

909 Lane Ave  
Titusville, FL 32780

Hours: Mon-Thur 9am-4pm  
Fri 9am to 1pm

**AUGUST 2021**

Phone: 321-268-2333

Email: [nbsc@cfl.rr.com](mailto:nbsc@cfl.rr.com)

Website: <http://nbsc.website>

Editor: Cat Simkins

## ***NORTH BREVARD SENIOR CENTER***



**THE CENTER WILL BE CLOSED  
ON LABOR DAY, SEPT. 6.**

# NBSC Activities — Guests welcome!

| <u>ACTIVITY</u>                       | <u>TIME</u>     | <u>COST</u><br><u>MEMBER/GUEST</u> | <u>CONTACT PERSON</u> |                |
|---------------------------------------|-----------------|------------------------------------|-----------------------|----------------|
| <b>MONDAY-FRIDAY</b>                  |                 |                                    |                       |                |
| Billiards                             | 9AM-4PM         | \$2/\$3                            | NBSC                  | (321) 268-2333 |
| <b>MONDAY</b>                         |                 |                                    |                       |                |
| Board of Directors Mtg. (2nd Mon)     | 10AM            | N/A                                | Cat                   | (321) 231-1135 |
| No. Brevard Line Dance                | 10AM-12:30PM    | \$3/\$4                            | Yvette                | (321) 225-4872 |
| Senior Fitness                        | 10AM-11AM       | \$3/\$4                            | Linda                 | (321) 383-0735 |
| Tap & Jazz                            | 11:15AM-12:45PM | \$3/\$4                            | Linda                 | (321) 383-0735 |
| Mexican Train Dominoes                | 1PM-3PM         | \$2/\$3                            | Joanne                | (321) 267-5923 |
| Poker                                 | 6PM-9PM         | \$2/\$3                            | Bill F.               | (321) 544-1430 |
| Bunco (2nd Mon)                       | 6:30PM-9PM      | \$4/\$5                            | Sharon                | (321) 383-7927 |
| <b>TUESDAY</b>                        |                 |                                    |                       |                |
| Pinochle                              | 10AM-2PM        | \$2/\$3                            | Cat                   | (321) 231-1135 |
| Muscle Memory, Strength, Balance      | 10:30AM-11:30AM | \$2/\$3                            | Natine                | (321) 609-0999 |
| Tap & Jazz                            | 10AM-11AM       | \$2/\$3                            | Marsha                | (321) 264-2776 |
| Connie's Card Making (2nd Tues)       | 11:30AM-12:30PM | \$4/\$5                            | Connie                | (410) 598-3755 |
| Mahjongg                              | 12:30PM-3:30PM  | \$2/\$3                            | Andi M.               | (321) 385-3595 |
| Party Bridge                          | 12:30PM-3:30PM  | \$2/\$3                            | Larry B.              | (321) 631-8061 |
| Darling Damsels Bridge                | 1PM-3:30PM      | \$2/\$3                            | Kathy D.              | (321) 268-4827 |
| Tai Chi                               | 1PM-2:30PM      | \$3/\$5                            | Ada                   | (321) 848-4689 |
| Computer/Phone Classes                | By Appt. Only   | \$3/\$4                            | Anne                  | (321) 544-9469 |
| <b>WEDNESDAY</b>                      |                 |                                    |                       |                |
| Hooks & Needles Knitting (1st Wed)    | 10AM-11:30PM    | \$2/\$3                            | Anne                  | (321) 917-1108 |
| Hurricane Rug Hooking (2nd&4th Wed.)  | 10AM-2PM        | \$2/\$3                            | Fonda                 | (321) 298-2796 |
| Senior Fitness                        | 10AM-11AM       | \$3/\$4                            | Linda                 | (321) 383-0735 |
| Duplicate Bridge                      | 12PM-3PM        | \$2/\$3                            | Judy N.               | (901) 336-1306 |
| Line Dance Class - Beginners          | 4:30PM-5:30PM   | \$3/\$4                            | Ferrell               | (321) 267-0195 |
| Line Dance Class                      | 5:30PM-6:30PM   | \$3/\$4                            | Ferrell               | (321) 267-0195 |
| Line Dancing Class                    | 6:30PM-8:30PM   | \$3/\$4                            | Barbara               | (321) 452-1944 |
| <b>THURSDAY</b>                       |                 |                                    |                       |                |
| Bingo (Play begins at 10AM)           | 9AM-2:30PM      | Varies (#of cards played)          | Cat                   | (321) 231-1135 |
| Singles Club Planning Mtg (1st Thurs) | 4PM             | Call Jean for location             | Jean                  | (321) 362-2359 |
| <b>FRIDAY</b>                         |                 |                                    |                       |                |
| Shuffleboard                          | 10AM-12PM       | \$2/\$3                            | Bill F.               | (321) 544-1430 |
| Muscle Memory, Strength, Balance      | 10:30AM-11:30AM | \$2/\$3                            | Natine                | (321) 609-0999 |
| Theater Class                         | 1PM-2:30PM      | \$4/\$5                            | Mary P.               | (321) 978-3057 |
| Line Dance Social (4th Fri)           | 6PM-9PM         | \$5                                | Yvette                | (321) 225-4872 |
| <b>SUNDAY</b>                         |                 |                                    |                       |                |
| Intermed./Adv'd. Line Dance Class)    | 2PM-4PM         | \$3/\$4                            | Ferrell               | (321) 267-0195 |



**AARP is targeting September to restart their**

**Safe Driving Class for Seniors.**

**We will let you know when the next class will be held.**



**MAHJONGG  
TUESDAYS  
11:30 am  
(public welcome)**

***Andi is starting up Mahjongg again!***

***Please call her at 321-385-3595 if you  
want to play.***



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(800) 477-4574 x6350**



**PLANNING A WEDDING? REHEARSAL DINNER?  
ANNIVERSARY PARTY? REUNION?  
BIRTHDAY PARTY? BABY SHOWER?  
OUR CENTER HAS SPACE AVAILABLE AT  
VERY REASONABLE RATES — AS LOW AS  
ONLY \$50 FOR 2 HOURS!**

**OVERSIZED RENTAL AREA**



**ALCOVE AREA**



**SPACIOUS KITCHEN**



**FULLY EQUIPPED KITCHEN**



**SAMPLE—DECORATED AREA**



**SAMPLE—DECORATED AREA**





**Thursdays @ 10AM**  
(Doors open @ 9 AM)

**\* Smoke Free Environment \***

Bring in a canned or boxed food item for donation on 1st Thursday to No One Hungry Senior Pantry and get a free Speedy game paper!

Only \$9 to play 16 regular games  
(9 cards per sheet).  
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet  
6 cards per sheet  
Special paper games payouts.

**ATTENTION FIRST TIME PLAYERS!**

Bring this ad & get FREE play of 7 Hard Cards all day!

Free hot coffee.  
**BRING YOUR OWN  
SNACKS & LUNCH.**



EXEC. COMMITTEE

PRESIDENT

Cat Simkins

1st VICE PRES.

Open

2nd VICE PRES.

Bill Farrell

TREASURER

Cathie McMullin

SECRETARY

Rachel Kusterer

BOARD MEMBERS

Anne Farrell

Linda Hollifield

Richard Long

Marian Lundeen

Dan Williams

Rob Williams

Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg

Doris McDowell

OPS MANAGER

Linda Trawle

## No One Hungry, Inc.

Beginning Wednesday, September 8, we will be a "satellite" of the Julia Street "No One Hungry" Seniors Food Pantry facility. We will host a Food Pantry at the NBSC on the 2nd & 4th Wednesdays of each month from 10:00 to 11:30 AM.

Last year, more than 800,000 seniors in Florida had to choose between buying food or medications.

As you know, we've been soliciting food donations at Bingo each month for the Pantry. The NBSC is now going to do more to help seniors in our community. A small bag of groceries will be distributed to those in need (no means test) and other food items (including Publix baked goods) will be available. For more info, call 321-567-4408.



## ***PARTY BRIDGE***

***TUESDAYS***

***12:30 to 3:30 PM***

***\$2 members / \$3 guests***

***Come play and have fun! Call Larry at  
321-631-8061 for more info or to reserve a  
seat at a table.***

## ***Newsletter Boosters***

***2021***



***Be a Booster  
for only \$10/year.***

Joann Baxter  
Dollie Boggs  
Raymond Bray  
Barbara Crotteau  
Joanne Engelbeck  
Anne Farrell  
Bill Farrell  
Susan Frank

Lorraine Harvey  
Jim Kiener  
Harold Klotzer  
Jo Lessey  
Anne Marie Martino  
Linda Raab  
Calvin Rogers



***LINE DANCE SOCIAL***  
***(properly distanced, of course!)***

***FRIDAY, AUGUST 27***  
***6-9 PM***

***ONLY \$5 PERSON***

***Yvette says come dance to all genres of music —  
great for everyone, beginner to advanced!***

## **AC or Plumbing Repairs... Call Freedom Air**



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**COLDWELL BANKER  
COAST REALTY**



### **Cecil and Peggy Cornish**

Peggy: 321-960-5970 [pcornish@cfl.rr.com](mailto:pcornish@cfl.rr.com)  
Cecil: 321-960-5971 [battc3@cfl.rr.com](mailto:battc3@cfl.rr.com)

2510 S. Washington Ave., Ate. 120 • Titusville, FL 32780

*We have been your Titusville neighbor since 1978.*





The moment you realize you  
can speak 14 languages. 🤔



### THOUGHTS FROM "MR. ROGER'S NEIGHBORHOOD" ... WORTHINESS

As human beings, our job in life is to help people realize how rare and valuable each one of us really is, that each of us has something that no one else has—or ever will have—something inside that is unique to all time.

We don't always succeed in what we try—certainly not by the world's standards—but it's not the honors and the prizes and the fancy outsides of life which ultimately nourish our souls. It's the knowing that we can be trusted, that we never have to fear the truth, that the bedrock of our very being is good stuff.

## WE'RE HIRING

AD SALES EXECUTIVES

**BE YOURSELF. BRING YOUR PASSION.**

**WORK WITH PURPOSE.**

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- Full-Time with Benefits
- Serve Your Community

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350 N. Washington Ave., Suite A, Titusville  
[WWW.TODAYINS.COM](http://WWW.TODAYINS.COM)

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OF TITUSVILLE**  
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**ALL TRIPS OPEN TO THE PUBLIC**

**MORE INFO? Call 321-631-8080**

***\*PRICES BASED ON DOUBLE OCCUPANCY***

**(ALL ABOUT YOU TRAVEL)**

**CRUISES**

**Southern Caribbean Cruise** **Tues-Fri, Jan 4-14, 2022** **\$1,454\***

Sail from Ft. Lauderdale aboard Celebrity Silhouette to St. Maarten, St. Lucia, Barbados, Antigua and St. Kitts.  
**\$450 deposit due NOW.**

\* Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

**Aruba Cruise** **Tues-Fri, May 7-15, 2022** **\$917\***

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Aruba, Curacao, La Ramana (Dominican Republic) & the private island Labadee.

**\$250 deposit due NOW.**

Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

**Bermuda Cruise** **Tues-Fri, May 28-Jun 5, 2022** **\$1,523\***

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Nassau, Coco Cay and Bermuda.

**\$250 deposit due NOW.**

Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

**Iceland/Greenland** **Fri-Wed, Aug 19-31, 2022** **\$2,485\***

Sail from Reykjavik Iceland aboard Celebrity's Summit to Isafjordur and Akureyri, Iceland. Then go to Prins Christian Sund and Qaqortoq Greenland, St. Johns Newfoundland, Halifax Nova Scotia and end in Boston.

**\$450 deposit due NOW.**

Rate includes gov't. taxes & port charges and is based on Oceanview Stateroom, double occupancy.

**Panama Canal Transit** **Sun-Sun, Dec 4-18, 2022** **\$2,617\***

Sail the Norwegian Joy from Port Canaveral to LA via Cartagena, Puerto Vallarta, Cabo San Lucas & more!

**\$250 deposit due NOW.**

Rates includes gov't. taxes & port charges and are based on double occupancy.

**SAD NEWS — Longtime Center member Gladys Amick passed away on July 18, 2021.**

Gladys lived a very full life. She grew up in Canada during lean times, joining the Royal Canadian Air Force during WWII. She served supporting aircraft maintenance.

After the war, she moved to the US where she met and married Ben Amick, a US Navy member stationed in San Francisco. Gladys and Ben were well known while working over 20 years in the Washington Navy yard, where Gladys excelled, her accomplishments earning her merit awards almost every year of her government service career.

Gladys and Ben moved to Florida to enjoy a justly deserved retirement. Gladys was a dedicated member of the North Brevard Senior Center, serving on its Board of Directors and as an organizer of a bridge tournament that ran 17 years! In her "spare time" she was well known in the Titusville community as an outstanding cook who hosted many successful gatherings, an ardent supporter of the Titusville Playhouse, and a member of the Titusville Elks.



**UTILITY RATES INCREASE** — Florida Power & Light has requested a rate increase of \$2 BILLION in the base rate in the next 4 years. The average utility bill will increase about 18% over the next 4 years.

For those on fixed incomes, as many of us are, this is very worrisome since we're already dealing with increases in costs for food, gas, drugs, etc.

To protest this rate increase for FPL, contact the Public Service Commission:

- Go to their website [psc.state.fl.us](http://psc.state.fl.us) and scroll down to "File a Utility Complaint".
- Call 1-800-342-3552.
- Mail a written complaint to: Florida Public Service Commission, Office of Consumer Assistance & Outreach, 2540 Shumard Oak Blvd., Tallahassee, FL 32399-0850.

Please be prepared to provide the following information:

- Your name, street address/or box number, city, county, and zip code
- Your FPL account number
- The complete facts of your complaint
- A brief explanation of the desired solution

**We have a beautiful kitchen and are proud of it. It passes FL State Health Dept. inspections every time. It stays clean and beautiful, BUT...**

**We need supplies to keep it beautiful and running efficiently, so we're having a Kitchen Shower. You don't have to attend; just bring a "shower gift" to your next Center activity or event:**



- Dawn dishwashing detergent (We prefer this brand.)
- Comet or whatever sink cleaner you like
- Mr. Clean pads (great for removing stains from countertops)
- Paper towels

**Of course, we also always can use donations of Coffee**

**Thank you so much for your gifts!**



## COMPUTER & CELL PHONE CLASSES ...

**\$3 members,  
\$4 non-members**



**By appointment on Tuesdays**

**Call Anne (321-544-9469)**

**There's always a PLUS in CarePlus! One big plus is choice – different Medicare Advantage plans for people with different needs, all from a Florida-based company with a 5 OUT OF 5 OVERALL STAR RATING FROM MEDICARE.**



### **CareOne (HMO):**

**\$20 COPAY** for specialist office visits

**\$125 COPAY** for hospital stay, days 1-5

**No more than \$3,400 per year** in out-of-pocket expenses

### **CareNeeds Plus (HMO SNP)\*:**

For people with both Medicare and Medicaid  
**\$0 COPAY** for hospital

**\$100 MONTHLY ALLOWANCE** for covered over-the-counter products – that's up to \$1,200 per year!

**\$0 COPAY** for routine dental coverage, **PLUS** complete or partial dentures up to 1 set every 5 years

### **PLUS, ALL CAREPLUS PLANS FEATURE:**

**GYM MEMBERSHIP** through the SilverSneakers® Fitness Program

**A \$50 GIFT CARD PER YEAR** for completing preventive screenings with our Rewards Program

**Call to see if you may be eligible now to enroll in a Medicare Advantage plan offered by CarePlus**

**Call a licensed CarePlus sales agent at: 1-321-751-7645 (TTY: 711)**

From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within 1 business day. Brevard and Indian River counties: CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. CareNeeds PLUS (HMO SNP) is sponsored by CarePlus Health Plans, Inc. and the State of Florida, Agency for Health Care Administration. \*This plan is available to anyone receiving both Medicare and Medicaid-covered services: Qualified Medicare Beneficiaries (QMB+), Specified Low-Income Medicare Beneficiaries (SLMB+), and other Full Benefit Dual Eligibles (FBDE). In accordance with the federal requirements of the Centers for Medicare & Medicaid Services (CMS), no amounts on the gift cards shall be redeemable for cash and no amount may be applied toward the purchase of any prescription drug under your plan. Rewards (gift cards) must be earned and redeemed in the same plan year. Rewards not redeemed by 12/31 will be forfeited. Referrals may be required for certain specialists. Every year, Medicare evaluates plans based on a 5-star rating system. Discrimination is against the law. CarePlus Health Plans, Inc. ("CarePlus") complies with applicable Federal Civil Rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. See our website for more information. English: ATTENTION: If you do not speak English, language assistance services free of charge are available to you. Call 1-800-794-5907 (TTY: 711). Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-794-5907 (TTY: 711). Kreyòl Ayisyen (French-Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele 1-800-794-5907 (TTY: 711).

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Sign up to have our newsletter  
emailed to you at  
*[www.mycommunityonline.com](http://www.mycommunityonline.com)*







# TRIPS AND TOURS

## ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080  
(ALL ABOUT YOU TRAVEL)

**COVID Procedures:** Temperature checks prior to boarding, masks required to be worn on the bus at all times. If you have had a positive test or symptoms within 14 days of a trip you must provide a negative test result to board.

## BUS DAY TRIPS

**Key West Holiday Trip** **Sun-Wed, Nov. 28-Dec. 1** **\$595\***  
Includes lunch at Flanigan's on way down, dinner at hotel upon arrival, 3 nights at Fairfield Inn (at trolley stop) with full breakfast each day. Also includes sunset cruise with live music/food/drinks and lunch at Quarterdeck on way home. (Optional outing to La-Te-Da, \$32.25 w/2-drink min.). \* Based on double occupancy; single rate is \$847. \$100 deposit due NOW, with full payment by Oct. 1.

**\* \* \* Trip cost includes round-trip motorcoach, taxes & driver gratuity. \* \* \***  
**Pick-up at Titusville Home Depot (minimum 15 people for pick-up)**

## INTERNATIONAL TRAVEL (Prices do NOT include international airfare.)

**Kenya Wildlife Photo Safari** **Wed-Sat, Sep 29-Oct 9, 2021** **\$9,490**  
Join photographer Joe Marino on this amazing adventure. There are 6 spots available – call today for more information.

**Egypt & Sailing the Nile** **Thu-Mon, Oct 7-18, 2021** **\$1,799**  
Globus takes us from the Pyramids to the Valley of the Kings & Queens, to the Temple of Horus and so much more.

**Northern Italy & Cinque Terre** **Fri-Sun, May 6-15, 2022** **\$2,739**  
Fly into Milan — Tour Busseto, Parma, Lucca, Modena, Maranello — Do one week or stay on for the 2nd week and join us in Tuscany!

**Gourmet Tuscany** **Sun-Sun, May 15-22, 2022** **\$1,669**  
Fly into Montecatini and enjoy a relaxing week, staying at one resort and doing day trips to wineries and cooking classes and just enjoying the beauty of Tuscany.

90 percent of being married is yelling, "What?" from other rooms.

Meddle not in the affairs of dragons for you are crunchy and good with ketchup.