

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

January 2023

Phone: 321-268-2333
Email: nbsc@cflrr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

Turmy Senior Center of North Brevard

Congratulations

The 2023 Executive Committee

President: *Robert Williams*

1st Vice President: *Anita James*

2nd Vice President: *Paulette Amaral*

Treasurer : *Cathie McMullin*

Secretary: *Joanne Engelbeck*



New Friday Night Line Dance

January 6 and 13th

6pm-9pm

Only \$5.00 per person

A Fun evening of line dancing with floor splits for Beginners & Intermediates to insure everybody gets plenty of dancing.

Playlist: www.ferrelmazzatto.jimdo.com

For information call Ferrel 321-267-0195



*The Center will be
closed Monday
January 2nd
Wishing everyone a
Happy New Year!*



*The Center will be
closed Monday,
January 16th
in observance of
Martin Luther King Day*

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NBSC Activities — Guests welcome!

ACTIVITY	TIME	MEMBER/GUEST DONATION	CONTACT PERSON	
MONDAY-FRIDAY				
Billiards	9AM-4PM	\$2/\$3	NBSC	(321) 268-2333
MONDAY				
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Yvette	(321) 258-6534
Poker	10aM-2PM	\$2/\$3	Les	(321-591-5156
Yoga	11:30AM-12:30PM	\$5/\$6	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM- 2PM	\$5/\$6	Robin R.	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Joanne	(321) 267-5923
Hand & Foot	1PM-3:30PM	\$2/\$3	Donna	(407) 808-5237
Bunco (2nd Mon)	1PM--3PM	\$4/\$5	Carol	(332)268-8087
Zumba	6PM-7PM	\$5/\$6	Robin R.	(321) 514-5945
TUESDAY				
Pinochle	10AM-2PM	\$2/\$3	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3	Natine	(321) 609-0999
Tap & Jazz	11AM-12PM	\$2/\$3	Marsha	(321) 264-2776
Connie's Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5	Connie	(410) 598-3755
Zumba Gold Tone/Chair	12:00PM—1:00PM	\$5/\$6	Robin R.	(321) 514-5945
Mahjongg	12:30PM-3:30PM	\$2/\$3	Andi M.	(321) 385-3595
Party Bridge	12:30PM-3:30PM	\$2/\$3	Mary M	(321) 269-7362
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Kathy D.	(321) 268-4827
Tai Chi	1PM-2:30PM	\$3/\$5	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	\$5/\$6	Robin R.	(321) 514-5945
WEDNESDAY				
Bridge Lessons	By Appointment	\$10	Rick S.	(863) 640-5798
Zumba- Gold	9:15AM-10:15AM	\$5/\$6	Robin R.	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Fonda	(321) 298-2796
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6	Robin R.	(321) 514-5945
Duplicate Bridge	12PM-3PM	\$2/\$3	Judy N.	(901) 336-1306
Line Dance Class	4:30PM-6:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dance Class	6:30PM-8:30PM	\$3/\$4	Barbara	(321) 452-1944
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Cat	(321) 231-1135
Zumba	6PM-7PM	\$5/\$6	Robin R.	(321) 514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A	Robert	(321) 362-2036
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 362-2359
FRIDAY				
Shuffleboard	10AM-12PM	\$2/\$3	.	(321) 268-2333
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3	Natine	(321) 609-0999
Euchre	10AM-1PM	\$2/\$3	Barbara	(321)750-2679
No. Brevard Line Dance	12PM-2PM	\$3/\$4	Yvette	(321) 258-6534
Karaoke	2PM-5PM	\$2/\$3	Mike	(321) 268-2013
Line Dance Social (4th Fri)	6PM-9PM	\$5	Yvette	(321) 258-6534
SATURDAY				
Bridge Lessons	By Appointment	\$10	Rick S.	(863) 640-5798
SUNDAY				
Intermed/ Adv'd. Line Dance Class	2PM-4PM	\$3/\$4	Pat	(321) 268-2333
Karaoke	3PM-6PM	\$2/\$3	Mike	(321) 268-2013

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2022 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**

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*A Beginner
Line Dance class.
Never Line Dance Before?
This is the class!
Will start Wednesday,
January 4th @ 4pm
For information call
Ferrell 321-267-0195*



***Zumba Gold 9:15 am
Wednesdays***

*Perfect for active older adults who are looking
for a modified Zumba class that recreates the
original moves you love at a lower-intensity.*

*The design of the class introduces easy to
follow Zumba choreography that focuses on
balance, range of motion and coordination*

Benefits: Class focuses on all elements of
fit cardio, muscular conditioning,
flexibility and balance.

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RENTALS**

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN



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Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on **1st Thursday** to **No One Hungry Senior Pantry** and get a **free Speedy game paper!**

Only \$10 to play 16 regular games (9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!
Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN SNACKS & LUNCH.



EXEC. COMMITTEE

PRESIDENT
Robert Williams
1st VICE PRES.
Anita James
2nd VICE PRES.
Paulette Amaral
TREASURER
Cathie McMullin
SECRETARY
Joanne Engelbeck

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Rachel Kusterer
Cynthia Lozier
Cat Simkins
Dan Williams
Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg
Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Dan Williams



Fridays
10 am-1pm

Call Barbara at 321-750-2679
if interested in playing.

Muscle Memory, Strength & Balance Class
With Natine
Tuesdays and Fridays
10am-11am
Natine returns January 10th

EXERCISE YOUR MIND



PLAY DUPLICATE BRIDGE

Duplicate Bridge

Wednesdays from
12pm to 3pm

For more information call Judy 901-336-1306



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LINE DANCE SOCIAL

Friday, January 20th
6 PM-9 PM
ONLY \$5 PERSON

This month's theme is
"Blast from the Past"

Come dance to all genres of
music great for everyone,
beginner to advanced!



Call Yvette at 321-258-6534
for more information

Why not join Marsha Tap & Jazz Class?



Call Marsha @ 321-264-2776 for information

Why not join Connie's Card Making?

2nd Tuesday of the Month
11:30 am-12:30 pm

For more information call Connie at
410-598-3755



Join Robin!
Monday &
Thursday
6pm-7pm



Party Bridge is looking
for players.

Tuesday, 12:30-3:30pm
For more information call
Mary at 321-269-7362

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**COME CELEBRATE Robin's
1st Year Anniversary at the NBSC!
Join the ZUMBA DANCE PARTY!**

Date: Thursday, January 19th
(NO CLASS ON MONDAY, JANUARY 16th)
Time 6 - 7:30pm Place: GOLD Room
Cost \$10.00 (Members &
Non-Members)

Door Prizes, Giveaways, Fitness & Fun!
(Robin Rymkos is a AFAA Personal Trainer/
Certified Group Exercise
Instructor, CPR Certified, 35 years Teaching Group
Fitness Classes, Licensed to teach ZUMBA,
ZUMBA GOLD, ZUMBA TONING,
ZUMBA GOLD TONE & GOLDEN HEARTS)
Book for new class (**BLAST**) starts on
Thursday, January 5th. 7:15 -8:00pm
\$5.00 Members & \$6.00 Non-Members

Zumba Gold- Toning

Tuesdays 12 Noon- 1pm

**Blends the Zumba party you love at a slower pace
with redefining total body workout using Zumba
Toning Sticks to shake up those muscles.**

This class is a total chair class!
Members \$5.00 Non-Members \$6.00

***Gentle Yoga for Seniors
with Cindy***



Mondays from 11:30-12:30 pm
Members \$5.00 Guest \$6.00

Newsletter Booster 2023

Be a Booster for only \$10/year.

Natine Abreu-Shaw
Jeff Amaral
Paulette Amaral
Joanne Engelbeck
Harold Klotzer
Karin Krause
Catherine McMullin
Dennis McMullin
Cat Simkins
Linda Trawle
Robert Williams



Kelly Tobin Hernandez
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*Follow us on
Facebook for our
upcoming events
North Brevard Senior Center*



The Center is in need of Bingo Callers. If you can give one Thursday a month and call bingo for the center or as a relief caller please contact Cat Simkins, Bingo Chairman 321-231-1135



*Join Robin for her
Senior Fitness
Class
Get your heart pumping
all while having FUN!
Monday at 1pm-2pm
Wednesday at 11am-noon
Members \$5.00
Non-Members \$6.00*

Bunco

2nd Monday of the month at 1pm



*Why not join them for a fun afternoon!
For more information call Carol at 321-268-8087*



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Customers who open a new Convenience Checking Account and tell TD Bank that they are members of the North Brevard Senior Center can get **"FREE money"** for themselves and the Center!

HELP YOURSELF — Just make at least \$500 in direct deposits within the first **60 days** to automatically qualify for a **\$150 TD checking account bonus!** Also, the checking account is **FREE** if you maintain a daily balance of \$100 or more.

HELP THE SENIOR CENTER — If you open a savings or checking account and maintain it for 1 year, the NBSC will receive a **\$50 credit** to the Center's account. It's a "donation" from you towards the Center's being able to pay its bills without your having to do anything except conduct your banking business as usual.

MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

Call Andi at 321-385-3595
If you have any questions!

Line Dance Class to Fit Your Needs!

Mondays 10am-12:30pm with Yvette
Wednesdays 4:30pm-6:30pm with Ferrell
Wednesdays 6:30pm-8:30pm with Barbara
Fridays 12pm-2pm with Yvette
Sundays (Intermed/Advance) 2pm-4pm with Pat

Line Dancing

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CHECK ONE: ☐ NEW MEMBERSHIP ☐ RENEW MEMBERSHIP

PLEASE PRINT

LAST NAME: _____ FIRST NAME _____

PHONE: HOME: _____ CELL: _____

ADDRESS: _____ CITY _____ ZIP _____

EMAIL _____

*EMERGENCY CONTACT: _____

*EMERGENCY CONTACT PHONE#: _____

IF YOU CAN VOLUNTEER PLEASE CHECK BELOW

☐ LIBRARY ☐ KITCHEN ☐ BINGO CALLER ☐ FRONT DESK ☐ SPECIAL EVENTS ☐ DECORATING ☐ ROOM SETUP

TYPE OF MEMBERSHIP: ☐ INDIVIDUAL \$20 ☐ BOOSTER \$10

CASH AMT _____ CHECK AMT _____ CK# _____

*Rec'd By: _____ Date: _____

* Required Information

TURMY SENIOR CENTER 909 Lane Ave., Titusville, FL 32780 Phone: 321-268-2333 2023 Membership



**Tuesday evenings
6pm-7pm**

*Zumba Toning combines
body-sculpting exercises and
high energy cardio work
infused with Zumba moves to
create a calorie torching
strength training fitness party.*



With Mike and Carolyn

Fridays 2pm-5pm

Room A

Please enter at back of building

Why not join Ada Tuesday's at 1pm



**Mondays
1pm-3pm
Come check it
out!**

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POKER

**MONDAY
MORNING**

10AM-2PM

**Dealer's Choice
\$2 member / \$3 guest**

NOTE — If a "newbie" comes to play and is unfamiliar with some of the games (e.g., Spank the Baby), the table will play one entire round of the game so new players can more easily learn.

CHIPS — Bag of 40 for only \$4 (cash in at end of play)

HAND & FOOT



MONDAYS @ 1 PM till 3:30 PM

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.



Hurricane Rug Hooking

**2nd and 4th Wednesday
of each month
10am to 2pm**

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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080
(ALL ABOUT YOU TRAVEL)

BUS DAY TRIPS

Wizard of Oz Museum & VanGogh Immersive Experience **Tue, Jan. 24, 2023** **\$99**
Follow the Yellow Brick Road to a day of fun! Includes a docent tour of the Museum in Cape Canaveral as we travel from Munchkin Land to the Emerald City. Lunch included at Long Doggers. Minimum 35 people. **Full payment due by December 20.**

Strawberry Festival - March 9th, 2023 - \$119 - join us for our annual trip to Sr day at the Festival. In the morning, Bill Haley Jr & The Comets will perform and in the afternoon we have reserved seating for Tommy James and the Shondells! Trip includes gate entrance, reserved seating for afternoon concert, strawberry shortcake. Sign up by February 20th, earlier you sign up the better the seat!

Shen Yun - March 18th, 2023 - \$215 - Shen Yun takes you on an extraordinary journey through 5,000 years of divinely inspired culture. I saw this show in China a few years ago and it is amazing and beautiful. Trip includes lunch and orchestra seating. Minimum of 35 needed for trip. Sign up by January 15th or the trip will not go.

Men are from Mars, Women... **Sat, May 20** **\$117**
(Phillips Center, Orlando) Famous and hilarious show! Takes a look at the everyday relationship between men and women – everything from dating to marriage & more. Includes lunch (TBD). Minimum of 35 required. **Payment in full due now.**

*** * * Trip cost includes round-trip motorcoach, taxes & driver gratuity. * * ***
Pick-up at Titusville Home Depot (minimum 15 people for pick-up)

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080
(ALL ABOUT YOU TRAVEL)

***PRICES BASED ON DOUBLE OCCUPANCY**

GROUND TRAVEL

Glacier National Park and Canadian Rockies **Sat-Sun, Jul 15-23** **\$3,700***
If you want to take in the Calgary Stampede option, join us on July 13 to begin your trip. See flyer for full itinerary. Canada requires COVID vaccination to enter their country. **Deposit \$250 per person plus insurance due now, final payment due May 2023.**
*Based on double occupancy.

CRUISES

Columbia & Snake Rivers **Sun-Mon, July 23-31** **\$4,198***
Sail on the famous American Queen Empress paddlewheel boat. Includes 1 pre-sailing hotel night in Vancouver, Washington, daily onboard enrichment, unlimited beverages, Wi-Fi, and hop-off/hop-on at each port of call. **\$250 deposit due now, final payment due March 12.** *Based on double occupancy, open balcony stateroom, does not include airfare.

Japan in the Autumn **Thu-Tues, Oct 12-24** **\$1,470***
Sailing on Celebrity Millennium from Tokyo to see Mt. Fuji, Kobe, Osaka, Kyoto, Hiroshima and more. Features "Always Included" classic drink package, Wi-Fi and prepaid gratuities. Includes port charges & gov't. taxes. **\$450 deposit due February 1, final payment due July 1.** *Based on double occupancy, does not include airfare.

Greece, Israel & Egypt **Mon-Thu, Oct 16-26** **\$2,322***
Sailing roundtrip from Athens onboard Celebrity Apex. See Athens, Jerusalem & Alexandria. Also stopping at Ephesus, Turkey. Features "Always Included" classic drink package, Wi-Fi and prepaid gratuities. Includes port charges & gov't. taxes. **Deposit of \$450 pp due by January 15th, final payment due July 3.** *Based on double occupancy, does not include airfare.