

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

March 2023

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

North Brevard Senior Center

Why not try one of the many classes that the Senior Center offers !

- *Muscle Memory Strength, Balance *Golden Hearts Senior Fitness*
- *Yoga *Tai Chi *Mexican Train Dominoes*
- *Tap & Jazz *Mahjongg*
- *Line Dance Lessons From Beginner to Advance*
- *Line Dance Socials *Euchre *Zumba Gold*
- *Bridge *Duplicate Bridge *Hand & Foot *Bunco*
- *Zumba *Poker *Billiards*
- *Card Making *Karaoke*
- *Rug Hooking *Pinochle*
- *Bingo*



*Did you know it is only \$20.00 to be a
member at the center for 2023?
Why not stop in and check us out!*



NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST DONATION</u>	<u>CONTACT PERSON</u>
MONDAY-FRIDAY			
Billiards	9AM-3PM	\$2/\$3	NBSC (321) 268-2333
MONDAY			
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Yvette (321) 258-6534
Poker	10AM-2PM	\$2/\$3	Les (321-591-5156)
Yoga	11:30AM-12:30PM	\$5/\$6	Cindy (321) 576-2782
Golden Hearts Senior Fitness	1:PM- 2PM	\$5/\$6	Robin R. (321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Joanne (321) 267-5923
Hand & Foot	1PM-3:30PM	\$2/\$3	Donna (407) 808-5237
Bunco (2nd Mon)	1PM--3PM	\$4/\$5	Carol (332)268-8087
Zumba	6PM-7PM	\$5/\$6	Robin R. (321) 514-5945
TUESDAY			
Pinochle	10AM-2PM	\$2/\$3	Cat (321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3	Natine (321) 609-0999
Tap & Jazz	11AM-12PM	\$2/\$3	Marsha (309) 236-7786
Connie's Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5	Connie (410) 598-3755
Mahjongg	12:30PM-3:30PM	\$2/\$3	Andi M. (321) 385-3595
Party Bridge	12:30PM-3:30PM	\$2/\$3	Mary M. (321) 269-7362
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Kathy D. (321) 268-4827
Tai Chi	1PM-2:30PM	\$3/\$5	Ada (321) 848-4689
Zumba Toning	6PM-7PM	\$5/\$6	Robin R. (321) 514-5945
WEDNESDAY			
Zumba-- Gold	9:15AM-10:15AM	\$5/\$6	Robin R. (321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Fonda (321) 298-2796
Beginner Line Dance	10AM-11AM	\$3/\$4	Yvette (321) 258-6534
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6	Robin R. (321) 514-5945
Duplicate Bridge	12PM-3PM	\$2/\$3	Judy N. (901) 336-1306
Line Dance Class	4:00PM-6:30PM	\$3/\$4	Ferrell (321) 267-0195
Line Dance Class	6:30PM-8:30PM	\$3/\$4	Barbara (321) 452-1944
THURSDAY			
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Cat (321) 231-1135
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$5/\$6	Robin R. (321) 514-5945
Tai Chi	1PM-2PM	\$3/\$5	Ada (321) 848-4689
Zumba	6PM-7PM	\$5/\$6	Robin R. (321) 514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A	Robert (321) 362-2036
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean (321) 362-2359
FRIDAY			
Shuffleboard	10AM-12PM	\$2/\$3	. (321) 268-2333
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3	Natine (321) 609-0999
Euchre	10AM-1PM	\$2/\$3	Barbara (321)750-2679
No. Brevard Line Dance	12PM-2PM	\$3/\$4	Yvette (321) 258-6534
Karaoke	2PM-5PM	\$2/\$3	Mike (321) 268-2013
Line Dance Social (1st & 2ne Fri)	6PM-9PM	\$5	Ferrell (321)267-0195
Line Dance Social (4th Fri)	6PM-9PM	\$5	Yvette (321) 258-6534
SATURDAY			
SUNDAY			
Intermed/Adv'd. Line Dance Class	2PM-4PM	\$3/\$4	Pat (321) 268-2333

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2023 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**



*A Beginner
Line Dance class.
Never Line Dance Before?
This is the class!
Wednesdays, @ 4pm
For information call
Ferrell 321-267-0195*

Why not join Marsha Tap & Jazz Class?



Call Marsha @ 321-264-2776 for information

**Next AARP Smart Driver
Course**

Wednesday April 19th

9am—4pm

Bring a Lunch!

North Brevard Senior Center

909 Lane Ave

Titusville, FL

Call Ernie Edwards at

719-648-1052

To reserve your spot!

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**CONTACT ME
Rich Fernbach**

rfernbach@lpicommunities.com

(800) 477-4574 x3675

RENTALS

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on **1st Thursday** to **No One Hungry Senior Pantry** and get a **free Speedy game paper!**

Only \$10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



EXEC. COMMITTEE

PRESIDENT
Robert Williams
1st VICE PRES.
Anita James
2nd VICE PRES.
Dan Williams
TREASURER
Cathie McMullin
SECRETARY
Joanne Engelbeck

BOARD MEMBERS

Jeff Amaral
Paulette Amaral
Rachel Kusterer
Cat Simkins
Diane Sweeney
Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg
Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



*Beginner Line
Dance Lessons
with Yvette
Wednesday's
10am-11am
Room B*

*For more info call
Yvette at
321-258-6534*



**Zumba Gold—
Toning**

Thursday's 11am – 12 pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.

Room B

This class is a total chair class!
Members \$5.00 Non-Members \$6.00

EXERCISE YOUR MIND



PLAY DUPLICATE BRIDGE

Duplicate Bridge

**Wednesdays from
12pm to 3pm**

For more information call Judy 901-336-1306



Fridays

10 am-1pm

Call Barbara at 321-750-2679

if interested in playing.

LINE DANCE SOCIAL

***Friday, March 24th
6 PM-9 PM
ONLY \$5 PERSON***

***This month's theme is
Better Together***

**Come dance to all genres of
music great for everyone,
beginner to advanced!**



***Call Yvette at 321-258-6534
for more information***

Why not join Connie's Card Making?

2nd Tuesday of the Month

11:30 am-12:30 pm

**For more information call Connie at
410-598-3755**



Tuesday's 10 am-2pm

**For information
call Cat @321-231-1135**



***Join Robin!
Monday &
Thursday
6pm-7pm***

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COAST REALTY**



Cecil and Peggy Cornish

Peggy: 321-960-5970 pcornish@cfl.rr.com

Cecil: 321-960-5971 battc3@cfl.rr.com

2510 S. Washington Ave., Ate. 120 • Titusville, FL 32780

We have been your Titusville neighbor since 1978.



Muscle Memory, Strength & Balance Class
With Natine
Tuesdays and Fridays
10am-11am



Gentle Yoga for Seniors
with Cindy



No Class March 6th
Mondays from 11:30-12:30 pm
Members \$5.00 Guest \$6.00

POKER

**MONDAY
MORNING
10AM-2PM**

Dealer's Choice
\$2 member / \$3
CHIPS— Bag of 40 for
only \$4

Newsletter Booster 2023

Be a Booster for only \$10/year.

Natine Abreu-Shaw
 Jeff Amaral
 Paulette Amaral
 JoAnn Baxter
 Raymond Bray
 Joanne Engelbeck
 Susan Frank
 Loraine Harvey
 Harold Klotzer
 Karin Krause
 Verlaria Lee
 Catherine McMullin

Dennis McMullin
 Maryann Meserve
 Andrew Olshavsky
 Teri Pellegrino
 Tina Ringfield
 Cat Simkins
 Linda Trawle
 Walt Tweedie
 Marilyn Varnado
 Connie Washam
 Robert Williams



Kelly Tobin Hernandez
 Financial Advisor

815 South Washington Avenue
 Suite 101
 Titusville, FL 32780-4200
 321-264-4433

Free Consultation

Edward Jones

MAKING SENSE OF INVESTING

Kelly.hernandez@edwardjones.com
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MKT-5894K-A

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*Follow us on
Facebook for our
upcoming events*

North Brevard Senior Center



*Join Robin for her
Senior Fitness
Class*

*Get your heart pumping
all while having FUN!
Monday at 1pm-2pm
Wednesday at 11am-noon
Members \$5.00
Non-Members \$6.00*

Bunco

2nd Monday of the month at 1pm



*Why not join them for a fun afternoon!
For more information call Carol at 321-268-8087*



Hurricane Rug Hooking

**2nd and 4th Wednesday
of each month
10am to 2pm**



Bank

America's Most Convenient Bank®

TD BANK & THE SENIOR CENTER

Customers who open a new Convenience Checking Account and tell TD Bank that they are members of the North Brevard Senior Center can get **"FREE money"** for themselves and the Center!

HELP YOURSELF — Just make at least \$500 in direct deposits within the first 60 days to automatically qualify for a \$150 TD checking account bonus! Also, the checking account is FREE if you maintain a daily balance of \$100 or more.

HELP THE SENIOR CENTER — If you open a savings or checking account and maintain it for 1 year, the NBSC will receive a \$50 credit to the Center's account. It's a "donation" from you towards the Center's being able to pay its bills without your having to do anything except conduct your banking business as usual.

MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

**Call Andi at 321-385-3595
If you have any questions!**

Line Dance Class to Fit Your Needs!

Mondays 10am-12:30pm with Yvette
Wednesdays 4:30pm-6:30pm with Ferrell
Wednesdays 6:30pm-8:30pm with Barbara
Fridays 12pm-2pm with Yvette
Sundays (Intermed/Advance) 2pm-4pm with Pat

Line Dancing

Friday Night Line Dance

March 3rd & 10th

6pm-9pm

Only \$5.00 per person

A Fun evening of line dancing with floor splits for Beginners & Intermediates to insure everybody gets plenty of dancing.

Playlist: www.ferrelmazzatto.jimdo.com

For information call Ferrell

321-267-0195

North Brevard Senior Center

909 Lane Ave, Titusville, FL



Why not join Ada

Tuesday's and Thursday's at 1pm

Room B

No Class Thursday, March 16th



With Mike and Carolyn

Fridays 2pm-5pm

Room A

Please enter at back of building



Tuesday evenings

6pm-7pm

Zumba Toning combines body-sculpting exercises and high energy cardio work infused with Zumba moves to create a calorie torching



HAND & FOOT

MONDAYS

@ 1 PM till 3:30 PM

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.



SAVE THE DATE:

**Taking it Back in time Dance Party
with Rockin' Robin**

It's time to "Rock Around the Clock" and "Twist & Shout" while we have "Fun, Fun, Fun" at our 1950's - 1960's dance party.

Come join us

"At The Hop" and let's get "All Shook up"!

Thursday, March 23 6pm-7:30

909 Lane Avenue at the North Brevard Senior Center

Cost: \$10.00

Prizes for BEST DRESSED 1st, 2nd and 3rd place.

Door Prizes, Giveaways, Fitness & Fun!!

Light Refreshments, tables and chairs will be set up so you can enjoy the music, dance and relax with your friends.

For more information and to RSVP contact

Robin Rymkos at 321-514-5945.



Mondays

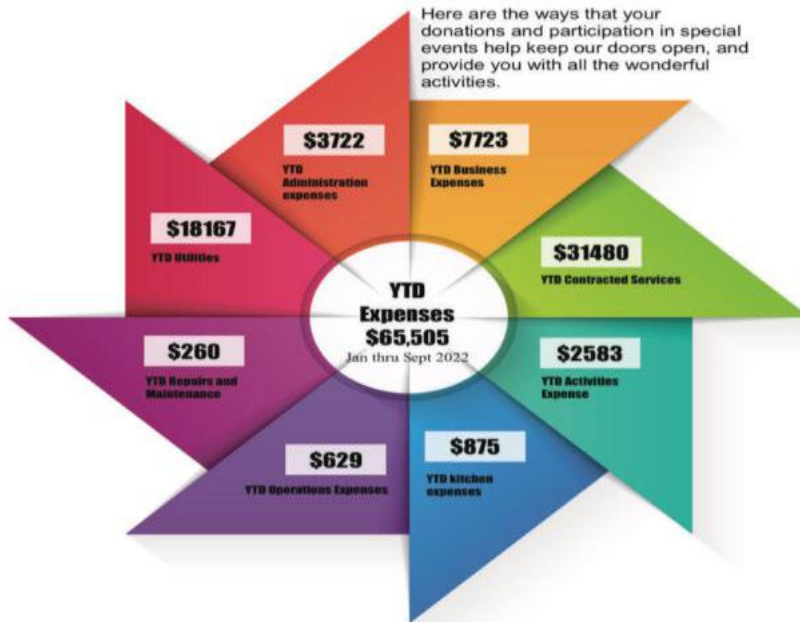
1pm-3pm

**Come check it
out!**

Room A

How YOU support our CENTER

Here are the ways that your donations and participation in special events help keep our doors open, and provide you with all the wonderful activities.



Learn more about other programs, committees, and needed volunteers, please join us at our monthly meetings, become a Board Member or volunteer your time and talent. You can make a difference! Call 321-268-2333



Zumba Gold

9:15 am

Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion and coordination

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.

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newsletter
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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080

(ALL ABOUT YOU TRAVEL)

BUS DAY TRIPS

Shen Yun - March 18th, 2023 - \$215 - Shen Yun takes you on an extraordinary journey through 5,000 years of divinely inspired culture. I saw this show in China a few years ago and it is amazing and beautiful. Trip includes lunch and orchestra seating. Minimum of 35 needed for trip. Sign up by January 15th or the trip will not go.

Tarpon Springs- Tuesday, April 4th, 2023- \$119 Enjoy touring the beautiful waters of the Anclote River. You'll be treated to a leisurely 2-hour cruise down the river into the Gulf of Mexico & stop on an island. For your pleasure and convenience drinks such as cold beverages, beer, wine, margaritas and other tropical drinks will be offered for purchase. Lunch at Mama's Greek Cruise, Historic riverfront shopping. Minimum of 35 people needed for trip. Deadline to sign up is March 15th, 2023. All reservations must be paid for at the time of booking.

Men are from Mars, Women...

Sat, May 20

\$138

(Phillips Center, Orlando) Famous and hilarious show! Takes a look at the everyday relationship between men and women – everything from dating to marriage & more. Includes lunch (TBD). Minimum of 35 required. Payment in full due now.

*** * * Trip cost includes round-trip motorcoach, taxes & driver gratuity. * * ***

Pick-up at Titusville Home Depot (minimum 15 people for pick-up)

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080

***PRICES BASED ON DOUBLE OCCUPANCY**

(ALL ABOUT YOU TRAVEL)

BUS TRIP

Key West Holiday Trip

Sun-Wed Dec 3rd-6th

\$729.00 *

Join us for an adventure of sun and fun in Key West for three days! Staying at the Fairfield Inn. Where you will have plenty of freedom to explore the sites of the town & enjoy the free form pool and Tiki bar area. Trip includes: 3 night stay at the Fairfield with full American Breakfast (daily) and baggage handling (1 per person) Lunch at the Quartdeck on December 3rd dinner on arrival at hotel and a lunch at Quartdeck in Plantation on December 6th. Sunset cruise with live music, food, and drinks on December 4th at 5pm-7pm. Roundtrip transportation. \$100.00 per person Non-Refundable Deposit Due by June 1, 2023. Final Payment Due October 1, 2023. Based on double occupancy.

GROUND TRAVEL

Glacier National Park and Canadian Rockies Sat-Sun, Jul 15-23 \$3,700*

If you want to take in the Calgary Stampede option, join us on July 13 to begin your trip. See flyer for full itinerary. Canada requires COVID vaccination to enter their country. Deposit \$250 per person plus insurance due now, final payment due May 2023.

*Based on double occupancy.

CRUISES

Columbia & Snake Rivers

Sun-Mon, July 23-31

\$4,198*

Sail on the famous American Queen Empress paddlewheel boat. Includes 1 pre-sailing hotel night in Vancouver, Washington, daily onboard enrichment, unlimited beverages, Wi-Fi, and hop-off/hop-on at each port of call. \$250 deposit due now, final payment due March 12. *Based on double occupancy, open balcony stateroom, does not include airfare.

Japan in the Autumn

Thu-Tues, Oct 12-24

\$1,470*

Sailing on Celebrity Millennium from Tokyo to see Mt. Fuji, Kobe, Osaka, Kyoto, Hiroshima and more. Features "Always Included" classic drink package, Wi-Fi and prepaid gratuities. Includes port charges & gov't. taxes. \$450 deposit due February 1, final payment due July 1. *Based on double occupancy, does not include airfare.

Greece, Israel & Egypt

Mon-Thu, Oct 16-26

\$2,322*

Sailing roundtrip from Athens onboard Celebrity Apex. See Athens, Jerusalem & Alexandria. Also stopping at Ephesus, Turkey. Features "Always Included" classic drink package, Wi-Fi and prepaid gratuities. Includes port charges & gov't. taxes. Deposit of \$450 pp due by January 15th, final payment due July 3. *Based on double occupancy, does not include airfare.