

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

APRIL 2021

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Cat Simkins

NORTH BREVARD SENIOR CENTER

Spring Follies



**SATURDAY, APRIL 17, 2021
6 PM**

(Doors Open @ 5:30 PM)

**\$10 PERSON
BYO Snacks**

***** BYOB *****

**FANTASTIC
LIVE
SHOW!**

**RAZZLE DAZZLE DANCERS PLUS ...
"TRIBUTE" SINGERS HONOR THE GREAT ROCK, COUNTRY & POP MUSIC
OF THE '50s & '60s**

**DESSERT @ INTERMISSION
(VILLAGE INN PIE & COFFEE!)**

**** TICKETS ON SALE UNTIL APRIL 13TH **
INFO/TICKETS: CALL 321-268-2333**

All proceeds benefit the No. Brevard Sr. Ctr., a 501(c)(3) non-profit.

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NBSC Activities — Guests welcome!

ACTIVITY	TIME	COST MEMBER/GUEST	CONTACT PERSON	
MONDAY-FRIDAY				
Billiards	9AM-4PM	\$2/\$3	NBSC	(321) 268-2333
MONDAY				
Board of Directors Mtg. (2nd Mon)	10AM	N/A	Cat	(321) 231-1135
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Yvette	(321) 225-4872
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735
Beginner Bridge Lessons	By Appt. Only	\$12 (4-week course)	Mary H.	(321) 607-2200
Tap & Jazz	11:15AM-12:45PM	\$3/\$4	Linda	(321) 383-0735
Mexican Train Dominoes (<i>Alatus til Mar.</i>)	1PM-3PM	\$2/\$3	Joanne	(321) 267-5923
Spanish Class (next session TBA)	2PM- 4PM	\$25 (5-week course)	NBSC	(321) 268-2333
Karaoke (<i>on hiatus</i>)	6PM- 8PM	\$2/\$3		
Poker	6PM-9PM	\$2/\$3	Bill F.	(321) 544-1430
Bunco (2nd Mon)	6:30PM-9PM	\$4/\$5	Sharon	(321) 383-7927
TUESDAY				
Pinochle	10AM-2PM	\$2/\$3	Rachel	(321) 537-5322
Muscle Memory, Strength, Balance	10:30AM-11:30AM	\$2/\$3	Natine	(321) 609-0999
Connie's Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5	Connie	(410) 598-3755
Mahjongg (<i>Alatus til Mar.</i>)	12:30PM-3:30PM	\$2/\$3	Andie	(321) 385-3595
Party Bridge	12:30PM-3:30PM	\$2/\$3	Larry B.	(321) 631-8061
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Eleanor	(321) 267-8340
Tai Chi	1PM-2:30PM	\$3/\$5	Ada	(321) 848-4689
Dinner & Movie (2nd Tues)	5PM	\$TBA	Debra	(321) 268-2333
Computer/Phone Classes	By Appt. Only	\$3/\$4	Anne	(321) 544-9469
WEDNESDAY				
Hooks & Needles Knitting (1st Wed)	10AM-11:30PM	\$2/\$3	Anne	(321) 917-1108
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Fonda	(321) 298-2796
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735
ACBL Duplicate Bridge	12PM-3PM	\$2/\$3	Sue R.	(321) 501-8965
Line Dance Class - Beginners	4:30PM-5:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dance Class	5:30PM-6:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dancing Class	6:30PM-8:30PM	\$3/\$4	Barbara	(321) 452-1944
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Cat	(321) 231-1135
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 382-2359
FRIDAY				
Shuffleboard	10AM-12PM	\$2/\$3	Bill F.	(321) 544-1430
Tap & Jazz	10AM-11AM	\$2/\$3	Marsha	(321) 264-2776
Muscle Memory, Strength, Balance	10:30AM-11:30AM	\$2/\$3	Natine	(321) 609-0999
Drama for Seniors	1:30PM-3:30PM	\$4/\$5	Janina	(321) 567-5210
Line Dance Social (4th Fri)	6PM-9PM	\$5	Yvette	(321) 225-4872
SUNDAY				
Intermed./Adv'd. Line Dance Class)	2PM-4PM	\$3/\$4	Ferrell	(321) 267-0195



AARP is targeting September to restart their Safe Driving Class for Seniors.

This timeline is predicated on the COVID-19 situation.

We will let you know when the next class will be held.

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DINNER & MOVIE

TUESDAY, APRIL 13

\$6 PERSON

(Doors open at 4:45 PM)

(Sign up @ Reception Desk by April 9)

"ST. VINCENT" (2014— Comedy rated PG-13)

MENU: Grilled Chicken, Seasoned Rice, Asparagus & Dessert

(DINE IN ONLY, SORRY, NO TAKEOUT)

CAST: Bill Murray, Melissa McCarthy, Naomi Watts

Maggie, a struggling single mom, moves to Brooklyn with her 12-year-old son, Oliver. Having to work very long hours, she has no choice but to leave Oliver in the care of her next door neighbor Vincent (Bill Murray). Vincent takes Oliver along on his trips to the race track and elsewhere, and an unlikely friendship is born. Classic Bill Murray heartwarming comedy.

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RENTALS**

**PLANNING A WEDDING? REHEARSAL DINNER?
ANNIVERSARY PARTY? REUNION?
BIRTHDAY PARTY? BABY SHOWER?
OUR CENTER HAS SPACE AVAILABLE AT
VERY REASONABLE RATES — AS LOW AS
ONLY \$50 FOR 2 HOURS!**

OVERSIZED RENTAL AREA



ALCOVE AREA



SPACIOUS KITCHEN



FULLY EQUIPPED KITCHEN



SAMPLE—DECORATED AREA



SAMPLE—DECORATED AREA



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Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on 1st Thursday to St. Gabriel's Food Pantry and get a free Speedy game paper!

Only \$8 to play 16 regular games (7 hard cards).
Additional hard cards \$1 each.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payout

ATTENTION FIRST TIME PLAYERS!
Bring this ad & get FREE play of 7 Hard Cards all day!

Free hot coffee.
**BRING YOUR OWN
SNACKS & LUNCH.**



EXEC. COMMITTEE

PRESIDENT
Cat Simkins
1st VICE PRES.
Open
2nd VICE PRES.
Bill Farrell
TREASURER
Open
SECRETARY
Rachel Kusterer

BOARD MEMBERS

Anne Farrell
Linda Hollifield
Richard Long
Marian Lundeen
Sandy Witt

EMERITUS MEMBERS

Gladys Amick
Terry Eisenberg
Doris McDowell
Joe Mangino

OPS MANAGER
Debra Easterling



PINOCHLE
Tuesdays
10 AM

Yes, Pinochle is back!
We'd love to have you join us
and have fun...

Forget about the troubles of the
world and just play cards!



Our
Decorating
Committee

We need help decorating our
Center for holidays and we
need help to make special
events look really special!
Call Debra 321-268-2333.

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SENIOR FITNESS CLASSES MONDAYS & WEDNESDAYS

10—11 AM

\$2 members / \$3 non-members

Linda leads you through a series of low-impact exercises — your body will love you for it!

Newsletter Boosters

2021



*Be a Booster
for only \$10/year.*

Dollie Boggs	Susan Frank
Raymond Bray	Lorraine Harvey
Barbara Crotteau	Jim Kiener
Joanne Engelbeck	Harold Klotzer
Anne Farrell	Jo Lessey
Bill Farrell	Linda Raab



LINE DANCE SOCIAL (properly distanced, of course!)

**FRIDAY, APRIL 23
6-9 PM**

ONLY \$5 PERSON

*Yvette says come dance
to all genres of music —
great for everyone,
beginner to advanced!*

**AVAILABLE FOR
A LIMITED TIME!
ADVERTISE HERE NOW!**

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POKER

MONDAY NIGHTS 6-9 PM

Dealer's Choice

\$2 member / \$3 non-member

NEW RULES — If a "newbie" comes to play and is unfamiliar with some of the games (e.g., Spank the Baby), the table will play one entire round of the game so new players can more easily learn.

CHIPS — Bag of 40 for only \$4 (cash in at end of play)



After 35 years of marriage, a husband and wife went to see a therapist. When asked what the problem was, the wife went into a tirade listing every problem they had ever had in the years they had been married.

On and on and on: neglect, lack of intimacy, emptiness, loneliness, feeling unloved and unlovable, an entire laundry list of unmet needs she had endured.

Finally, when the wife paused to take a breath, the therapist got up, walked around the desk and, after asking the wife to stand, he embraced and kissed her long and passionately as her husband watched - with a raised eyebrow. The woman shut up and quietly sat down as though in a daze.

The therapist turned to the husband and said, "This is what your wife needs at least 3 times a week. Can you do this?"

"Well, I can drop her off here on Mondays and Wednesdays, but on Fridays, I fish."

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ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080

(ALL ABOUT YOU TRAVEL)

CRUISES

Royal Caribbean to Alaska

Fri to Fri, Jul 9-16, 2021

\$1,128*

Sail from Seattle aboard Ovation of the Seas. Itinerary includes Inside Passage, Juneau, Skagway, Endicott Arm, Dawes Glacier & Victoria B.C. **\$250 deposit due NOW.**

* Rate includes gov't. taxes & port charges and is based on Virtual Interior Stateroom, double occupancy

Southern Caribbean Cruise

Tues-Fri, Jan 4-14, 2022

\$1,454*

Sail from Ft. Lauderdale aboard Celebrity Silhouette to St. Maarten, St. Lucia, Barbados, Antigua and St. Kitts. **\$450 deposit due NOW.**

* Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

***NEW* Aruba Cruise**

Tues-Fri, May 7-15, 2022

\$917*

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Aruba, Curacao, La Ramana (Dominican Republic) & the private island Labadee.

\$250 deposit due NOW.

Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

***NEW* Bermuda Cruise**

Tues-Fri, May 28-Jun 5, 2022

\$1,523*

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Nassau, Coco Cay and Bermuda.

\$250 deposit due NOW.

Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

***NEW* Iceland/Greenland**

Fri-Wed, Aug 19-31, 2022

\$2,485*

Sail from Reykjavik Iceland aboard Celebrity's Summit to Isafjordur and Akureyri, Iceland. Then go to Prins Christian Sund and Qaqortoq Greenland, St. Johns Newfoundland, Halifax Nova Scotia and end in Boston.

\$450 deposit due June 1, 2021.

* Rate includes gov't. taxes & port charges and is based on Oceanview Stateroom, double occupancy.

I hate when cashiers feel the need to check if my money is real. If I could make counterfeit money I wouldn't be at the Dollar Tree, Karen.



I may not have lost all of my marbles just yet. But there is definitely a small hole in the bag somewhere.



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YARD SALE

SATURDAY, MAY 22, 2021
8 AM – 12 NOON

NORTH BREVARD SENIOR CENTER
909 LANE AVE. (OFF RT. 405/SOUTH ST.)

Vendors get one (1) 8-foot table & 2 folding chairs for \$10
(Rent 2 tables @ \$10 each and get 3rd table FREE.)

No refunds will be given on registration fees.

Doors open at 7 AM for setup (no exceptions).

Once unloaded, vendor vehicles must park on the north and east sides of the Sr. Ctr. building so that main (south) parking lot is available for event guests.

Vendors must remove all unsold items, clean up, and vacate their spaces no later than 1 PM.

FOR INFO, CALL: 321-268-2333 or 321-231-1135

REGISTRATION

Name: _____

Address: _____

Phone: _____

Special Req'ts. (e.g., electric): _____

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For the week ahead:

May you practice patience, forgiveness, or failing that, silence. May you ignore nonsense and provocation. May your coffee, your resolve, and your wife be strong, and may you face your challenges with humor, grace and chocolate when necessary. And always, may you notice the small moments of beauty.



-Nana Hoffman-

WHEN YOU FIND
PEOPLE WHO NOT
ONLY TOLERATE YOUR
QUIRKS BUT
CELEBRATE THEM WITH
CRIES OF "ME TOO!"
BE SURE TO CHERISH
THEM. BECAUSE
THOSE WEIRDOS ARE
YOUR TRIBE.



There's always a PLUS in CarePlus! One big plus is choice – different Medicare Advantage plans for people with different needs, all from a Florida-based company with a 5 OUT OF 5 OVERALL STAR RATING FROM MEDICARE.



CareOne (HMO):

\$20 COPAY for specialist office visits

\$125 COPAY for hospital stay, days 1-5

No more than \$3,400 per year in out-of-pocket expenses

CareNeeds Plus (HMO SNP)*:

For people with both Medicare and Medicaid

\$0 COPAY for hospital

\$100 MONTHLY ALLOWANCE for covered over-the-counter products – that's up to \$1,200 per year!

\$0 COPAY for routine dental coverage, PLUS complete or partial dentures up to 1 set every 5 years

PLUS, ALL CAREPLUS PLANS FEATURE:

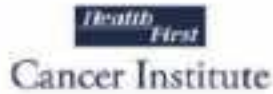
GYM MEMBERSHIP through the SilverSneakers® Fitness Program

A \$50 GIFT CARD PER YEAR for completing preventive screenings with our Rewards Program

Call to see if you may be eligible now to enroll in a Medicare Advantage plan offered by CarePlus

Call a licensed CarePlus sales agent at: **1-321-751-7645 (TTY: 711)**

From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 6 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within 1 business day. Brevard and Indian River counties. CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. CareNeeds PLUS (HMO SNP) is sponsored by CarePlus Health Plans, Inc. and the State of Florida, Agency for Health Care Administration. *This plan is available to anyone receiving both Medicare and Medicaid-covered services: Qualified Medicare Beneficiaries (QMB+), Specified Low-Income Medicare Beneficiaries (SLMB+), and other Full Benefit Dual Eligibles (FBDE). In accordance with the federal requirements of the Centers for Medicare & Medicaid Services (CMS), no amounts on the gift cards shall be redeemable for cash and no amount may be applied toward the purchase of any prescription drug under your plan. Rewards (gift cards) must be earned and redeemed in the same plan year. Rewards not redeemed by 12/31 will be forfeited. Referrals may be required for certain specialists. Every year, Medicare evaluates plans based on a 5-star rating system. Discrimination is against the law. CarePlus Health Plans, Inc. ("CarePlus") complies with applicable Federal Civil Rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. See our website for more information. English: ATTENTION: If you do not speak English, language assistance services free of charge are available to you. Call 1-800-794-5907 (TTY: 711). Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-794-5907 (TTY: 711). Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale



"If my doctor would've said, 'Let's just watch and see what happens,' I would be in big trouble. He really saved me."

Kate
Breast Cancer Survivor



Providing High-Quality Cancer Care to the People of Brevard County

As your local healthcare system, Health First is here for you and your family. For more than 30 years, we have provided high-quality oncology care to the people of Brevard County. We know how important it is to have easy access to oncology services, close to home. That is why we have multiple locations for your convenience.

Our oncology services and technology include:

- State-of-the-art Radiation Therapy
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- Intensity Modulated Radiation Therapy (IMRT)
- Image-Guided Radiation Therapy (IGRT)
- 3D Conformal Radiation Therapy (CRT)
- Linear Accelerator with Electron Capability (LINAC)
- Stereotactic Radiosurgery (SRS)
- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

Visit [HF.org/cancer](https://www.healthfirst.org/cancer) to learn more.

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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080

(ALL ABOUT YOU TRAVEL)

COVID Procedures: Temperature checks prior to boarding, masks required to be worn on the bus at all times. If you have had a positive test or symptoms within 14 days of a trip you must provide a negative test result to board.

BUS DAY TRIPS

Tarpon Springs

Mid-April (date TBA)

\$?

We will start with a 45-minute boat tour on the Anclote River with a sponge-harvesting demonstration. Lunch at Mama's Greek Restaurant and time for Historic Waterfront shopping. Minimum of 35 people required.

*** * * Trip cost includes round-trip motorcoach, taxes & driver gratuity. * * ***

Pick-up at Titusville Home Depot (minimum 15 people for pick-up)

INTERNATIONAL TRAVEL

No. Italy & Gourmet Tuscany

Fri-Sun, May 21—Jun 6, 2021

\$4,278*

Explore northern Italy and Cinque Terre. Spend the last week in a villa in Tuscany with day trips to different areas. *Price is land only.

Glacier Nat'l Park & Canadian Rockies

Sat-Sun, July 17-25, 2021

\$2,942*

We are traveling North America for those of you who prefer to stay closer to home. See some of the most beautiful places in North America. If it didn't snow in Montana, I'd live there but, since it does, we'll go in July and see snow-capped mountains. Price based on double occupancy. Single rate \$3,946.

*Price does NOT include airfare.

Kenya Wildlife Photo Safari

Wed-Sat, Sep 29-Oct 9, 2021

\$???

Join photographer Joe Marino on this amazing adventure. There are 6 spots available – call today for more info. Call for pricing info.

Egypt & Sailing the Nile

Thu-Mon, Oct 7-18, 2021

\$???

Globus takes us from the Pyramids to the Valley of the Kings & Queens, to the Temple of Horus and so much more. Call for pricing info.

Burning Questions:

Why do they say something is out of whack? What the heck is a whack?

Why do croutons come in airtight packages? Aren't they just stale bread to begin with?

What hair color do they put on the driver's licenses of bald men?

