

909 Lane Ave
Titusville, FL 32780

Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

JULY 2021

Phone: 321-268-2333

Email: nbsc@cfl.rr.com

Website: <http://nbsc.website>

Editor: Cat Simkins

NORTH BREVARD SENIOR CENTER



We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>COST</u> <u>MEMBER/GUEST</u>	<u>CONTACT PERSON</u>	
MONDAY-FRIDAY				
Billiards	9AM-4PM	\$2/\$3	NBSC	(321) 268-2333
MONDAY				
Board of Directors Mtg. (2nd Mon)	10AM	N/A	Cat	(321) 231-1135
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Yvette	(321) 225-4872
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735
Tap & Jazz	11:15AM-12:45PM	\$3/\$4	Linda	(321) 383-0735
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Joanne	(321) 267-5923
Poker	6PM-9PM	\$2/\$3	Bill F.	(321) 544-1430
Bunco (2nd Mon)	6:30PM-9PM	\$4/\$5	Sharon	(321) 383-7927
TUESDAY				
Pinochle	10AM-2PM	\$2/\$3	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10:30AM-11:30AM	\$2/\$3	Natine	(321) 609-0999
Connie's Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5	Connie	(410) 598-3755
Party Bridge	12:30PM-3:30PM	\$2/\$3	Larry B.	(321) 631-8061
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Eleanor	(321) 267-8340
Tai Chi	1PM-2:30PM	\$3/\$5	Ada	(321) 848-4689
Computer/Phone Classes	By Appt. Only	\$3/\$4	Anne	(321) 544-9469
WEDNESDAY				
Hooks & Needles Knitting (1st Wed)	10AM-11:30PM	\$2/\$3	Anne	(321) 917-1108
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Fonda	(321) 298-2796
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735
Duplicate Bridge	12PM-3PM	\$2/\$3	Judy N.	(901) 336-1306
Line Dance Class - Beginners	4:30PM-5:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dance Class	5:30PM-6:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dancing Class	6:30PM-8:30PM	\$3/\$4	Barbara	(321) 452-1944
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Cat	(321) 231-1135
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 362-2359
FRIDAY				
Shuffleboard	10AM-12PM	\$2/\$3	Bill F.	(321) 544-1430
Tap & Jazz	10AM-11AM	\$2/\$3	Marsha	(321) 264-2776
Muscle Memory, Strength, Balance	10:30AM-11:30AM	\$2/\$3	Natine	(321) 609-0999
Theater Class	1PM-2:30PM	\$4/\$5	Mary P.	(321) 978-3057
Line Dance Social (4th Fri)	6PM-9PM	\$5	Yvette	(321) 225-4872
SUNDAY				
Intermed./Adv'd. Line Dance Class)	2PM-4PM	\$3/\$4	Ferrell	(321) 267-0195



**AARP is targeting September to restart their
Safe Driving Class for Seniors.**

We will let you know when the next class will be held.



\$5 ADULT ICE CREAM SOCIAL
SATURDAY, JULY 10
1 to 3 PM
(public welcome)

Bananas, strawberries, chocolate syrup, nuts & more!

Games & gift card prizes **50/50 drawing**

Tickets on sale until July 6th —
See Ops Mgr. to buy yours!



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*Standard Promise program. Excludes assisted living community. Not applicable for month or other short-term stays. Additions and deletions may apply. Please contact us directly for additional details. Valid where you lived.



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ANNIVERSARY PARTY? REUNION?
BIRTHDAY PARTY? BABY SHOWER?
OUR CENTER HAS SPACE AVAILABLE AT
VERY REASONABLE RATES — AS LOW AS
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OVERSIZED RENTAL AREA



ALCOVE AREA



SPACIOUS KITCHEN



FULLY EQUIPPED KITCHEN



SAMPLE—DECORATED AREA



SAMPLE—DECORATED AREA





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on 1st Thursday to No One Hungry Senior Pantry and get a free Speedy game paper!

Only \$8 to play 16 regular games
(7 hard cards).
Additional hard cards \$1 each.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payout

ATTENTION FIRST TIME PLAYERS!

Bring this ad & get FREE play of 7 Hard Cards all day!

Free hot coffee.
**BRING YOUR OWN
SNACKS & LUNCH.**



EXEC. COMMITTEE

PRESIDENT

Cat Simkins

1st VICE PRES.

Open

2nd VICE PRES.

Bill Farrell

TREASURER

Open

SECRETARY

Rachel Kusterer

BOARD MEMBERS

Anne Farrell

Linda Hollifield

Richard Long

Marian Lundeen

Cathie McMullin

Dan Williams

Rob Williams

Sandy Witt

EMERITUS MEMBERS

Gladys Amick

Terry Eisenberg

Doris McDowell

OPS MANAGER

Linda Trawle (acting)

No One Hungry, Inc.

Last year, more than 800,000 seniors in Florida had to choose between buying food or medications.

As you know, we've been soliciting food donations at Bingo each month for the Julia Street Seniors Pantry (aka No One Hungry, Inc. Pantry). The NBSC is now going to do more to help seniors in our community. Beginning September 8, we will be a "satellite" of the Julia Street facility. We will host a "Seniors" Food Pantry at the NBSC on the 2nd & 4th Wednesdays of each month from 10 to 11:30 AM.

A small bag of groceries will be distributed to those in need (no means test) and other food items (including Publix baked goods) will be available. For more info, call 321-567-4408.



PARTY BRIDGE

TUESDAYS

12:30 to 3:30 PM

\$2 members / \$3 guests

***Come play and have fun! Call Larry at
321-631-8061 for more info or to reserve a
seat at a table.***

Newsletter Boosters

2021



***Be a Booster
for only \$10/year.***

Joann Baxter
Dollie Boggs
Raymond Bray
Barbara Crotteau
Joanne Engelbeck
Anne Farrell
Bill Farrell
Susan Frank

Lorraine Harvey
Jim Kiener
Harold Klotzer
Jo Lessey
Anne Marie Martino
Linda Raab
Calvin Rogers



LINE DANCE SOCIAL ***(properly distanced, of course!)***

***FRIDAY, JULY 23
6-9 PM***

ONLY \$5 PERSON

***Yvette says come dance to all genres of music —
great for everyone, beginner to advanced!***

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**COLDWELL BANKER
COAST REALTY**



Cecil and Peggy Cornish

Peggy: 321-960-5970 pcornish@cfl.rr.com
Cecil: 321-960-5971 battc3@cfl.rr.com

2510 S. Washington Ave., Ate. 120 • Titusville, FL 32780

We have been your Titusville neighbor since 1978.



TD BANK & THE SENIOR CENTER

Customers who **open a new Convenience Checking account**, and tell TD that they are **members of the North Brevard Senior Center** can help themselves and the Center!

Just make at least \$500 in direct deposits within the first 60 days to automatically qualify for a **\$150 TD checking account bonus!**

Also the checking account is **FREE** if you maintain a daily balance of \$100 or more.

If you **open a savings or checking account and maintain it for one (1) year**, the **NBSC will receive a \$50 credit** to the Center's account. It's a "donation" from you towards the Center's being able to pay its bills without your having to do anything except conduct your banking business as usual.

**BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.**

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ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080

****PRICES BASED ON DOUBLE OCCUPANCY***

(ALL ABOUT YOU TRAVEL)

CRUISES

Southern Caribbean Cruise

Tues-Fri, Jan 4-14, 2022

\$1,454*

Sail from Ft. Lauderdale aboard Celebrity Silhouette to St. Maarten, St. Lucia, Barbados, Antigua and St. Kitts.

\$450 deposit due NOW.

* Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

Aruba Cruise

Tues-Fri, May 7-15, 2022

\$917*

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Aruba, Curacao, La Ramana (Dominican Republic) & the private island Labadee.

\$250 deposit due NOW.

Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

Bermuda Cruise

Tues-Fri, May 28-Jun 5, 2022

\$1,523*

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Nassau, Coco Cay and Bermuda.

\$250 deposit due NOW.

Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

Iceland/Greenland

Fri-Wed, Aug 19-31, 2022

\$2,485*

Sail from Reykjavik Iceland aboard Celebrity's Summit to Isafjordur and Akureyri, Iceland. Then go to Prins Christian Sund and Qaqortoq Greenland, St. Johns Newfoundland, Halifax Nova Scotia and end in Boston.

\$450 deposit due June 1, 2021.

Rate includes gov't. taxes & port charges and is based on Oceanview Stateroom, double occupancy.

Panama Canal Transit

Sun-Sun, Dec 4-18, 2022

\$2,617*

Sail the Norwegian Joy from Port Canaveral to LA via Cartagena, Puerto Vallarta, Cabo San Lucas & more!

\$250 deposit due August 1, 2021.

Rate includes gov't. taxes & port charges and is based on a Balcony Stateroom, double occupancy.

Those wonderful Church Bulletins! Thank God for the church ladies with typewriters. These sentences actually appeared in church bulletins or were announced at church services:

- The Fasting & Prayer Conference includes meals.
- The sermon this morning: 'Jesus Walks on the Water'. The sermon tonight: 'Searching for Jesus'.
- Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.
- Don't let worry kill you off - let the Church help.
- Scouts are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

The Dental Clinic at the Cocoa campus of EFSC (1519 Clearlake Road) is in need of patients. The dental hygienist students clean your teeth for no more than \$30 and will do x-rays and a cleaning for no more than \$50.



It takes several appointments to get your teeth cleaned because the dentist instructors must check behind the students for each patient seen, so doing this requires a commitment to the students to ensure they can complete their work. Missed appointments could result in their failing their classes.

A new round of appointment times will open in August. Please call 321-433-7570 for more info or to schedule an appointment.



When you're over 50 and they say
just put a Band-Aid where
it hurts...



**If it's true that we're here to help others,
then just exactly what are the *others* here for?**



STOP FRAUD NOW!

Your best defense against fraud is YOU! Here are some helpful suggestions you can use to protect yourself:

Improve your password protection — Passwords should be 8 to 10 characters, preferably a combination of letters, numbers and a symbol. (For example, Grommet371&)

Protect your mail — Informed Delivery is a free USPS service. The post office will send you an email with images or a list of mail expected to be delivered to you each day.

Check your credit report — Go to AnnualCreditReport.com to sign up for a free report from all three major credit card reporting agencies (Equifax, Experian, & TransUnion).

Filter your phone calls — Don't recognize the number? Don't answer the phone. Those who do need to talk with you will leave a message and you can call them back.

There's always a PLUS in CarePlus! One big plus is choice – different Medicare Advantage plans for people with different needs, all from a Florida-based company with a 5 OUT OF 5 OVERALL STAR RATING FROM MEDICARE.



CareOne (HMO):

\$20 COPAY for specialist office visits

\$125 COPAY for hospital stay, days 1-5

No more than \$3,400 per year in out-of-pocket expenses

CareNeeds Plus (HMO SNP)*:

For people with both Medicare and Medicaid
\$0 COPAY for hospital

\$100 MONTHLY ALLOWANCE for covered over-the-counter products – that's up to \$1,200 per year!

\$0 COPAY for routine dental coverage, **PLUS** complete or partial dentures up to 1 set every 5 years

PLUS, ALL CAREPLUS PLANS FEATURE:

GYM MEMBERSHIP through the SilverSneakers® Fitness Program

A \$50 GIFT CARD PER YEAR for completing preventive screenings with our Rewards Program

Call to see if you may be eligible now to enroll in a Medicare Advantage plan offered by CarePlus

Call a licensed CarePlus sales agent at: 1-321-751-7645 (TTY: 711)

From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within 1 business day. Brevard and Indian River counties: CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. CareNeeds PLUS (HMO SNP) is sponsored by CarePlus Health Plans, Inc. and the State of Florida, Agency for Health Care Administration. *This plan is available to anyone receiving both Medicare and Medicaid-covered services: Qualified Medicare Beneficiaries (QMB+), Specified Low-Income Medicare Beneficiaries (SLMB+), and other Full Benefit Dual Eligibles (FBDE). In accordance with the federal requirements of the Centers for Medicare & Medicaid Services (CMS), no amounts on the gift cards shall be redeemable for cash and no amount may be applied toward the purchase of any prescription drug under your plan. Rewards (gift cards) must be earned and redeemed in the same plan year. Rewards not redeemed by 12/31 will be forfeited. Referrals may be required for certain specialists. Every year, Medicare evaluates plans based on a 5-star rating system. Discrimination is against the law. CarePlus Health Plans, Inc. ("CarePlus") complies with applicable Federal Civil Rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. See our website for more information. English: ATTENTION: If you do not speak English, language assistance services free of charge are available to you. Call 1-800-794-5907 (TTY: 711). Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-794-5907 (TTY: 711). Kreyòl Ayisyen (French-Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele 1-800-794-5907 (TTY: 711). H1019_MKDMFNPR151043090_M

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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080
(ALL ABOUT YOU TRAVEL)

COVID Procedures: Temperature checks prior to boarding, masks required to be worn on the bus at all times. If you have had a positive test or symptoms within 14 days of a trip you must provide a negative test result to board.

BUS DAY TRIPS

Tarpon Springs **Fall (date TBA)** **\$?**

We will start with a 45-minute boat tour on the Anclote River with a sponge-harvesting demonstration. Lunch at Mama's Greek Restaurant and time for Historic Waterfront shopping. Minimum of 35 people required.

Key West Holiday Trip **Sun-Wed, Nov. 28-Dec. 1** **\$595**

Includes lunch at Flanigan's on way down, dinner at hotel upon arrival, 3 nights at Fairfield Inn (at trolley stop) with full breakfast each day. Also includes sunset cruise with live music/food/drinks and lunch at Quarterdeck on way home. (Optional outing to La-Te-Da, \$32.25 w/2-drink min.). **\$100 deposit due by June 1.**

*** * * Trip cost includes round-trip motorcoach, taxes & driver gratuity. * * ***

Pick-up at Titusville Home Depot (minimum 15 people for pick-up)

INTERNATIONAL TRAVEL (Prices do NOT include international airfare.)

Kenya Wildlife Photo Safari **Wed-Sat, Sep 29-Oct 9, 2021** **\$9,490**

Join photographer Joe Marino on this amazing adventure. There are 6 spots available – call today for more information.

Egypt & Sailing the Nile **Thu-Mon, Oct 7-18, 2021** **\$1,799**

Globus takes us from the Pyramids to the Valley of the Kings & Queens, to the Temple of Horus and so much more.

Northern Italy & Cinque Terre **Fri-Sun, May 6-15, 2022** **\$2,739**

Fly into Milan — Tour Busseto, Parma, Lucca, Modena, Maranello — Do one week or stay on for the 2nd week and join us in Tuscany!

Gourmet Tuscany **Sun-Sun, May 15-22, 2022** **\$1,669**

Fly into Montecatini and enjoy a relaxing week, staying at one resort and doing day trips to wineries and cooking classes and just enjoying the beauty of Tuscany.