Tickets on sale NOW! Please purchased by December 2nd

****Door Prizes***

****50/50***



The Board of Directors and Operation Managers would like to thank an anonymous donor that donated \$3,000.00 to the center which will help toward new flooring for the library.



NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST</u> <u>DONATION</u>	<u>CONTACT PERSON</u>
MONDAY			
Strength and Stretch	9AM-10AM	\$2/\$3 Room B	Susan (540)-220-4831
Line Dance Class	10AM-12:00PM	\$5/\$6 Gold Room	Michelle (678)622-3025
Poker	10AM-2PM	\$2/\$3 Library	Les (321)-591-5156
Yoga	11:30AM-12:30PM	\$5/\$6 Room B	Cindy (321) 576-2782
Golden Hearts Senior Fitness	1PM– 2PM	\$5/\$6 Gold Room	Robin (321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3 Room A	Joanne (321) 267-5923
Hand & Foot (1st & 3rd Mon)	12:15PM-3:30PM	\$2/\$3 Room A	Donna (321) 576-7961
Progressive Rummy (2nd & 4th Mon)	1PM-3:30PM	\$2/\$3 Room B	Cathie (610) 715-2237
Bunco (2nd Mon)	9:30AM-12:30 PM	\$4/\$5 Room A	Carol (332) 268-8087
Zumba	6PM-7PM	\$7/\$8 Gold Room	Robin . (321) 514-5945
Blast	7:15PM– 8PM	\$5/\$6 Gold Room	Robin (321)514-5945
TUESDAY			
Beginning Ballet/Lyrical	9AM-10 AM	\$2/\$3 Room B	Susan (540) 220-4831
Pinochle	10AM-2PM	\$2/\$3 Room A	Cat (321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3 Gold Room	Natine (321) 609-0999
Tap & Jazz (Intermed)	11AM-12PM	\$2/\$3 Room B	Marsha (309) 236-7786
S.E.A.T	12PM-1PM	\$7/\$8 Gold Room	Robin (321) 514-5945
Mahjongg	12:30PM-3:30PM	\$2/\$3 Room A	Andi M. (321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	\$2/\$3 Library	Kathy . (321) 268-4827
Tai Chi	1PM-2:30PM	\$4/\$6 Room B	Ada (321) 848-4689
Zumba Toning	6PM-7PM	\$7/\$8 Gold Room	Robin (321) 514-5945
WEDNESDAY			
Beginning Jazz	9AM-10AM	\$2/\$3 Room B	Susan (540) 220-4831
Zumba– Gold	9:15AM-10:15AM	\$5/\$6 Gold Room	Robin . (321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3 Library	Fonda (321) 298-2796
Party Bridge (1st & 3rd Wed)	12:30PM-3:30PM	\$2/\$3 Library	Cathy (321)268-5452
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6 Gold Room	Robin . (321) 514-5945
Beginning Line Dance	11AM-Noon	\$4/\$5 Room B	Yvette (321) 258-6534
Duplicate Bridge	11:30-3:30PM	\$2/\$3 Room A	John (321) 269-5525
Line Dance Class Improvers/Intermed	4:30PM-6:30PM	\$5/\$6 Gold Room	Cathy (814)571-2834
THURSDAY			
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played) Gold Room	Cat (321) 231-1135
Beginning Tap	9AM-10AM	\$2/\$3 Room B	Susan (540) 220-4831
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$7/\$8 Room B	Robin (321) 514-5945
Zumba	6PM-7PM	\$7/\$8 Gold Room	Robin . (321) 514-5945
Core & More	7:15PM-8PM	\$5/\$6 Gold Room	Robin (321) 514-5945
Board of Directors Mtg. (2nd Thursday)	2:30PM	N/A Library	Anita (918) 810-3534
FRIDAY			
Strength and Stretch	9AM-10AM	\$2/\$3 Room B	Susan (540)220-4831
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3 Gold Room	Natine (321) 609-099
Euchre	10AM-1PM	\$2/\$3 Room A	Barbara (321) 451-6697
Cribbage	1PM-3PM	\$2/\$3 Library	Carole (781)831-4916
Karaoke	2PM-5PM	\$2/\$3 Room A	Mike (321) 268-2013
SUNDAY			
Intermed/Adv'd. Line Dance Class	2PM-4PM	\$5/\$6 Gold Room	Pat (321)720-8979

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2025 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**



*Party Bridge .
1st & 3rd Wednesday
12:30-3:30pm
If interested please contact
Cathy at 321-268-5452 or
6647CCH@gmail.com*



All of Robin's Classes and
Natine's Classes are cancelled
December 22nd—January 2nd
Which are all Zumba,
Golden Hearts, Blast, Core, and
S.E.A.T classes,
Muscle, Memory, Strength, Balance

Robin and Natine will be back
January 5th with their classes!



*Why not stop in and try our one of our
many classes we offer at the
center!*

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rfernbach@lpicommunities.com

(800) 477-4574 x3675

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***
*No one under the age of 18

Bring in a canned or boxed food item for donation on **1st Thursday** to **No One Hungry Senior Pantry** and get a **free Speedy game paper!**

Only \$10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



EXEC. COMMITTEE

PRESIDENT

Anita James

1st VICE PRES.

Paulette Amaral

2nd VICE PRES.

Rachel Kusterer

TREASURER

Cathie McMullin

SECRETARY

Jeany Heaney

BOARD MEMBERS

Jeff Amaral
Dennis McMullin
Cat Simkins
Diane Sweeney
Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg
Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



Join Robin!

Monday & Thursday
6pm-7pm

Core & More follows

Zumba on Thursday Nights 7:15 pm-8pm.



Blast

follows
Robin's

Zumba class

Mondays at 7:15pm

Line Dancing

*Intermediates and
Advance*

*Why not join Pat on
Sunday afternoons
2:00pm-4:00 pm*

*For more information
Call Pat at 321-720-8979*

Join Cindy



*No class Dec
8th and 15th*

**Mondays
11:30am-12:30 pm**

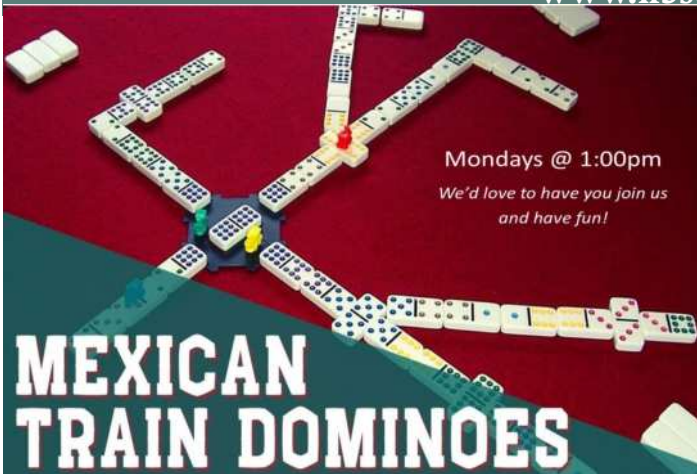
SPACE COAST LINE DANCERS

WEDNESDAYS 4:30 - 6:30 PM

IMPROVERS/INTERMEDIATES


For information call
Cathy 814-571-2834






Mondays @ 1:00pm
We'd love to have you join us
and have fun!

MEXICAN TRAIN DOMINOES



Bunco only in Dec
1st Monday of the month
at 9:30am

Why not join them for a fun morning!
For more information call
Carol at 321-268-8087



Zumba Gold– Toning

Thursdays 11am – 12 pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.

Room B
This class is a total chair class!

MUSCLE MEMORY

Join Natine
Tuesdays and Fridays
10:00am-11:00am
Improve your
Muscle Memory, Strength and Balance

No Class Dec 9th and Dec 22nd thru January 2nd



Join us Wednesdays
11:30—3:30pm

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\$19⁹⁵ /mo.

BBB A+ Rating



MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

Call Andi at 321-385-3595
If you have any questions!



Zumba Gold
9:15 am Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.



All members of North Brevard Senior Center are welcome to come to a Board of Directors Meeting which is held on the 2nd Thursday of the month. There will be no Board of Directors Meeting. Our Annual Board Meeting will be Dec 6th at 11am. This will be our elections of officers for 2026.

THRIVE
LOCALLY

— WE APPRECIATE OUR
ADVERTISERS!

They allow us to print
this bulletin. Thank you!

Newsletter Booster 2025

Natine Abreu-Shaw
Jeff Amaral
Paulette Amaral
Lois Broyles
Patricia Carter
Susan Frank
Joann Hanba
Judy Harris
Anita James
James Kiener
Sharon McClelland
Catherine McMullin

Dennis McMullin
Madeline Morris
Fran North
Patricia Portz
Tina Ringfield
Suzanne Rostek
Carolyn Schuler
Andy Shayka
Linda Siano
Wendy Smith
Beverly Thomas

**Tuesdays at
1:00 pm
Room B**

No class Dec 23rd & 30th



Fridays at 1pm

Please park in the back and enter by
back door.
Meets in the Library

Strength & Stretch

Mondays

9:00am– Room B

*Provides support for posture, body core work & foot strength. Socks, ballet or jazz shoes.
Bring a mat for the stretch portion of the class.*

Beginning Ballet/Lyrical!

Tuesdays

9:00am– Room B

Beginning Jazz

Wednesdays

9:00am– Room B

*Always wanted to be a ballerina? It's never too late?
Join this class to explore your love of classical dance.*

Beginning Tap

Thursdays

9:00 am - Room B

*Enjoy jazz & contemporary movement styles drawing
from Broadway & modern dance.*

Strength & Stretch

Fridays

9:00 am - Room B

*Contact Susan for information on all above
classes at 540-220-4831 or
susanlandess@gmail.com*

SEAT

SUPPORTED EXERCISE FOR AGELESS TRAINING

Tuesdays Noon –1pm Gold Room

"Take a S.E.A.T." for Supportive Exercise for Ageless Training. We will work on Cardio Endurance, Mobility, Sit to Stand, Strength, Posture, and exercises to increase our Activities of Daily Living. All you need to do is come Pull up a Chair! Members \$7.00/Non-Members \$8.00

Line Dance Class



Join Yvette!

For more information
Call her at 321-258-6534

Beginning Line Dance Class

Wednesday at 11:00 am -12:00pm
MEMBERS \$4/NON-MEMBERS \$5



Join Michelle
on Mondays
10:00am-Noon

For all Levels of Line Dance Lessons.
For more information call
Michelle at 678-622-3025

HANDS - HEAD - FEET Your Center needs all of you!

Help is needed to support our nonprofit Corp .
Examples of how **YOU** can help includes: Rentals to oversee them.

Committees (special events, ways & means, etc.)
For more info or to volunteer, please write down your area of interest & experience (not required) and turn it into our Ops Manager Linda Trawle or join us at the next board meeting and see what's it all about.

**WE'RE LOOKING FOR
BOARD MEMBERS!**



GOLDEN HEARTS



Join Robin for her
Senior Fitness Class

Get your heart
pumping all while
having FUN!

Monday at 1pm-2pm

Wednesday at
11am-noon

Members \$5.00

Non-Members \$6.00

New Winter Group Fitness Schedule in January



Hurricane Rug Hooking

2nd and 4th Wednesday
of each month

10am to 2pm

Meets in the

North Brevard Senior Center

*Why not join Marsha's Tap & Jazz Class?
This is a intermediate class.*



Tuesdays @ 11am Room B

Call Marsha @ 309- 236-7786 for information



*Gary has stepped up to help with
your computer or phone questions.
Well knowledgeable on
PC and I phones.
Private Class by appointment
only at the
North Brevard Senior Center*

\$2.00 members \$3.00 non members

Call Gary 407-399-0327

Members \$2.00

Non Members \$3.00



*Tuesday evenings
6pm-7pm*

*Zumba Toning combines
body-sculpting exercises
and high energy cardio
work infused with Zumba
moves to create a calorie
torching strength training
fitness party.*

POKER

**MONDAY
MORNING
10AM-2PM**

Dealer's Choice

\$2 member / \$3 non-member

CHIPS— Tray for \$8.00



HAND & FOOT

*1st & 3rd Monday
12:15PM till 3:30 PM*

Start playing at 12:30 Sharp!

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.

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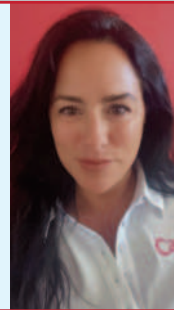
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every contribution is
highly valued

thank
you!

Looking for a Worthy Charitable Organization ?

North Brevard Senior Center is a 501 (c)3 charitable organization and as such is eligible to receive charitable donations.

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to North Brevard Senior Center. All donations helps us offer activities for our seniors in the area 5 days a week.



Members all we am asking for is one or two days a month a total of 4-8 hours to help out at the front desk out of 128 hours a month that the center is open.

Duties: *Answer the phone, greet people, give new members information about the center activities. Great way to get to know other members of the center!*

Linda and Paulette Ops Managers



Looking for someone to teach a craft once a month or quarterly!

Please stop in and talk to

Linda or Paulette Operation Managers.