

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

November 2023

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

North Brevard Senior Center

ANNUAL ELECTIONS

SATURDAY, DECEMBER 2nd @ 11:30 am

*It's time to elect your Board of Directors
Executive Committee*

Current candidates are:

President – Robert Williams

1st Vice President – Anita James

2nd Vice President – Dan Williams

Treasurer – Cathie McMullin

Secretary – Joanne Engelbeck

Please plan to attend this brief meeting as it's imperative we have a quorum to elect next year's Executive Committee.



**IT'S TIME FOR
BOARD ELECTIONS!**

Members Christmas Holiday Hop Party

Saturday, December 2nd

12 Noon

**Lunch and Music *50/50*

**Door Prizes*

Menu: *Salad, Homemade
Baked Zita, Garlic Bread and Dessert
\$5.00*

Music by: *Elkerly Brothers Band
playing 50's & 60's hits.*

Tickets go on sale

November 6th

Must be purchased by

November 27th

*Delicious lunch, fab music for
listening and dancing*



North Brevard Senior Center Dance
Friday, November 3rd
More information inside!

NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST</u> <u>DONATION</u>	<u>CONTACT PERSON</u>	
MONDAY				
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4 Gold Room	Yvette	(321) 258-6534
Poker	10AM-2PM	\$2/\$3 Library	Les	(321)-591-5156
Yoga	11:30AM-12:30PM	\$5/\$6 Room B	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM- 2PM	\$5/\$6 Gold Room	Robin	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3 Room A	Joanne	(321) 267-5923
Hand & Foot	12:30PM-3:30PM	\$2/\$3 Room A	Donna	(407) 808-5237
Bunco (2nd Mon)	1PM--3PM	\$4/\$5 Room B	Carol	(332)268-8087
Zumba	6PM-7PM	\$5/\$6 Gold Room	Robin .	(321) 514-5945
CIRCL Mobility	7:15PM- 8PM	\$5/\$6 Gold Room	Robin	(321)514-5945
TUESDAY				
Beginning Tap Dance	9AM-10 AM	\$2/\$3 Room B	Susan	(540) 220-4831
Pinochle	10AM-2PM	\$2/\$3 Room A	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3 Gold Room	Natine	(321) 609-0999
Tap & Jazz (Intermed)	11AM-12PM	\$2/\$3 Room B	Marsha	(309) 236-7786
Connie's Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5 Library	Connie	(410) 598-3755
Mahjongg	12:30PM-3:30PM	\$2/\$3 Room A	Andi M.	(321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	\$2/\$3 Library	Kathy .	(321) 268-4827
Tai Chi	1PM-2:30PM	\$3/\$5 Room B	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	\$5/\$6 Gold Room	Robin	(321) 514-5945
WEDNESDAY				
Zumba- Gold	9:15AM-10:15AM	\$5/\$6 Gold Room	Robin .	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3 Room A	Fonda	(321) 298-2796
Beginner Line Dance	10AM-11AM	\$3/\$4 Room B	Yvette	(321) 258-6534
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6 Gold Room	Robin .	(321) 514-5945
Ballet Barre & Stretch	11:30AM-12:30PM	\$2/\$3 Room B	Susan	(540) 220-4831
Duplicate Bridge	12:00-3:30PM	\$2/\$3 Library	John	(321) 269-5525
Line Dance Class Beginner/Intermed	4PM-6PM	\$3/\$4 Gold Room	Ferrell	(321) 267-0195
Line Dance Class	6:30PM-8:30PM	\$3/\$4 Room B	Barbara	(321) 452-1944
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played) Gold Room	Cat	(321) 231-1135
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$5/\$6 Room B	Robin	(321) 514-5945
Zumba	6PM-7PM	\$5/\$6 Gold Room	Robin .	(321) 514-5945
Core & More	7:15PM-8PM	\$5/\$6 Gold Room	Robin	(321)514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A Library	Robert	(321) 362-2036
FRIDAY				
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3 Gold Room	Natine	(321) 609-099
Euchre	10AM-1PM	\$2/\$3 Library	Barbara	(321)750-2679
CIRCL Mobility	11AM-12PM	\$5/\$6 Room B	Robin	(321)514-5945
No. Brevard Line Dance (Impr/Intermed)	12PM-2PM	\$3/\$4 Gold Room	Yvette	(321) 258-6534
Cribbage	1PM-3PM	\$2/\$3 Library	Carole	
Karaoke	2PM-5PM	\$2/\$3 Room A	Mike	(321) 268-2013
Line Dance Social (4th Fri)	6PM-9PM	\$5 Gold Room	Yvette	(321)258-6534
SUNDAY				
Intermed/Adv'd. Line Dance Class	2PM-4PM	\$10 prepaid/\$13 Drop In Gold Room	Pat	(321) 268-2333

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2023 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**

Life Line Screening, the nations leading provider of preventive health screenings, will offer affordable, non-invasive and painless health screenings at

North Brevard Senior Center

December 19, 2023

A package of four screenings to identify risk for stroke, heart disease and other chronic conditions will be offered:

**CAROTID ARTERY SCREENING (PLAQUE)
PERIPHERAL ARTERIAL DISEASE SCREENING
ABDOMINAL AORTIC ANEURYSM (AAA)
ATRIAL FIBRILLATION**

Register

by calling toll free 1-844-591-7160



It is with deep sorrow we must announce the loss of a dear friend and life time member, Frances Wold.

Per her family, Frances passed on Sunday, October 8. Frances was 89.

Frances spent many years volunteering at the North Brevard Senior Center. She served as Assistant Membership Chairman and as Dance Chairman. She had been a member of the Board of Directors and worked as our Assistant Operations Manager.

We will provide more information as we receive it from her family.

*Robert Williams
President, NBSC*



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RENTALS

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on **1st Thursday** to **No One Hungry Senior Pantry** and get a **free Speedy game paper!**

Only \$10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



EXEC. COMMITTEE

PRESIDENT

Robert Williams

1st VICE PRES.

Anita James

2nd VICE PRES.

Dan Williams

TREASURER

Cathie McMullin

SECRETARY

Joanne Engelbeck

BOARD MEMBERS

Jeff Amaral

Paulette Amaral

Rachel Kusterer

Cat Simkins

Diane Sweeney

Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg

Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



**North Brevard
Senior Center
Dance**

**909 Lane Ave
Friday, Nov 3rd
6pm-9pm**

*Join us for a fun evening of dance and
meet with other guests.*

Music by Mike & Carolyn

Light refreshments

BYOB

More information call 321-268-2333

We are
Thankful for
YOU!



*The President and
Board of Directors
would like to wish
you and your family
a Happy
Thanksgiving .*

*The center will be closed Thursday and
Friday November 23rd and 24th and will
reopen on Monday November 27th.*



**Florida
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Plans®**



An Independent Licensee of the Blue Cross and Blue Shield Association

**Will be at the
North Brevard Senior Center**

November 9th and December 1st
Call 321-452-8328
to make an appointment

EXERCISE YOUR MIND



PLAY DUPLICATE BRIDGE

Duplicate Bridge

**Wednesdays
12 to 3:30pm**

*For more information call
John 321-269-5525*

Bunco

2nd Monday of the month at 1pm



*Why not join them for a fun afternoon!
For more information call Carol at 321-268-8087*



***Join Robin!
Monday &
Thursday
6pm-7pm***

Core & More will now follow
Zumba on Thursday Nights 7:15 pm-8pm.

*Join us for a 45 minute BLAST workout
focusing on Biceps, Legs, Abs, Shoulders &
Triceps all to get you looking your best!
Weights are provided. Bring a mat to class!*

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Muscle Memory, Strength & Balance Class

*With Natine
Tuesdays and Fridays
10am-11am*

Why not join Connie's Card Making?

2nd Tuesday of the Month 11:30 am-12:30 pm
For more information call Connie at
410-598-3755



Fridays at 1pm

Please park in the back and enter by
back door.

Gentle Yoga for Seniors with Cindy



*Mondays from 11:30-12:30 pm
Members \$5.00 Guest \$6.00*

Newsletter Booster 2023

Be a Booster for only \$10/year.

Natine Abreu-Shaw

Jeff Amaral

Paulette Amaral

JoAnn Baxter

Raymond Bray

Joanne Engelbeck

Susan Frank

Lloyd (Ed) Harrison

Loraine Harvey

James Kiener

Harold Klotzer

Karin Krause

Verlaria Lee

Catherine McMullin

Dennis McMullin

Maryann Meserve

Madeleine Morris

Andrew Olshavsky

Teri Pellegrino

Tina Ringfield

Robin Rymkos

Cat Simkins

Wendy Smith

Beverly Thomas

Linda Trawle

Walt Tweedie

Marilyn Varnado

Connie Washam

Robert Williams

Karen Wolfe



Kathy Sorrell

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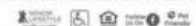
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**NEW
CLASS!**

BALLET, BARRE & STRETCH

Provides support for posture, body core work & foot strength.
Susan has over 40 years of dance training & teaching.
Socks, ballet or jazz shoes.
Bring a mat for the stretch portion of the class.

Wednesday, 12 NOON, Room B
For more information call
Susan at 540-220-4831


GOLDEN HEARTS



Join Robin for her
Senior Fitness
Class
Get your heart pumping all
while having FUN!
Monday at 1pm-2pm
Wednesday at 11am-noon
Members \$5.00
Non-Members \$6.00



Hurricane Rug Hooking
2nd and 4th Wednesday
of each month
10am to 2pm

LINE DANCE SOCIAL

Friday, November 17th
6 PM-9 PM

ONLY \$5 PERSON



This month's theme is
Thanks for Dance
Come dance to all genres of
music great for everyone,
beginner to advanced!

Call Yvette at 321-258-6534
for more information

LIFE IS BETTER

WHEN YOU CAN
LINE DANCE

For more info call Yvette at
321-258-6534

Beginner Line
Dance Lessons
with Yvette
Wednesdays
10am-11am
Room B

**NEW
CLASS!**

CIRCLE
MOBILITY™

Release. Restore. Renew.

Help you move better and longer!
Mondays 7:15 pm
& Fridays 11:00 am
For more information
call Robin at 321-514-5945.



Gary has stepped up to help with your computer or phone questions.

Well knowledgeable on PC and I phones.

Private Class by appointment only at the

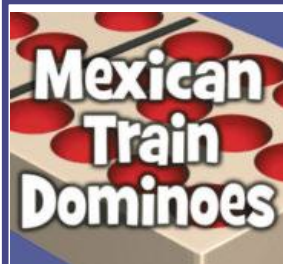
North Brevard Senior Center

\$2.00 members \$3.00 non members

Call Gary 407-399-0327

Members \$2.00

Non Members \$3.00



**Mondays
1pm-3pm
Come check it
out!
Room A**

*Tuesdays at 1pm
Room B*



**Tuesdays
10 am-2pm**

For information call
Cat @321-231-1135



*With Mike and Carolyn
Fridays 2pm-5pm*

Room A

*Please park & enter at back
of building*



**Tuesday evenings
6pm-7pm**

*Zumba Toning combines
body-sculpting exercises
and high energy cardio
work infused with Zumba
moves to create a calorie
torching strength training
fitness party.*



HAND & FOOT

MONDAYS

12:30 PM till 3:30 PM

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.



**MONDAY
MORNING
10AM-2PM**

Dealer's Choice

\$2 member / \$3 non-member

CHIPS— Bag of 40 only \$4

Never Line Dance Before?

This is the class!

Wednesdays, 4pm-4:45



*For information call
Ferrell 321-267-0195*

Why not join Marsha Tap & Jazz Class?

This is a intermediate class.



Tuesdays @ 11am Room B

Call Marsha @ 321-264-2776 for information

MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

Call Andi at 321-385-3595
If you have any questions!



Beginner Tap Dance
Tuesday at 9am

For more
information call Susan
540-220-4831

NEW
CLASS!

Line Dance Class



Beginners Please come to her Wednesday class from 10 am to 11 am

Yvette's
Friday Class that is
12 pm to 2 pm is
for Improvers or
intermediates.



Zumba Gold
9:15 am
Wednesdays

*Perfect for active older adults
who are looking for a modified Zumba class that
recreates the original moves you love at a lower-
intensity.*

Benefits: Class focuses on all elements of fit cardio,
muscular conditioning, flexibility and balance.

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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080
(ALL ABOUT YOU TRAVEL)

DAY BUS TRIP

Ice featuring A Charlie Brown Christmas **Wednesday, November 29, 2023** **\$108.00**

Christmas at Gaylord Palms, a dazzling display of larger than life sculptures and who better to start off the Christmas Season than Charlie Brown and friends. They use over 2 million pounds of colorful ice for this experience. We will have lunch afterwards. Sign up by November 20th, need minimum of 35 for trip to go.

St. Augustine Night of Lights **Wednesday, December 13, 2023** **\$99.00**

Join us for our annual trip to see the largest Night of Lights in the U.S.A. You will have time for shopping and chose from so many wonderful restaurants to eat on your own time. Then at dark we will go by horse and carriage around the historical city and see their beautiful display. Sign up by December 1st..

Kissimmee Swamp Tour **Wednesday, January 10, 2024** **\$97.00**

This looks to be a fund day on Lake Kissimmee, the largest lake in Central Florida surrounded by state wildlife parks and protected wetlands, Kissimmee Swamp Tours and Airboat Tours is a unique and different adventure from anything you will ever experience. We are not just a quick airboat ride through the waterways near town like most other tours out there. We offer an exciting, and informative 30 minutes airboat tour through the untouched and pristine headwaters of the Florida Everglades. You will be taken through some of Florida's untouched wilderness by professional and informative captains. Maximum of 46 allowed for this trip sign up by December 15, 2023.

Solomons Castle **Tuesday, January 16, 2024** **\$125.00**

This is going to be an exciting day as we visit the metal castle of Howard Solomon, his architect, countless metal sculptures, more than 80 interpretive stained glass windows plys his latest works. Sulptor, painter, author, builder of dreams, your host. Here is where Howard shares his unique view of the world. Lunch is included, minimum of 35 and deadline to sign up is January 4, 2024

Moulin Rouge, the Broadway Spectacular **Saturday, March 2, 2024** **\$178.00**

Truth, Beauty, Freedom, Love– Moulin Rouge is more than a musical it is a state of mind. Enjoy an afternoon at Moulin Rouge, let your senses take you away. Lunch is included and balcony seating. Minimum of 35 needed for this trip, Sign up by January 5th.

BUS TRIP *PRICES BASED ON DOUBLE OCCUPANCY

Key West Holiday Trip **Sun-Wed Dec 3rd-6th** **\$729.00 ***

Join us for an adventure of sun and fun in Key West for three days! Staying at the Fairfield Inn. Where you will have plenty of freedom to explore the sites of the town & enjoy the free form pool and Tiki bar area. Trip includes: 3 night stay at the Fairfield with full American Breakfast (daily) and baggage handling (1 per person) Lunch at the Quartdeck on December 3rd dinner on arrival at hotel and a lunch at Quartdeck in Plantation on December 6th. Sunset cruise with live music, food, and drinks on December 4th at 5pm-7pm. Roundtrip transportation. **\$100.00 per person Non-Refundable Deposit Due by June 1, 2023. Final Payment Due October 1, 2023.** Based on double occupancy. **ONLY 4 SEATS LEFT!**

CRUISES

Panama Canal **Mon-Fri, Jan 29th-Feb 9th 2024** **Starting at \$3221.63***

Sail on the Celebrity Infinite from Everglades to Cartagena, the Panama Canal and Colon, Aruba, Bonaire and Curacao. Includes Pre-paid gratuities, Wi-Fi and beverage package. Also includes shipboard credit. Military discounts are combinable for more savings. **\$450 deposit due by March 1, 2023. Final payment due by October 20th 2023.** * Based on double occupancy, does not include airfare.