

**909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm**

June 2023

**Phone: 321-268-2333
Email: nbsc@cflrr.com
Website: <http://nbsc.website>
Editor: Linda Trawle**

North Brevard Senior Center

***North Brevard Senior Center
Lunch & Learn Seminar
Tuesday, June 20th
11am-1pm
at the North Brevard Senior Center
909 Lane Ave, Titusville, FL
The event makes Health & Wellness
information available to seniors.
The presentation will center on how to develop
Healthy Habits to keep your Memory Sharp.
Ask the Doctor, Lunch,
Door Prizes & More
This is a free event & you do not have to be
a member to attend.
RSVP call (321)268-2333 and leave your***

SENIOR SCENE[®]
Magazine

CLINICLOUD
Mission Guided. People Driven.

***Do you like to play Cribbage?
North Brevard Senior Center
Is trying to put together a
Cribbage day at the center
to play weekly!***



***If interested stop in or call the center leave
your name and phone number and
will set up a date to start!***



***The Executive Committee & Board Members
of the North Brevard Senior Center
Wishes you a
Happy Father's Day***

www.nbsc.website | 2

NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST DONATION</u>	<u>CONTACT PERSON</u>	
MONDAY-FRIDAY				
Billiards	9AM-3PM	\$2/\$3	NBSC	(321) 268-2333
MONDAY				
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Yvette	(321) 258-6534
Poker	10AM-2PM	\$2/\$3	Les	(321) 591-5156
Yoga	11:30AM-12:30PM	\$5/\$6	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM- 2PM	\$5/\$6	Robin R.	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Joanne	(321) 267-5923
Hand & Foot	12:30PM-3:30PM	\$2/\$3	Donna	(407) 808-5237
Bunco (2nd Mon)	1PM--3PM	\$4/\$5	Carol	(332)268-8087
Zumba	6PM-7PM	\$5/\$6	Robin R.	(321) 514-5945
TUESDAY				
Pinochle	10AM-2PM	\$2/\$3	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3	Natine	(321) 609-0999
Tap & Jazz	11AM-12PM	\$2/\$3	Marsha	(309) 236-7786
Connie's Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5	Connie	(410) 598-3755
Mahjongg	12:30PM-3:30PM	\$2/\$3	Andi M.	(321) 385-3595
Party Bridge	12:30PM-3:30PM	\$2/\$3	Mary M	(321) 269-7362
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Kathy D.	(321) 268-4827
Tai Chi	1PM-2:30PM	\$3/\$5	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	\$5/\$6	Robin R	(321) 514-5945
WEDNESDAY				
Zumba- Gold	9:15AM-10:15AM	\$5/\$6	Robin R.	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Fonda	(321) 298-2796
Beginner Line Dance	10AM-11AM	\$3/\$4	Yvette	(321) 258-6534
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6	Robin R.	(321) 514-5945
Duplicate Bridge	12PM-3PM	\$2/\$3	Judy N.	(901) 336-1306
Line Dance Class	4:00PM-6:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dance Class	6:30PM-8:30PM	\$3/\$4	Barbara	(321) 452-1944
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Cat	(321) 231-1135
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$5/\$6	Robin R	(321) 514-5945
Tai Chi	1PM-2PM	\$3/\$5	Ada	(321) 848-4689
Zumba	6PM-7PM	\$5/\$6	Robin R.	(321) 514-5945
Core & More	7:15PM-8PM	\$5/\$6	Robin R	(321) 514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A	Robert	(321) 362-2036
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 362-2359
FRIDAY				
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3	Natine	(321) 609-0999
Euchre	10AM-1PM	\$2/\$3	Barbara	(321)750-2679
No. Brevard Line Dance	12PM-2PM	\$3/\$4	Yvette	(321) 258-6534
Karaoke	2PM-5PM	\$2/\$3	Mike	(321) 268-2013
Line Dance Social (1st & 2nc Fri)	6PM-9PM	\$5	Ferrell	(321)267-0195
SUNDAY				
Intermed/ Adv'd. Line Dance Class	2PM-4PM	\$3/\$4	Pat	(321) 268-2333

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2023 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**

www.nbsc.website | 3

Meet our North Brevard Senior Centers President!

Robert Williams will be in his office
June 26th.
 Stop in say hi! Ask him questions!



Tuesday's 10 am-2pm
 For information call
 Cat @321-231-1135



Anita and Paulette, who are both board members here at the center, purchased a puzzle board so we can have it set up in the library. So stop in and check it out. Right now it's a 1000 piece puzzle.

*Beautiful Young People are acts of
 Nature
 But Beautiful Old People are works of
 Art*

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RENTALS**

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN



www.nbsc.website | 5



Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on **1st Thursday** to **No One Hungry Senior Pantry** and get a **free Speedy game paper!**

Only \$10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!
Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



EXEC. COMMITTEE

PRESIDENT
Robert Williams
1st VICE PRES.
Anita James
2nd VICE PRES.
Dan Williams
TREASURER
Cathie McMullin
SECRETARY
Joanne Engelbeck

BOARD MEMBERS

Jeff Amaral
Paulette Amaral
Rachel Kusterer
Cat Simkins
Diane Sweeney
Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg
Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



Beginner Line Dance Lessons
with Yvette
Wednesday's
10am-11am
Room B

For more info call
Yvette at
321-258-6534



ZUMBA
gold

**Zumba Gold-
Toning**

Thursday's 11am – 12 pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.

Room B

This class is a total chair class!
Members \$5.00 Non-Members \$6.00

EXERCISE YOUR MIND



PLAY DUPLICATE BRIDGE

Duplicate Bridge

**Wednesdays from
12pm to 3pm**

For more information call Judy 901-336-1306



Fridays

10 am-12:30 pm

Call Barbara at 321-750-2679
if interested in playing.

www.nbsc.website | 6

LINE DANCE SOCIAL

Friday, June 16th
6 PM-9 PM
ONLY \$5 PERSON

This month's theme is
Passion for Dancing
June Jump & Jive
Come dance to all genres of
music great for everyone,
beginner to advanced!

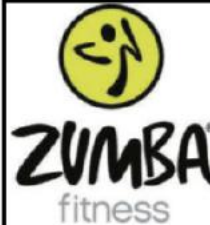


Call Yvette at 321-258-6534
for more information



Upcoming
Event at your
Center

Saturday, July 15th
More info in July's Newsletter



Join Robin!
Monday &
Thursday
6pm-7pm

Core & More will now follow
Zumba on Thursday Nights 7:15 pm-8pm.

Join us for a 45 minute BLAST workout
focusing on Biceps, Legs, Abs, Shoulders &
Triceps all to get you looking your best!
Weights are provided. Bring a mat to class!

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Cecil: 321-960-5971 battc3@cfl.rr.com

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Muscle Memory, Strength & Balance Class

With Natine

Tuesdays and Fridays

10am-11am

***Natine will not have class from
June 13th thru July 4th***



Gentle Yoga for Seniors with Cindy



***Cindy will not have class
June 5th***

Mondays from 11:30-12:30 pm

Members \$5.00 Guest \$6.00

Newsletter Booster 2023

Be a Booster for only \$10/year.

Natine Abreu-Shaw

Jeff Amaral

Paulette Amaral

JoAnn Baxter

Raymond Bray

Joanne Engelbeck

Susan Frank

Lloyd (Ed) Harrison

Loraine Harvey

James Kiener

Harold Klotzer

Karin Krause

Verlaria Lee

Catherine McMullin

Dennis McMullin

Maryann Meserve

Madeleine Morris

Andrew Olshavsky

Teri Pellegrino

Tina Ringfield

Robin Rymkos

Cat Simkins

Wendy Smith

Linda Trawle

Walt Tweedie

Marilyn Varnado

Connie Washam

Why not join Connie's Card Making?

2nd Tuesday of the Month

11:30 am-12:30 pm

***For more information call Connie at
410-598-3755***

Our Computer teacher moved!

***Looking for someone to help seniors with computer
questions and their new phones.***

***If you can give a few hours a week to our seniors it
would be great!***

THRIVE LOCALLY



For ad info. call 1-800-477-4574 • www.lpicommunities.com

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**Follow us on
Facebook for our
upcoming events
North Brevard Senior Center**



Join Robin for her
Senior Fitness
Class
Get your heart pumping
all while having FUN!
Monday at 1pm-2pm
Wednesday at 11am-noon
Members \$5.00
Non-Members \$6.00

Bunco
2nd Monday of the month at 1pm



Why not join them for a fun afternoon!
For more information call Carol at 321-268-8087



Hurricane Rug Hooking
2nd and 4th Wednesday
of each month
10am to 2pm

*We are always on the lookout for new
activities that may be of interest to
our members.*

*If you have any ideas and would like to be
an activity leader.*

Please stop in or call Linda at the center.

Example:

- *Quilting *Arts & Crafts Workshop
- *Ballroom Dance Lessons *Dominoes
- *Cribbage *Table Shuffleboard

Line Dance Class to Fit Your Needs!

Mondays 10am-12:30pm with Yvette
Wednesday 10am-11am with Yvette
Wednesdays 4:00pm-6:30pm with Ferrell
Wednesdays 6:30pm-8:30pm with Barbara
Fridays 12pm-2pm with Yvette
Sundays (Intermed/Advance) 2pm-4pm with Pat

Line Dancing

MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

Call Andi at 321-385-3595
If you have any questions!



www.nbsc.website | 9

WHO CARES IF WE'RE GETTING OLDER?

LEMF



WE STILL ROCK!

**Mexican
Train
Dominoes**

**Mondays
1pm-3pm
Come check it
out!**



**Why not join Ada
Tuesdays and Thursdays at 1pm
Room B**



**With Mike and Carolyn
Fridays 2pm-5pm**

Room A

Please enter at back of building



**Tuesday evenings
6pm-7pm**

*Zumba Toning combines
body-sculpting exercises
and high energy cardio
work infused with Zumba
moves to create a calorie
torching strength training
fitness party.*



HAND & FOOT

MONDAYS

12:30 PM till 3:30 PM

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.

POKER

**MONDAY
MORNING
10AM-2PM**

Dealer's Choice

\$2 member / \$3 non

CHIPS— Bag of 40 only \$4

*A Dance class.
Never Line Dance Before?*

*This is the class!
Wednesdays, @ 4pm*

*For information call
Ferrell 321-267-0195*



Why not join Marsha Tap & Jazz Class?



Tuesdays @ 11am Room B

Call Marsha @ 321-264-2776 for information

www.nbsc.website | 10

Looking for a Worthy Charitable Organization ?

North Brevard Senior Center is a 501 (c)3 charitable organization and as such is eligible to receive charitable donations.

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to North Brevard Senior Center. All donations helps us offer activities for our seniors in the area 5 days a week.

every contribution is
hugely valued

thank
you!



I was at lunch
with an old
friend & pointed
to two elderly
ladies across the
room and said
"That will be us
in 10 years."
She said:
"That's a mirror."



Zumba Gold
9:15 am
Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.

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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

***PRICES BASED ON DOUBLE OCCUPANCY**

MORE INFO? Call 321-631-8080

(ALL ABOUT YOU TRAVEL)

BUS TRIP

Key West Holiday Trip

Sun-Wed Dec 3rd-6th \$729.00 *

Join us for an adventure of sun and fun in Key West for three days! Staying at the Fairfield Inn. Where you will have plenty of freedom to explore the sites of the town & enjoy the free form pool and Tiki bar area. Trip includes: 3 night stay at the Fairfield with full American Breakfast (daily) and baggage handling (1 per person) Lunch at the Quartdeck on December 3rd dinner on arrival at hotel and a lunch at Quartdeck in Plantation on December 6th. Sunset cruise with live music, food, and drinks on December 4th at 5pm-7pm. Roundtrip transportation. **\$100.00 per person Non-Refundable Deposit Due by June 1, 2023. Final Payment Due October 1, 2023.** Based on double occupancy.

GROUND TRAVEL

Glacier National Park and Canadian Rockies Sat-Sun, Jul 15-23 \$3,700*

If you want to take in the Calgary Stampede option, join us on July 13 to begin your trip. See flyer for full itinerary. Canada requires COVID vaccination to enter their country. **Deposit \$250 per person plus insurance due now, final payment due May 2023.**

*Based on double occupancy.

CRUISES

Columbia & Snake Rivers

Sun-Mon, July 23-31 \$4,198*

Sail on the famous American Queen Empress paddlewheel boat. Includes 1 pre-sailing hotel night in Vancouver, Washington, daily onboard enrichment, unlimited beverages, Wi-Fi, and hop-off/hop-on at each port of call. **\$250 deposit due now, final payment due March 12.** *Based on double occupancy, poen balcony stateroom, does not include airfare.

Japan in the Autumn

Thu-Tues, Oct 12-24 \$1,470*

Sailing on Celebrity Millennium from Tokyo to see Mt. Fuji, Kobe, Osaka, Kyoto, Hiroshima and more. Features "Always Included" classic drink package, Wi-Fi and prepaid gratuities. Includes port charges & gov't. taxes. **\$450 deposit due February 1, final payment due July 1.** *Based on double occupancy, does not include airfare

Greece, Israel & Egypt

Mon-Thu, Oct 16-26 \$2,322*

Sailing roundtrip from Athens onboard Celebrity Apex. See Athens, Jerusalem & Alexandria. Also stopping at Ephesus, Turkey. Features "Always Included" classic drink package, Wi-Fi and prepaid gratuities. Includes port charges & gov't. taxes. **Deposit of \$450 pp due by January 15th, final payment due July 3.** *Based on double occupancy, does not include airfare.

Panama Canal

Mon-Fri, Jan 29th-Feb 9th 2024 Starting at \$3221.63*

Sail on the Celebrity Infinite from Everglades to Cartagena, the Panama Canal and Colon, Aruba, Bonaire and Curacao. Includes Pre-paid gratuities, Wi-Fi and beverage package. Also includes shipboard credit. Military discounts are combinable for more savings. **\$450 deposit due by March 1, 2023. Final payment due by October 20th 2023.** * Based on double occupancy, does not include airfare.

Mardi Gras 2024 Cruise

Sat-Thur Feb 10th-22nd 2024 Starting at \$2797.25*

Sailing from Tampa, FL on the Celebrity Constellation with double overnight in New Orleans, Roatan, Belize and Cozumel.

Oceanview Staterooms: starting at \$2797.25 per person

Oceanview Balcony Staterooms: starting at \$3407.25 per person

Celebrity now has their Always Included which includes classic drink package, Wi-Fi and pre-paid gratuities. All rates include port charges, and gov't taxes and based on double occupancy. **\$450 per person deposit due by March 1, 2023.** Final payment due by November 1, 2023.