

909 Lane Ave  
Titusville, FL 32780

Hours: Mon-Thur 9am-4pm  
Fri 9am to 1pm

**MARCH 2021**

Phone: 321-268-2333

Email: [nbsc@cfl.rr.com](mailto:nbsc@cfl.rr.com)

Website: <http://nbsc.website>

Editor: Cat Simkins

## ***NORTH BREVARD SENIOR CENTER***

# **Island Party & Silent Auction**

**SATURDAY, MARCH 13 @ 3-6 PM**  
**FREE**

Featuring the fabulous sounds of  
**Tim Reynolds on the Steel Drum!**  
(Great tropical & other genres of music, too!)



### **Silent Auction\***

Items from designer purses to everyday serving pieces —  
something for everyone's budget & interests —  
so be sure to bring \$\$\$ or your checkbook.  
(Sorry, credit cards not accepted)



### **50/50 Drawing**

*\*List of items to be auctioned available 1 week before the event.  
Check website [www.nbsc.com](http://www.nbsc.com) or email [nbsc@cfl.rr.com](mailto:nbsc@cfl.rr.com).*

*All proceeds benefit the No. Brevard Sr. Ctr., a 501(3)(c) non-profit.*

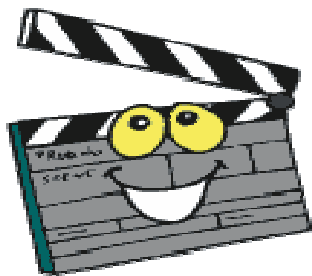
# NBSC Activities — Guests welcome!

| <u>ACTIVITY</u>                                   | <u>TIME</u>     | <u>COST</u><br><u>MEMBER/GUEST</u> | <u>CONTACT PERSON</u>   |
|---------------------------------------------------|-----------------|------------------------------------|-------------------------|
| <b>MONDAY-FRIDAY</b>                              |                 |                                    |                         |
| Billiards                                         | 9AM-4PM         | \$2/\$3                            | NBSC (321) 268-2333     |
| <b>MONDAY</b>                                     |                 |                                    |                         |
| Board of Directors Mtg. (2nd Mon)                 | 10AM            | N/A                                | Cat (321) 231-1135      |
| No. Brevard Line Dance                            | 10AM-12:30PM    | \$3/\$4                            | Yvette (321) 225-4872   |
| Senior Fitness                                    | 10AM-11AM       | \$3/\$4                            | Linda (321) 383-0735    |
| Beginner Bridge Lessons                           | By Appt. Only   | \$12 (4-week course)               | Mary H. (321) 607-2200  |
| Tap & Jazz                                        | 11:15AM-12:45PM | \$3/\$4                            | Linda (321) 383-0735    |
| Mexican Train Dominoes ( <i>hiatus til Mar.</i> ) | 1PM-3PM         | \$2/\$3                            | Joanne (321) 267-5923   |
| Spanish Class (next session TBA)                  | 2PM– 4PM        | \$25 (5-week course)               | NBSC (321) 268-2333     |
| Karaoke ( <i>on hiatus</i> )                      | 6PM– 8PM        | \$2/\$3                            |                         |
| Poker                                             | 6PM-9PM         | \$2/\$3                            | Bill F. (321) 544-1430  |
| Bunco (2nd Mon)                                   | 6:30PM-9PM      | \$4/\$5                            | Sharon (321) 383-7927   |
| <b>TUESDAY</b>                                    |                 |                                    |                         |
| Pinochle                                          | 10AM-2PM        | \$2/\$3                            | Sharon (321) 383-7927   |
| Muscle Memory, Strength, Balance                  | 10:30AM-11:30AM | \$2/\$3                            | Natine (321) 609-0999   |
| Connie's Card Making (2nd Tues)                   | 11:30AM-12:30PM | \$4/\$5                            | Connie (410) 598-3755   |
| Mahjongg ( <i>hiatus til Mar.</i> )               | 12:30PM-3:30PM  | \$2/\$3                            | Andie (321) 385-3595    |
| Party Bridge                                      | 12:30PM-3:30PM  | \$2/\$3                            | Larry B. (321) 631-8061 |
| Darling Damsels Bridge                            | 1PM-3:30PM      | \$2/\$3                            | Eleanor (321) 267-8340  |
| Tai Chi                                           | 1PM-2:30PM      | \$3/\$5                            | Ada (321) 848-4689      |
| Dinner & Movie (2nd Tues)                         | 5PM             | \$TBA                              | Debra (321) 268-2333    |
| Computer Classes                                  | By Appt. Only   | \$3/\$4                            | Anne (321) 544-9469     |
| <b>WEDNESDAY</b>                                  |                 |                                    |                         |
| Hooks & Needles Knitting (1st Wed)                | 10AM-11:30PM    | \$2/\$3                            | Anne (321) 917-1108     |
| Hurricane Rug Hooking (2nd&4th Wed.)              | 10AM-2PM        | \$2/\$3                            | Fonda (321) 298-2796    |
| Senior Fitness                                    | 10AM-11AM       | \$3/\$4                            | Linda (321) 383-0735    |
| ACBL Duplicate Bridge                             | 12PM-3PM        | \$2/\$3                            | Sue R. (321) 501-8965   |
| Line Dance Class - Beginners                      | 4:30PM-5:30PM   | \$3/\$4                            | Ferrell (321) 267-0195  |
| Line Dance Class                                  | 5:30PM-6:30PM   | \$3/\$4                            | Ferrell (321) 267-0195  |
| Line Dancing Class                                | 6:30PM-8:30PM   | \$3/\$4                            | Barbara (321) 452-1944  |
| <b>THURSDAY</b>                                   |                 |                                    |                         |
| Bingo (Play begins at 10AM)                       | 9AM-2:30PM      | Varies (#of cards played)          | Cat (321) 231-1135      |
| Singles Club Planning Mtg (1st Thurs)             | 4PM             | Call Jean for location             | Jean (321) 362-2359     |
| <b>FRIDAY</b>                                     |                 |                                    |                         |
| Shuffleboard                                      | 10AM-12PM       | \$2/\$3                            | Bill F. (321) 544-1430  |
| Tap & Jazz                                        | 10AM-11AM       | \$2/\$3                            | Marsha (321) 264-2776   |
| Muscle Memory, Strength, Balance                  | 10:30AM-11:30AM | \$2/\$3                            | Natine (321) 609-0999   |
| Drama for Seniors                                 | 1:30PM-3:30PM   | \$4/\$5                            | Janina (321) 567-5210   |
| Line Dance Social (4th Fri)                       | 6PM-9PM         | \$5                                | Yvette (321) 225-4872   |
| <b>SUNDAY</b>                                     |                 |                                    |                         |
| Intermed./Adv'd. Line Dance Class)                | 2PM-4PM         | \$3/\$4                            | Ferrell (321) 267-0195  |



**Daylight Saving Time begins Sunday, March 14.**

**Don't forget to turn clocks ahead 1 hour.**



## DINNER & MOVIE

TUESDAY, MARCH 9

**\$5 PERSON**

*(Doors open at 4:45 PM)*

*(Sign up @ Reception Desk by March 5)*

**"PURE LUCK"** (1991— Comedy rated PG)

MENU: Corned beef & cabbage, Cake

CAST: Martin Short, Danny Glover



Valerie, the daughter of a wealthy businessman, disappears in Mexico. She always has bad luck so this isn't a surprise. Veteran investigator Raymond is hired to find her, and company accountant Proctor is selected to search with Raymond. How's Proctor's luck? What could go wrong?

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➤ Reach the Senior Market

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CONTACT

Karen Fontaine to place an ad today!  
[kfontaine@lpiseniors.com](mailto:kfontaine@lpiseniors.com) or (800) 477-4574 x6350



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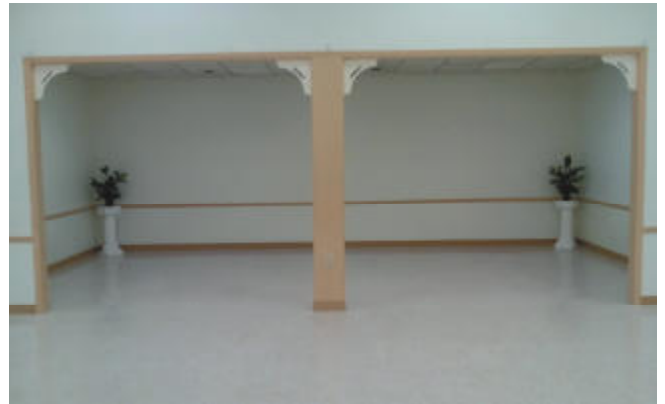


**PLANNING A WEDDING? REHEARSAL DINNER?  
ANNIVERSARY PARTY? REUNION?  
BIRTHDAY PARTY? BABY SHOWER?  
OUR CENTER HAS SPACE AVAILABLE AT  
VERY REASONABLE RATES — AS LOW AS  
ONLY \$50 FOR 2 HOURS!**

**OVERSIZED RENTAL AREA**



**ALCOVE AREA**



**SPACIOUS KITCHEN**



**FULLY EQUIPPED KITCHEN**



**SAMPLE—DECORATED AREA**



**SAMPLE—DECORATED AREA**







**Thursdays @ 10AM**  
(Doors open @ 9 AM)

**\* Smoke Free Environment \***

Bring in a canned or boxed food item for donation on 1st Thursday to St. Gabriel's Food Pantry and get a free Speedy game paper!

**Only \$8 to play 16 regular games**

**ATTENTION FIRST TIME**

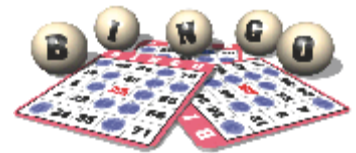
**PLAYERS!**

(7 hard cards).  
Additional hard cards \$1 each.

**Specials only \$1 per sheet**  
6 cards per sheet  
Special paper games payout

Bring this ad & get FREE play of 7 Hard Cards all day!

**Free hot coffee.**  
**BRING YOUR OWN**  
**SNACKS & LUNCH.**



EXEC. COMMITTEE

PRESIDENT  
Cat Simkins  
1st VICE PRES.  
Open  
2nd VICE PRES.  
Bill Farrell  
TREASURER  
Open  
SECRETARY  
Rachel Kusterer

BOARD MEMBERS

Armand DeFilippo  
Anne Farrell  
Linda Hollifield  
Richard Long  
Marian Lundeen  
Sandy Witt

EMERITUS MEMBERS

Gladys Amick  
Terry Eisenberg  
Doris McDowell  
Joe Mangino

OPS MANAGER  
Debra Easterling

*(BASKET SHOWN FOR ILLUSTRATIVE PURPOSES ONLY)*

**BREAD BASKET CLASS**

*No experience necessary*

**March 15**

**10 to 2pm**



Cost \$20 — includes all materials.

Using basketry reed, we will create a 10-12" bread basket. We will be twining and making a scalloped rim.

Participants are asked to bring a sack lunch and an old towel.

Please register/pay at Reception Desk no later than Thursday, March 11.

## FERREL'S LINE DANCE CLASS

Sundays at 2-4 PM

\*\*\* *Intermediate & Advanced Class* \*\*\*

*\$3 members / \$4 guests*

*Call Ferrel at 321-267-0195 for more info.*

## Newsletter Boosters

2021



*Be a Booster  
for only \$10/year.*

Dollie Boggs  
Raymond Bray  
Barbara Crotteau  
Joanne Engelbeck  
Anne Farrell  
Bill Farrell

Susan Frank  
Lorraine Harvey  
Jim Kiener  
Harold Klotzer  
Jo Lessey  
Linda Raab



## LINE DANCE SOCIAL

*(properly distanced, of course!)*

**FRIDAY, MAR. 26**  
**6-9 PM**

**ONLY \$5 PERSON**

*Yvette says come dance  
to all genres of music —  
great for everyone,  
beginner to advanced!*

SUPPORT THE **ADVERTISERS**  
THAT SUPPORT OUR COMMUNITY





# POKER

**MONDAY NIGHTS 6-9 PM**

**Dealer's Choice**

**\$2 member / \$3 non-member**

**NEW RULES** — If a "newbie" comes to play and is unfamiliar with some of the games (e.g., Spank the Baby), the table will play one entire round of the game so new players can more easily learn.



**CHIPS** — Bag of 40 for only \$4 (cash in at end of play)

**SOMETIMES THINGS FALL APART  
SO BETTER THINGS CAN COME TOGETHER.**

~ Marilyn Monroe

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addingtonplaceoftitusville.com

**ALL TRIPS OPEN TO THE PUBLIC**

**MORE INFO? Call 321-631-8080**

**(ALL ABOUT YOU TRAVEL)**

## **CRUISES**

### **Royal Caribbean to Alaska**

**Fri to Fri, Jul 9-16, 2021**

**\$1,128\***

Sail from Seattle aboard Ovation of the Seas. Itinerary includes Inside Passage, Juneau, Skagway, Endicott Arm, Dawes Glacier & Victoria B.C. **\$250 deposit due March 1, 2021.**

\* Rate includes gov't. taxes & port charges and is based on Virtual Interior Stateroom, double occupancy

### **Southern Caribbean Cruise**

**Tues-Fri, Jan 4-14, 2022**

**\$1,454\***

Sail from Ft. Lauderdale aboard Celebrity Silhouette to St. Maarten, St. Lucia, Barbados, Antigua and St. Kitts. **\$450 deposit due March 1, 2021.**

\* Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

### **\*NEW\* Aruba Cruise**

**Tues-Fri, May 7-15, 2022**

**\$917\***

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Aruba, Curacao, La Ramana (Dominican Republic) & the private island Labadee.

**\$250 deposit due March 1, 2021.**

♦ Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

### **\*NEW\* Bermuda Cruise**

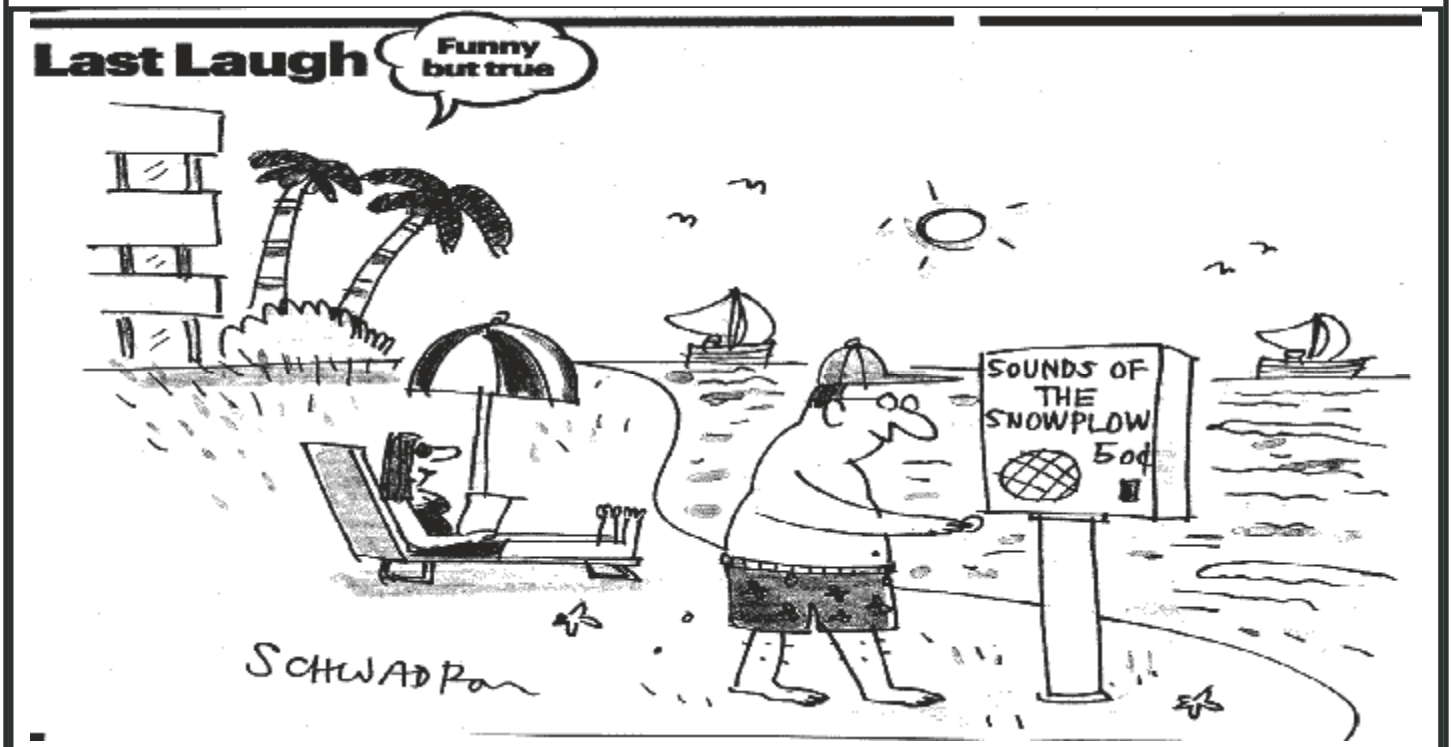
**Tues-Fri, May 28-Jun 5, 2022**

**\$1,523\***

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Nassau, Coco Cay and Bermuda.

**\$250 deposit due March 1, 2021.**

Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.







**SOME ANGRY GUY WITH ROAD RAGE JUST YELLED OUT HIS WINDOW, "I'M GONNA MAKE YOUR LIFE A LIVING HELL!"**

**I YELLED BACK, "THANKS, BUT I'M NOT LOOKING FOR A RELATIONSHIP RIGHT NOW."**

The moment you realize you can speak 14 languages. 😂



COFFEE IN HAND, SUPPLIES AT THE READY, ALICE SETTLES IN, WAITING FOR THE FIRST TELEMARKETER TO CALL.

*An elderly farmer had an old bull that had lost its usual desire and no longer went near the cows. The farmer called the vet who prescribed a pill to stimulate the bull's interest.*

*A few weeks later, the farmer ran into a friend who asked, "How's that bull doing?"*

*"Great!" replied the farmer. "The bull is back to his former frisky self."*

*"That's fantastic," said the friend. "What miracle drug did the vet prescribe?"*

*"I don't know," said the farmer, "but it tastes like licorice."*



**You drop something  
when you were younger,  
you just pick it up.**

**When you're older and  
you drop something, you  
stare at it for a bit  
contemplating if you  
actually need it  
anymore.**



**There's always a PLUS in CarePlus! One big plus is choice – different Medicare Advantage plans for people with different needs, all from a Florida-based company with a 5 OUT OF 5 OVERALL STAR RATING FROM MEDICARE.**



**CareOne (HMO):**

**\$20 COPAY** for specialist office visits

**\$125 COPAY** for hospital stay, days 1-5

**No more than \$3,400 per year** in out-of-pocket expenses

**CareNeeds Plus (HMO SNP)\*:**

For people with both Medicare and Medicaid

**\$0 COPAY** for hospital

**\$100 MONTHLY ALLOWANCE** for covered over-the-counter products – **that's up to \$1,200 per year!**

**\$0 COPAY** for routine dental coverage, **PLUS complete or partial dentures up to 1 set every 5 years**

**PLUS, ALL CAREPLUS PLANS FEATURE:**

**GYM MEMBERSHIP** through the **SilverSneakers®** Fitness Program

**A \$50 GIFT CARD PER YEAR** for completing preventive screenings with our **Rewards Program**

**Call to see if you may be eligible now to enroll in a Medicare Advantage plan offered by CarePlus**

**Call a licensed CarePlus sales agent at: 1-321-751-7645 (TTY: 711)**

From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within 1 business day. Brevard and Indian River counties. CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. CareNeeds PLUS (HMO SNP) is sponsored by CarePlus Health Plans, Inc. and the State of Florida, Agency for Health Care Administration. \*This plan is available to anyone receiving both Medicare and Medicaid-covered services: Qualified Medicare Beneficiaries (QMB+), Specified Low-Income Medicare Beneficiaries (SLMB+), and other Full Benefit Dual Eligibles (FBDE). In accordance with the federal requirements of the Centers for Medicare & Medicaid Services (CMS), no amounts on the gift cards shall be redeemable for cash and no amount may be applied toward the purchase of any prescription drug under your plan. Rewards (gift cards) must be earned and redeemed in the same plan year. Rewards not redeemed by 12/31 will be forfeited. Referrals may be required for certain specialists. Every year, Medicare evaluates plans based on a 5-star rating system. Discrimination is against the law. CarePlus Health Plans, Inc. ("CarePlus") complies with applicable Federal Civil Rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. See our website for more information. English: ATTENTION: If you do not speak English, language assistance services free of charge are available to you. Call 1-800-794-5907 (TTY: 711). Español (Spanish): ATENCION: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-794-5907 (TTY: 711). Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele 1-800-794-5907 (TTY: 711).

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*"If my doctor would've said, 'Let's just watch and see what happens,' I would be in big trouble. He really saved me."*

**Kate**

Breast Cancer Survivor



## Providing High-Quality Cancer Care to the People of Brevard County

As your local healthcare system, Health First is here for you and your family. For more than 30 years, we have provided high-quality oncology care to the people of Brevard County. We know how important it is to have easy access to oncology services, close to home. That is why we have multiple locations for your convenience.

### Our oncology services and technology include:

- State-of-the-art Radiation Therapy
- Full Infusion Suite/Chemotherapy Services and Laboratory Services
- Intensity Modulated Radiation Therapy (IMRT)
- Image-Guided Radiation Therapy (IGRT)
- 3D Conformal Radiation Therapy (CRT)
- Linear Accelerator with Electron Capability (LINAC)
- Stereotactic Radiosurgery (SRS)
- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

Visit [HF.org/cancer](https://www.healthfirst.org/cancer) to learn more.



# TRIPS AND TOURS

**ALL TRIPS OPEN TO THE PUBLIC**

**MORE INFO? Call 321-631-8080**

**(ALL ABOUT YOU TRAVEL)**

**New COVID Procedures: Temperature checks prior to boarding, masks required to be worn on the bus at all times. If you have had a positive test or symptoms within 14 days of a trip you must provide a negative test result to board.**

## **BUS DAY TRIPS**

### **\*NEW\* Leu Gardens**

**Wed, Mar 3**

**\$89**

Dinosaurs have invaded these famous Orlando gardens! We'll explore these lush gardens and museum in a docent-led tour. Lunch on the way home is included.

### **Tarpon Springs**

**Mid-April (date TBA)**

**\$?**

We will start with a 45-minute boat tour on the Anclote River with a sponge-harvesting demonstration. Lunch at Mama's Greek Restaurant and time for Historic Waterfront shopping. Minimum of 35 people required.

**\* \* \* Trip cost includes round-trip motorcoach, taxes & driver gratuity. \* \* \***

**Pick-up at Titusville Home Depot (minimum 15 people for pick-up)**

## **INTERNATIONAL TRAVEL**

### **No. Italy & Gourmet Tuscany**

**Fri-Sun, May 21—Jun 6, 2021**

**\$4,278\***

Explore northern Italy and Cinque Terre. Spend the last week in a villa in Tuscany with day trips to different areas. \*Price is land only.

### **Glacier Nat'l Park & Canadian Rockies**

**Sat-Sun, July 17-25, 2021**

**\$2,942\***

We are traveling North America for those of you who prefer to stay closer to home. See some of the most beautiful places in North America. If it didn't snow in Montana, I'd live there but, since it does, we'll go in July and see snow-capped mountains. Price based on double occupancy. Single rate \$3,946.

\*Price does NOT include airfare.

***NO, I CAN'T DO SNAPCHAT OR TIK-TOK BUT  
I CAN WRITE IN CURSIVE,  
DO MATH WITHOUT A CALCULATOR AND  
TELL TIME ON A CLOCK WITH HANDS.***