909 Lane Ave Titusville, FL 32780 Hours: Mon-Thur 9am-4pm Fri 9am to 1pm

October 2022

Phone: 321-268-2333 Email: nbsc@cfl.rr.com Website: http://nbsc.website Editor: Linda Trawle

Turmy Senior Center of North Brevard



Mark your calendar
Saturday, October 22nd
Time 11am-2pm
Lunch: Soups, Bread and Desserts
Entertainment by Mark Beekler
Tickets \$10.00
Tickets go on sale October 1st





Mark your calendar for
Saturday, December 3rd
For our annual Christmas Party
More information in the
November Newsletter
Tickets will go on sale
November 7th





North Brevard Line Dance by Yvette

Monday 10AM- 12:30 PM
Line Dance by Ferrell
Wednesday 4:30 PM to 6:30 PM
Line Dance by Barbara
Wednesday 6:30 PM-8:30 PM
North Brevard Line Dance
by Yvette
Friday 12 PM-2 PM

Intermed/Adv Line Dance by Pat
Sunday 2PM-4PM

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NBSC Activities — Guests welcome!

| <u>ACTIVITY</u> | TIME | MEMBER/GUEST | CONTA | CT PERSON |
|---|--------------------------|---------------------------|---------------|----------------------------------|
| | | DONATION | | |
| MONDAY-FRIDAY | | | | |
| Billiards | 9AM-4PM | \$2/\$3 | NBSC | (321) 268-2333 |
| MONDAY | 71111 11 111 | 42. 4 5 | 1,200 | (521) 200 2000 |
| No. Brevard Line Dance | 10 43 6 12 20 03 6 | #2 /# A | 37 | (221) 250 (524 |
| Poker | 10AM-12:30PM 10aM-2PM | \$3/\$4 \$2/\$3 | Yvette Les | (321) 258-6534 (321-268-2333 |
| Yoga | 11:30AM-12:30PM | \$5/\$6 | Cindy | (321) 576-2782 |
| Golden Hearts Senior Fitness | 1:PM-2PM | \$5/\$6 | Robin R | (321) 514-5945 |
| Mexican Train Dominoes | 1PM-3PM | \$2/\$3 | Joanne | (321) 267-5923 |
| Hand & Foot | 1PM-3:30PM | \$2/\$3 | Donna | (407) 808-5237 |
| Zumba | 6PM-7PM | \$5/\$6 | Robin R. | (321) 514-5945 |
| Bunco (2nd Mon) | 6:30PM-9PM | \$4/\$5 | Sharon | (321) 383-7927 |
| TUESDAY | | | | |
| Pinochle | 10AM-2PM | \$2/\$3 | Cat | (321) 231-1135 |
| Muscle Memory, Strength, Balance | 10AM-11:00AM | \$2/\$3 | Natine | (321) 609-0999 |
| Tap & Jazz | 11AM-12PM | \$2/\$3 | Marsha | (321) 264-2776 |
| Connie's Card Making (2nd Tues) | 11:30AM-12:30PM | \$4/\$5 | Connie | (410) 598-3755 |
| Zumba Gold Tone/Chair | 12:00PM—1:00PM | \$5/\$6 | Robin R | (321) 514-5945 |
| Mahjongg | 12:30PM-3:30PM | \$2/\$3 | Andi M. | (321) 385-3595 |
| Party Bridge | 12:30PM-3:30PM | \$2/\$3 | Mary H. | (321) 607-2200 |
| Darling Damsels Bridge | 1PM-3:30PM | \$2/\$3 | Kathy D. | (321) 268-4827 |
| Tai Chi | 1PM-2:30PM | \$3/\$5 | Ada | (321) 848-4689 |
| Zumba Toning | 6PM-7PM | \$5/\$6 | Robin R | (321) 514-5945 |
| WEDNESDAY | | | | |
| Bridge Lessons | By Appointment | \$10 | Rick S. | (863) 640-5798 |
| Zumba– Gold | 9:15AM-10:15AM | \$5/\$6 | Robin R. | (321) 514-5945 |
| Hooks & Needles Knitting (1st Wed) | 10AM-11:30PM | \$2/\$3 | Anne | (321) 917-1108 |
| Hurricane Rug Hooking (2nd&4th Wed.) | 10AM-2PM | \$2/\$3 | Fonda | (321) 298-2796 |
| Golden Hearts Senior Fitness | 11AM-Noon | \$5/\$6 | Robin R. | (321) 514-5945 |
| Duplicate Bridge | 12PM-3PM | \$2/\$3 | Judy N. | (901) 336-1306 |
| Line Dance Class | 4:30PM-6:30PM | \$3/\$4 | Ferrell | (321) 267-0195 |
| Line Dance Class | 6:30PM-8:30PM | \$3/\$4 | Barbara | (321) 452-1944 |
| THURSDAY | | | | |
| Bingo (Play begins at 10AM) | 9AM-2:30PM | Varies (#of cards played) | Cat | (321) 231-1135 |
| Zumba | 6PM-7PM | \$5/\$6 | Robin R. | (321) 514-5945 |
| Board of Directors Mtg. (2nd Thursday) | 3PM | N/A | Robert | (321) 362-2036 |
| Singles Club Planning Mtg (1st Thurs) | 4PM | Call Jean for location | Jean | (321) 362-2359 |
| FRIDAY | | | | |
| Shuffleboard | 10AM-12PM | \$2/\$3 | | (321) 268-2333 |
| Muscle Memory, Strength, Balance | 10AM-11AM | \$2/\$3 | Natine | (321) 609-0999 |
| Euchre | 10AM-1PM | \$2/\$3 | Barbara | (321)750-2679 |
| No. Brevard Line Dance | 12PM-2PM | \$3/\$4 | Yvette | (321) 258-6534 |
| Line Dance Social (4th Fri) | 6PM-9PM | \$5 | Yvette | (321) 258-6534 |
| SATURDAY | | | | |
| Bridge Lessons | By Appointment | \$10 | Rick S. | (863) 640-5798 |
| SUNDAY | J FF | • • | | () |
| | 2DM 4DM | ¢2 /¢4 | D-4 | (221) 260 2222 |
| Intermed/Adv'd. Line Dance Class Karaoke | 2PM-4PM 3PM-6PM | \$3/\$4 \$2/\$3 | Pat Mike | (321) 268-2333 (321) 268-2013 |
| ILLIUORE | 01 IVI-01 IVI | υψυ του | IVIIKC | (021) 200-2010 |

<u>MEMBERS REMINDER</u> — THOSE WHO HAVEN'T PAID 2022 DUES WILL BE ASKED TO DONATE AN EXTRA DOLLAR FOR EACH ACTIVITY ATTENDED.

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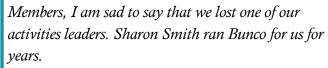
Florida Health Care Plans



An Independent Licensee of the Blue Cross and Blue Shield Association

A representative from Florida Health Care Plans will be set up in Room B to answer any of your questions as open enrollment is just around the corner.

October 13th, October 20th, November 10th, December 1st from 10am-12noon each day.



Prayers go out to her family and friends. She will be missed at Bunco and Bingo here at the center.





Mondays
1pm-3pm
Come check it
out!

Muscle Memory, Strength & Balance Class
Natine will be back

Natine will be back Tuesday, October 4th

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www.nbsc.website | 4 RENTALS

Birthday Party - Anniversary Party Rehearsal Dinner - Wedding - Baby Shower Celebration of Life

North Brevard Senior Center has space available at very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333

SAMPLE—DECORATED AREA









FULLY EQUIPPED KITCHEN







Thursdays @ 10AM (Doors open @ 9 AM)

* Smoke Free Environment *

Bring in a canned or boxed food item for donation on

1st Thursday to

No One Hungry Senior Pantry and get a free Speedy game paper!

Only \$9 to play 16 regular games

(9 cards per sheet). Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet

6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & only pay \$2 for a card pack (reg. \$9)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



BOHLO DIRECTORS

EXEC. COMMITTEE

PRESIDENT
Robert Williams
1st VICE PRES.
Anita James
2nd VICE PRES.
Sandy Witt
TREASURER
Cathie McMullin
SECRETARY
Rachel Kusterer

BOARD MEMBERS

Jeff Amaral
Paulette Amaral
Joanne Engelbeck
Cynthia Lozier
Calvin Rogers
Cat Simkins
Dan Williams



EMERITUS MEMBERS

Terry Eisenberg Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Dan Williams

Come relax in our lobby, read a magazine or chat with friends.





With Mike and Carolyn Sundays 3pm-6pm Room A

Please enter at back of building

Our library has many new books so please stop by and check out a new read.



Ada will be on Vacation will return
October 25th





LINE DANCE SOCIAL

FRIDAY, October 28th
6-9 PM
ONLY \$5 PERSON

This month's theme is Dress Up Line Dance Come dance to all genres of music great for everyone, beginner to advanced!





AC or Plumbing Repairs... Call Freedom Air



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Fridays 10 am-1pm



Call Barbara at 321-750-2679 if interested in playing.



Kathleen Swindell Sales Representative

Will be set up in the lobby October 11th and October 25th to answer any of your questions with enrollment as it is just around the corner.

Gentle Yoga for Seniors with Cindy



Mondays from 11:30-12:30 pm Members \$5.00 Guest \$6.00

Newsletter Booster 2022 Be a Booster for only \$10/year.

Natine Abreu-Shaw Paulette Amaral Joanne Baxter Raymond Bray Mary Chidester Joanne Engelbeck Anne Farrell Bill Farrell Susan Frank Loraine Harvey Harold Klotzer Karin Krause Catherine McMullin Dennis McMullin

Anne Marie Martino Madeleine Morris Fran North Mary Ellen O'Doherty Andrew Olshavsky Elenita Orencia Tina Ringfield Cat Simkins Linda Trawle Elizabeth Stanley **Beverly Lloyd Thomas** Marilyn Varnado **Rob Williams** Dan Williams



Kelly Tobin Hernandez

Financial Advisor

815 South Washington Avenue Suite 101 Titusville, FL 32780-4200 321-264-4433

Free Consultation

Edward Jones

MAKING SENSE OF INVESTING

Kelly.hernandez@edwardjones.com

edwardjones.com/Kelly-hernandez

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- Flood Detection





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Follow us on Facebook for our upcoming events

North Brevard Senior Center

BINGO CALLER 22

The Center is in need of Bingo

Callers. If you can give one Thursday a month and call bingo for the center or as a relief caller please contact Cat Simkins, Bingo Chairman 321-231-1135

Asst. Treasurer

We are in need of an Assistant Treasurer to fulfill the duties of the Treasurer when she is not able to. Would prefer someone with a bookkeeping or accounting background and knowledge of QuickBooks

Online or QuickBooks Desktop version. Training would take approximately 4 hours each week for 1 month depending on the level of experience. Volunteer must be an active board member for 6 months before appointment can be made.

Call Cathie McMullin, NBSC Treasurer Cell 610-715-2257





America's Most Convenient Bank®

TD BANK & THE SENIOR CENTER

Customers who open a new Convenience Checking Account and tell TD Bank that they are members of the North Brevard Senior Center can get "FREE money" for themselves and the Center!

<u>HELP YOURSELF</u> — Just make at least \$500 in <u>direct deposits</u> within the first <u>60 days</u> to automatically qualify for a <u>\$150 TD checking account bonus!</u> Also, the checking account is <u>FREE</u> if you maintain a daily balance of \$100 or more.

<u>HELP THE SENIOR CENTER</u> — If you open a savings or checking account and <u>maintain it for 1 year</u>, the NBSC will receive a \$50 credit to the Center's account. It's a "donation" from you towards the Center's being able to pay its bills without your having to do anything except conduct your banking business as usual.

MAHJONGG TUESDAYS @ 12:30 pm \$2 members / \$3 guests

Call Andi at 321-385-3595 If you have any questions!



Please Note there will be

NO CLASS ON MONDAY, OCTOBER 31ST FOR ZUMBA!

Join us for Health-O-Ween Thursday, Oct 27

Let's take it Back in Time to the 60's, 70's and 80's as we dance the night away to your favorite music from the past!

Date: Thursday October 27th
Time: 6:00 –7:45 pm (1.5 hours of Dance)
Doors open at 5:30pm
Cost \$10.00 for Members and Non-Members
COME IN COSTUME
Door PRIZES, PRIZES for Best Costume and

PURCHASE YOUR TICKETS IN ADVANCE

Light Refreshments!

from Robin Rymkos by Monday, October 24th
Any questions feel free to call Robin at
321-514-5945



ZUMBA CLASSES MONDAYS & THURSDAYS@ 6PM





Tuesday evenings 6pm-7pm

Zumba Toning combines body -sculpting exercises and high energy cardio work infused with Zumba moves to create a calorie torching strength training fitness party.



Join Robin for her
Senior Fitness class
Get your heart pumping all
while having FUN!
Monday at 1pm
Wednesday at 11am

Zumba Gold- Toning 12 Noon- 1pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.



Zumba Gold 9:15 am

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion and coordination

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.





NEW TIME

MONDAY MORNING 10AM-2PM

Dealer's Choice \$2 member / \$3 guest

NOTE — If a "newbie" comes to play and is unfamiliar with some of the games (e.g., Spank the Baby), the table will play one entire round of the game so new players can more easily learn.

CHIPS — Bag of 40 for only \$4 (cash in at end of play)

HAND & FOOT



MONDAYS @ 1:00 till 3:30 PM \$2 members / \$3 guests

Don't know how to play this card game? We'll teach you.

Call 321-268-2333 for more info.



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080 (ALL ABOUT YOU TRAVEL)

\$678*

BUS DAY TRIPS

New COVID Procedures — Masks are optional. If you have had a positive test or symptoms within 14 days of trip, you must provide negative test result to board. If unvaccinated, please bring negative test within 24 hours of trip

Mt. Dora Craft Fair Sat, Oct 22 \$62

Enjoy your day in this quaint historical town with over 400 exhibitors selling their fun crafts, fine arts and more. Minimum 35 for trip to go. *Sign up by Oct. 1. <u>Full payment due by Oct. 15.</u>*

Men are from Mars, Women are from Venus Sat, Oct 22 \$117

A hysterical comedy show at the Phillips Center in Orlando -- Someone who has resisted this message for years meets the author, John Gray – now he shares how he sees the relationships of men and women. This 90-minute show is presented via different vignettes -- everything from dating to marriage to the bedroom! Includes lunch and orchestra seating. Minimum of 35 required. Payment due NOW.

Hamilton Thu, Oct 27 \$232

An American musical, sung & rapped, telling the story of American Founding Father Alexander Hamilton. We have orchestra terrace seating at the <u>Dr. Phillips Center in Orlando</u> for a 1 PM matinee performance. Includes lunch at the Ale House. <u>Minimum of 35 required</u>. <u>Payment in full due now</u>.

Key West Holiday Trip Sun-Wed, Dec 4-7

Join us for our 16th annual Key West trip for lots of fun, shopping and people watching! Trip includes 3 nights at Fairfield Inn (at trolley stop) with full breakfast each day, lunch going & returning, 1 dinner, and Sunset Sail with live music, food and drinks. (Add \$33 per person w/2-drink minimum for optional outing to La-Te-Da cabaret show.) Payment due NOW – Only 15 seats left! * Rate based on double occupancy, \$981 for single.

The Nutcracker Ballet Sun, Dec 11 \$175

Bring the entire family for the adventures of young Clara as she explores the fantasy world of the Mouse King and the Sugar Plum Fairy. Orlando Ballet's annual favorite! Includes matinee orchestra seating and lunch. Minimum of 35 required. Sign up by Oct. 15. Full payment due by Dec. 1.

St. Augustine "Night of Lights" Wed, Dec 14 \$99

Our annual trip for shopping and sightseeing, followed by a spectacular light show via horse & carriage. Meals on your own. Minimum of 35 required. Full payment due by Nov. 1

Wicked Thu, Jan. 26, 2023 \$181

Wicked is returning to the <u>Dr. Phillips Center in Orlando!</u> Enjoy this Broadway musical - See what the Land of Oz looked like when Elphaba (the Wicked Witch of the West) and Glinda (the Good Witch) were friends – and what happened to turn them into enemies. Trip includes roundtrip motorcoach, lunch at the Ale House and orchestra terrace seating. \$181 per person inclusive. Minimum of 35 required. **Non-refundable \$100 deposit due now, final payment due by November 1.**

* * * Trip cost includes round-trip motorcoach, taxes & driver gratuity. * * *
Pick-up at Titusville Home Depot (minimum 15 people for pick-up)

ALL TRIPS <u>OPEN TO THE PUBLIC</u>

*PRICES BASED ON DOUBLE OCCUPANCY

MORE INFO? Call 321-631-8080 (ALL ABOUT YOU TRAVEL)

\$2.617*

CRUISES

Port Canaveral to LA Sun-Sun, Dec 4-18

Exciting cruise ports: Cartagena, <u>full transit of the Panama Canal</u>, five ports including Puerto Vallarta and Cabo San Lucas. **\$250 deposit due NOW**, <u>final payment due Aug. 1, 2022</u>.

Rate based on Balcony Stateroom, double occupancy, and includes port charges & govt. taxes.