

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

June 2025

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

North Brevard Senior Center

Yvette last day of teaching line dance was Monday May 18th. She will continue teaching the beginner class on Wednesdays.

Michelle will be taking over the Monday Class from 10:00 am-Noon Starting June 2nd

Cost will be \$5.00 members / \$6.00 non members.

There will be no Friday night class at noon.



A FAREWELL CELEBRATION!

wellcare™

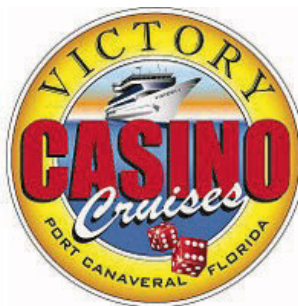
Will be at the North Brevard Senior Center with a Food Pantry Tuesday, June 24th @2:00pm.

This is a MUST Sign up by Friday, June 20th!

Please Text or Call Ricardo at

954-830-1455

And leave your name and tell them it's for the Food Pantry.



Members asked to go again as they had so much **FUN!**

So we booked 3 more days for 2025!

As always we must have at least 20 going to get these prices!

The price will include

***Boarding *Meal**

***\$20.00 in Qualified Slot Play**

***Free Drinks while Gaming**

***Plus One Free Drink Ticket**

That's a \$55.00 Value for ONLY \$25.00

The Sailing date is

Wednesday, June 11th

The 2nd Sail date will be Wednesday August 6th

The 3rd Sail date will be

Wednesday, December 3rd

We will meet at the Casino Boat!



*From the
Board of
Directors*

NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST</u> <u>DONATION</u>		<u>CONTACT PERSON</u>	
MONDAY					
Strength and Stretch	9AM-10AM	\$2/\$3	Room B	Susan	(540)-220-4831
Line Dance Class	10AM-12:00PM	\$5/\$6	Gold Room	Michelle	(678)622-3025
Poker	10AM-2PM	\$2/\$3	Library	Les	(321)-591-5156
Yoga	11:30AM-12:30PM	\$5/\$6	Room B	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM– 2PM	\$5/\$6	Gold Room	Robin	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Room A	Joanne	(321) 267-5923
Hand & Foot	12:15PM-3:30PM	\$2/\$3	Room A	Donna	(407) 808-5237
Progressive Rummy (1st & 3rd Mon)	1PM-3:30PM	\$2/\$3	Room B	Cathie	(610) 715-2237
Bunco (2nd Mon)	9:30AM-12:30 PM	\$4/\$5	Room A	Carol	(332) 268-8087
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin .	(321) 514-5945
Blast	7:15PM– 8PM	\$5/\$6	Gold Room	Robin	(321)514-5945
TUESDAY					
Beginning Tap Dance	9AM-10 AM	\$2/\$3	Room B	Susan	(540) 220-4831
Pinochle	10AM-2PM	\$2/\$3	Room A	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3	Gold Room	Natine	(321) 609-0999
Tap & Jazz (Intermed)	11AM-12PM	\$2/\$3	Room B	Marsha	(309) 236-7786
Mahjongg	12:30PM-3:30PM	\$2/\$3	Room A	Andi M.	(321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	\$2/\$3	Library	Kathy .	(321) 268-4827
Tai Chi	1PM-2:30PM	\$4/\$6	Room B	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	\$7/\$8	Gold Room	Robin	(321) 514-5945
WEDNESDAY					
Beginning Ballet/Lyrical	9AM-10AM	\$2/\$3	Room B	Susan	(540) 220-4831
Zumba– Gold	9:15AM-10:15AM	\$5/\$6	Gold Room	Robin .	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Library	Fonda	(321) 298-2796
Party Bridge (1st & 3rd Wed)	12:30PM-3:30PM	\$2/\$3	Library	Cathy	(321)268-5452
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6	Gold Room	Robin .	(321) 514-5945
Beginning Line Dance	11AM-Noon	\$3/\$4	Room B	Yvette	(321) 258-6534
Duplicate Bridge	11:30-3:30PM	\$2/\$3	Room A	John	(321) 269-5525
Line Dance Class Begin/Improve /Int	4:30PM-6:30PM	\$5/\$5	Gold Room	Cathy	(814)571-2834
THURSDAY					
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played) Gold Room		Cat	(321) 231-1135
Beginning Jazz/Contemporary	9AM-10AM	\$2/\$3	Room B	Susan	(540) 220-4831
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$7/\$8	Room B	Robin	(321) 514-5945
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin .	(321) 514-5945
Core & More	7:15PM-8PM	\$5/\$6	Gold Room	Robin	(321)514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A	Library	Anita	(918) 810-3534
FRIDAY					
Tap	9AM-10AM	\$2/\$3	Room B	Susan	(540)220-4831
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3	Gold Room	Natine	(321) 609-099
Euclre	10AM-1PM	\$2/\$3	Library	Barbara	(321) 451-6697
Cribbage	1PM-3PM	\$2/\$3	Library	Carole	(781)831-4916
Karaoke	2PM-5PM	\$2/\$3	Room A	Mike	(321) 268-2013
SUNDAY					
Intermed/Adv'd. Line Dance Class	2PM-4PM	\$5/\$6	Gold Room	Pat	(321)720-8979

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2025 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**

Progressive Rummy
1st & 3rd Monday of the month



1:00pm-3:30pm
Room B

Bunco
2nd Monday of the month at 9:30am



Why not join them for a fun afternoon!
For more information call Carol at 321-268-8087

Why not join Marsha Tap & Jazz Class?
This is a intermediate class.



Tuesdays @ 11am Room B
Call Marsha @ 309- 236-7786 for information



Party Bridge .
1st & 3rd Wednesday
12:30-3:30pm
If interested please contact
Cathy at 321-268-5452 or
6647CCH@gmail.com

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Joann R., 68 y.o



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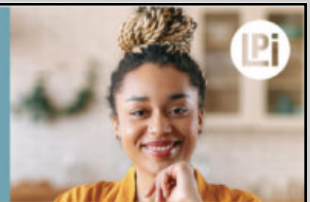
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RENTALS

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***
*No one under the age of 18

Bring in a canned or boxed food item for donation on 1st Thursday to **No One Hungry Senior Pantry** and get a **free Speedy game paper!**

Only \$10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



EXEC. COMMITTEE

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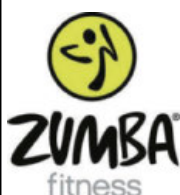
Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



Join Robin!

Monday & Thursday
6pm-7pm

Core & More follows

Zumba on Thursday Nights 7:15 pm-8pm.



Blast

follows

Robin's

Zumba class

Mondays at 7:15pm

Line Dancing

Intermediates and
Advance

Why not join Pat on

Sunday afternoons

2:00pm-4:00 pm

For more information

Call Pat at 321-720-8979

Join Cindy



Mondays
11:30am-12:30 pm

SPACE COAST LINE DANCERS

WEDNESDAYS 4:30 - 6:30 PM

BEGINNER/IMPROVER/

INTERMEDIATE

For information call

Cathy 814-571-2834





Mondays @ 1:00pm
We'd love to have you join us
and have fun!

MEXICAN TRAIN DOMINOES

MUSCLE MEMORY

Join Natine
Tuesdays and Fridays
10:00am-11:00am
Improve your
Muscle Memory, Strength and Balance

There will be no class June 20th



Why not stop in and try our one of our
many classes we offer at the
center!



Join us Wednesdays
11:30—3:30pm

DUPLICATE BRIDGE



Zumba Gold— Toning

Thursdays 11am – 12 pm

Blends the Zumba party you love at
a slower pace with redefining total body workout
using Zumba Toning Sticks to shake up
those muscles.

Room B
This class is a total chair class!

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MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

Call Andi at 321-385-3595
If you have any questions!



Zumba Gold
9:15 am
Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.



All members of North Brevard Senior Center are welcome to come to a Board of Directors Meeting which is held on the 2nd Thursday of the month. Next one is June 12th 3pm

THRIVE
LOCALLY

WE APPRECIATE OUR
ADVERTISERS!

They allow us to print
this bulletin. Thank you!

Newsletter Booster 2025

Natine Abreu-Shaw
Jeff Amaral
Paulette Amaral
Lois Broyles
Patricia Carter
Susan Frank
Joann Hanba
Judy Harris
Anita James
James Kiener
Catherine McMullin
Dennis McMullin

Madeline Morris
Fran North
Patricia Portz
Tina Ringfield
Suzanne Rostek
Carolyn Schuler
Andy Shayka
Linda Siano
Wendy Smith
Beverly Thomas
Linda Trawle

*Tuesdays at
1:00 pm
Room B*



Fridays at 1pm

Please park in the back and enter by
back door.
Meets in the Library

Strength & Stretch

Mondays

*Provides support for posture, body core work &
foot strength. Socks, ballet or jazz shoes.
Bring a mat for the stretch portion of the class.*

9:00am– Room B

Beginning Tap

Tuesdays

9:00am– Room B

Beginning Ballet/Lyrical!

Wednesdays

9:00am– Room B

*Always wanted to be a ballerina? It's never too late?
Join this class to explore your love of classical dance.*

Beginning Jazz / Contemporary

Thursdays

9:00 am - Room B

*Enjoy jazz & contemporary movement styles drawing
from Broadway & modern dance.*

Tap Class

Fridays

9:00 am - Room B

Starting April 18th

*Contact Susan for information on all above
classes at 540-220-4831 or
susanlandess@gmail.com*

**ALL THE ABOVE CLASSES ARE
CANCELLED IN JUNE FOR SUMMER
VACATION!**

Line Dance Class



Join Yvette!

For more information
Call her at 321-258-6534

Beginning Line Dance Class

Wednesday at 11:00 am -12:00pm



GOLDEN HEARTS



Join Robin for her
Senior Fitness
Class

Get your heart pumping all
while having FUN!

Monday at 1pm-2pm

Wednesday at 11am-noon

Members \$5.00

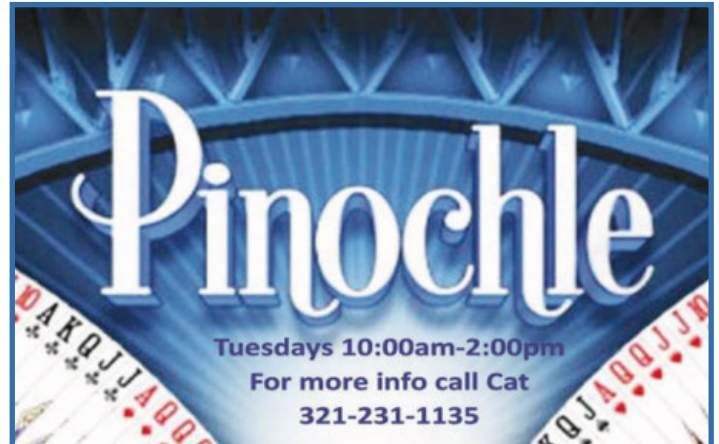
Non-Members \$6.00



Join Michelle on
Mondays starting
June 2nd
10:00am-Noon

For all Levels of Line Dance Lessons.

For more information call Michelle at
678-622-3025



Tuesdays 10:00am-2:00pm

For more info call Cat

321-231-1135

HANDS - HEAD - FEET Your Center needs all of
you!

Help is needed to support our nonprofit Corp .
Examples of how **YOU** can help includes: Rentals to
oversee them.

Committees (special events, ways & means, etc.)
For more info or to volunteer, please write down your
area of interest & experience (not required)
and turn it into our Ops Manager Linda Trawle or
join us at the next board meeting and see what's it all
about.

**WE'RE LOOKING FOR
BOARD MEMBERS!**



*Did you know we have over 15 different exercise
programs to pick from?*

Why not check them out for 2025!



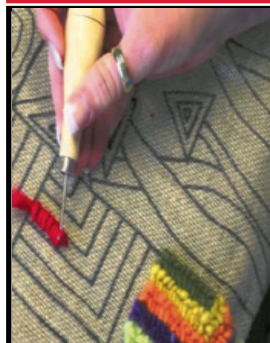
Hurricane Rug Hooking

2nd and 4th Wednesday
of each month

10am to 2pm

Meets in the

*North Brevard Senior Center
Library*



*Follow us on Facebook
for our upcoming events
North Brevard Senior Center*



*Gary has stepped up to help with
your computer or phone questions.
Well knowledgeable on
PC and I phones.
Private Class by appointment
only at the
North Brevard Senior Center*

\$2.00 members \$3.00 non members

Call Gary 407-399-0327

Members \$2.00

Non Members \$3.00



*Tuesday evenings
6pm-7pm
Zumba Toning combines
body-sculpting exercises
and high energy cardio
work infused with Zumba
moves to create a calorie
torching strength training
fitness party.*

POKER

**MONDAY
MORNING
10AM-2PM**

Dealer's Choice

\$2 member / \$3 non-member

CHIPS— Bag of 40 only \$4



HAND & FOOT

MONDAYS

12:15PM till 3:30 PM

Start playing at 12:30 Sharp!

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.

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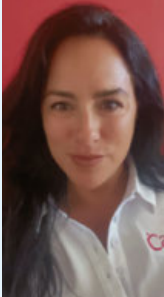
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Celebrating Active Aging Day at the Center with a Luau lunch. Always a Fun Day!
Guest Speaker Mike Johnson, DPT, ATC from Coast Physical Therapy.

