

909 Lane Ave
Titusville, FL 32780

Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

FEBRUARY 2021

Phone: 321-268-2333

Email: nbsc@cfl.rr.com

Website: <http://nbsc.website>

Editor: Cat Simkins

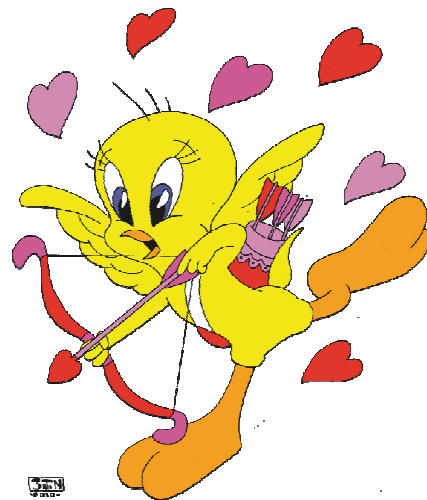
NORTH BREVARD SENIOR CENTER

VALENTINE'S PARTY

SATURDAY

FEB. 13 @ 7 to 9 PM
(doors open @ 6:30 PM)

\$7 person (BYOB)



Swing & sway (or simply listen) to
the fab sounds of **The Jazzy Boys**
(think 40s thru 60s great jazz)
as we celebrate.

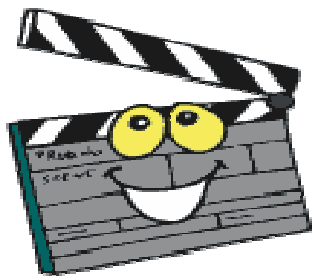
“Homemade” Pies for dessert
by Chef Kelly!

Tickets on sale @ Reception Desk
until Feb. 8

NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>COST</u> <u>MEMBER/GUEST</u>	<u>CONTACT PERSON</u>	
MONDAY-FRIDAY				
Billiards	9AM-4PM	\$2/\$3	NBSC	(321) 268-2333
MONDAY				
Board of Directors Mtg. (2nd Mon)	10AM	N/A	Cat	(321) 231-1135
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Yvette	(321) 225-4872
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735
Beginner Bridge Lessons	By Appt. Only	\$12 (4-week course)	Mary H.	(321) 607-2200
Tap & Jazz	11:15AM-12:45PM	\$3/\$4	Linda	(321) 383-0735
Mexican Train Dominoes (<i>hiatus til Mar.</i>)	1PM-3PM	\$2/\$3	Joanne	(321) 267-5923
Spanish Class (next session TBA)	2PM– 4PM	\$25 (5-week course)	NBSC	(321) 268-2333
Karaoke (<i>on hiatus</i>)	6PM– 8PM	\$2/\$3		
Poker	6PM-9PM	\$2/\$3	Bill F.	(321) 544-1430
Bunco (2nd Mon)	6:30PM-9PM	\$4/\$5	Sharon	(321) 383-7927
TUESDAY				
Pinochle	9AM-2PM	\$2/\$3	Sharon	(321) 383-7927
Memory, Movement, Balance	10:30AM– 11:30AM	\$2/\$3	Natine	(321) 609-0999
Connie’s Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5	Connie	(410) 598-3755
Mahjongg (<i>hiatus til Mar.</i>)	12:30PM-3:30PM	\$2/\$3	Andie	(321) 385-3595
Party Bridge	12:30PM-3:30PM	\$2/\$3	Larry B.	(321) 631-8061
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Eleanor	(321) 267-8340
Tai Chi	1PM-2PM	\$3/\$5	Ada	(321) 848-4689
Dinner & Movie (2nd Tues)	5PM	\$TBA	Debra	(321) 268-2333
Computer Classes	By Appt. Only	\$3/\$4	Anne	(321) 544-9469
WEDNESDAY				
Hooks & Needles Knitting (1st Wed)	10AM-11:30PM	\$2/\$3	Anne	321) 917-1108
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Fonda	(321) 298-2796
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735
ACBL Duplicate Bridge	11AM-3PM	\$2/\$3	Pat G.	(321) 267-2419
Warrior Bridge (1st Wed)	12:30PM-3:30PM	\$2/\$3	Eleanor	(321) 267-8340
Line Dance Class - Beginners	4:30PM-5:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dance Class	5:30PM-6:30PM	\$3/\$4	Ferrell	(321) 267-0195
Line Dancing Class	6:30PM-8:30PM	\$3/\$4	Barbara	(321) 452-1944
THURSDAY				
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Cat	(321) 231-1135
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 362-2359
FRIDAY				
Shuffleboard	10AM-12PM	\$2/\$3	Bill F.	(321) 544-1430
Tap & Jazz	10AM-11AM	\$2/\$3	Marsha	(321) 264-2776
Memory, Movement, Balance	10:30AM-11:30AM	\$2/\$3	Natine	(321) 609-0999
Drama for Seniors	1:30PM-3:30PM	\$4/\$5	Janina	(321) 567-5210
Line Dance Social (4th Fri)	6PM-9PM	\$5	Yvette	(321) 225-4872

CENTER WILL BE CLOSED
MONDAY, FEB. 15
(Presidents Day)



DINNER & MOVIE

TUESDAY, FEB. 9

\$5 PERSON

(Doors open at 4:45 PM)

(Sign up @ Reception Desk by Feb. 5)

"GROUNDHOG DAY" (1993— Comedy rated PG)

MENU:

Homemade Clam, Corn & Potato Chowders, Cornbread & Pie by Chef Kelly

CAST:

Bill Murray, Andie McDowell

A cynical TV weatherman finds himself reliving the same day over and over again when he goes on location to the small town of Punxsutawney to film a report about their annual Groundhog Day. His predicament drives him to distraction, until he sees a way of turning the situation to his advantage. Comedy classic.

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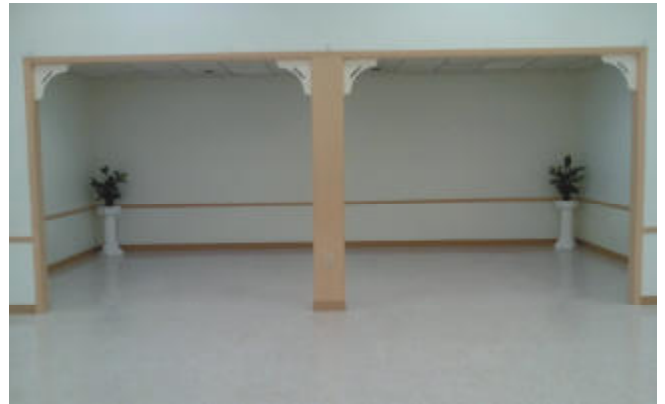


**PLANNING A WEDDING? REHEARSAL DINNER?
ANNIVERSARY PARTY? REUNION?
BIRTHDAY PARTY? BABY SHOWER?
OUR CENTER HAS SPACE AVAILABLE AT
VERY REASONABLE RATES — AS LOW AS
ONLY \$50 FOR 2 HOURS!**

OVERSIZED RENTAL AREA



ALCOVE AREA



SPACIOUS KITCHEN



FULLY EQUIPPED KITCHEN



SAMPLE—DECORATED AREA



SAMPLE—DECORATED AREA





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***

Bring in a canned or boxed food item for donation on 1st Thursday to St. Gabriel's Seniors Food Pantry and get a free Speedy game paper!

Only \$8 to play 16 regular games
(7 hard cards).
Additional hard cards \$1 each.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payout

ATTENTION FIRST TIME PLAYERS!

Bring this ad & get FREE play of 7 Hard Cards all day!

Free hot coffee.
**BRING YOUR OWN
SNACKS & LUNCH.**



Island Party & Silent Auction

SATURDAY, MARCH 13 @ 3-5 PM
(Doors open at 2 PM)
FREE Admission
BYOB 50/50

Fabulous sounds of **Tim Reynolds on the Steel Drum!**
Great tropical & other genres of music, too!

Silent Auction so be sure to bring \$\$\$ or your checkbook. (List of items to be auctioned will be available one week before the event.)



We are asking members who won't be able to attend our **ISLAND PARTY** to **DONATE** gift certificates or new/unused **ITEMS** for our **SILENT AUCTION**. The auction will feature items for bid as well as other items that can be won by

drawings. Donors are asked to bring all items to the Center **no later than March 1** so we have time to organize displays for the event.

All donations are fully tax-deductible under IRS code, and donors may receive a receipt for their item(s) upon request.



Due to the COVID pandemic, our Center ended 2020 more than \$8,000 in the red.

But, our wonderful Asst. Treasurer, Anne Farrell, worked long hours and waded through tons of "legalese" to apply for grants to help us. We are thrilled to announce that, because of all of her hard work, we received \$10,000. Many kudos to Anne!

Newsletter Boosters 2021



*Be a Booster
for only \$10/year.*

Dollie Boggs
Raymond Bray
Barbara Crotteau
Joanne Engelbeck
Anne Farrell
Bill Farrell

Susan Frank
Lorraine Harvey
Jim Kiener
Harold Klotzer
Linda Raab



LINE DANCE SOCIAL *(properly distanced, of course!)*

FRIDAY, FEB. 19
6-9 PM

ONLY \$5 PERSON

*Come dance to all genres of music —
great for everyone,
beginner to advanced!*

**SUPPORT THE ADVERTISERS
THAT SUPPORT OUR COMMUNITY**





POKER

MONDAY NIGHTS 6-9 PM

Dealer's Choice

\$2 member / \$3 non-member

NEW RULES — If a "newbie" comes to play and is unfamiliar with some of the games (e.g., Spank the Baby), the table will play one entire round of the game so new players can more easily learn.



CHIPS — Bag of 40 for only \$4

RULES OF THUMB

For every day you spend in the hospital, plan on one week to recuperate.

All putts break toward the water, even on greens that appear perfectly flat. That's because all greens are contoured for drainage.

An extension cord should be as thick as the cord you plug into it.

If you ask a negative question, you'll get a negative answer.

If you're playing cards for over 20 minutes in any gambling game and haven't figured out who the patsy is at the table, it's you.

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COOKING WITH DOTTI



In remembrance of our beloved Kitchen Manager, Dotti Kunde, we offer one final "Cooking With Dotti" entry:

AMARETTO BREAD PUDDING

8 cups stale Italian stale bread, cubed
5 eggs
2 cups sugar
2 cups milk
2 teaspoons vanilla
1/2 cup brown sugar
1/2 stick butter, melted
1 cup chopped pecans

Mix together eggs & sugar. Pour in milk and add vanilla. Add bread cubes and toss to mix. Pour into a greased 9 x 13 baking pan.

Mix together brown sugar & butter. Add pecans and stir. Sprinkle over bread pudding.

Bake 35 minutes at 350 degrees.

Sauce:

1 cup sugar
1/2 cup melted butter
1 egg, beaten
1/4 cup Amaretto
1 teaspoon vanilla

Stir together sugar, butter & egg over medium heat. Remove from heat and add liquor & vanilla.

Pour over bread pudding when it comes out of the oven. (Heat of pudding will "cook" egg.)

Serve hot or cold, preferably with real whipped cream.

Yield: 20 pieces

MR. ROGERS' NEIGHBORHOOD — Famous for his words of wisdom to children, we're starting a series of Mr. Rogers' observations on different aspects of life. Suitably, for Valentine's month, our topic is **LOVE**:

"Everyone longs to be loved. And the greatest thing we can do is to let people know that they are loved and capable of loving.

"When I say it's you I like, I'm talking about that part of you that knows that life is far more than anything you can ever see or hear or touch. That deep part of you that allows you to stand for those things without which humankind cannot survive. Love that conquers hate, peace that rises triumphant over war, and justice that proves more powerful than greed."

**Strange new trend
at the office.
People putting
names on food in
the company
fridge. Today I had
a tuna sandwich
named Linda.**

**Corona virus has
turned us all into
dogs. We roam the
house looking for
food. We're told
"no" if we get too
close to strangers.
And we get really
excited about car
rides and walks.**



**Find a man who
strokes your hair
and says how soft
it is and doesn't
even care that
it's on your legs.**



FAMOUS QUOTES:

The best way to make a silk purse from a sow's ear is to start with a silk sow. The same is true of money. (Norman Augustine)

The length of a film should be directly related to the endurance of the human bladder. (Alfred Hitchcock)

Right now there is a mother somewhere home schooling her kid on geography by having them track her Amazon package.



DID YOU KNOW?

If you have 5 inches of fat around your tummy you can prevent a bullet reaching any vital organs.

**I'M NOT FAT,
I'M ARMORED**

There's always a PLUS in CarePlus! One big plus is choice – different Medicare Advantage plans for people with different needs, all from a Florida-based company with a 5 OUT OF 5 OVERALL STAR RATING FROM MEDICARE.



CareOne (HMO):

\$20 COPAY for specialist office visits

\$125 COPAY for hospital stay, days 1-5

No more than \$3,400 per year in out-of-pocket expenses

CareNeeds Plus (HMO SNP)*:

For people with both Medicare and Medicaid

\$0 COPAY for hospital

\$100 MONTHLY ALLOWANCE for covered over-the-counter products – **that's up to \$1,200 per year!**

\$0 COPAY for routine dental coverage, **PLUS complete or partial dentures up to 1 set every 5 years**

PLUS, ALL CAREPLUS PLANS FEATURE:

GYM MEMBERSHIP through the **SilverSneakers®** Fitness Program

A \$50 GIFT CARD PER YEAR for completing preventive screenings with our **Rewards Program**

Call to see if you may be eligible now to enroll in a Medicare Advantage plan offered by CarePlus

Call a licensed CarePlus sales agent at: 1-321-751-7645 (TTY: 711)

From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within 1 business day. Brevard and Indian River counties. CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. CareNeeds PLUS (HMO SNP) is sponsored by CarePlus Health Plans, Inc. and the State of Florida, Agency for Health Care Administration. *This plan is available to anyone receiving both Medicare and Medicaid-covered services: Qualified Medicare Beneficiaries (QMB+), Specified Low-Income Medicare Beneficiaries (SLMB+), and other Full Benefit Dual Eligibles (FBDE). In accordance with the federal requirements of the Centers for Medicare & Medicaid Services (CMS), no amounts on the gift cards shall be redeemable for cash and no amount may be applied toward the purchase of any prescription drug under your plan. Rewards (gift cards) must be earned and redeemed in the same plan year. Rewards not redeemed by 12/31 will be forfeited. Referrals may be required for certain specialists. Every year, Medicare evaluates plans based on a 5-star rating system. Discrimination is against the law. CarePlus Health Plans, Inc. ("CarePlus") complies with applicable Federal Civil Rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. See our website for more information. English: ATTENTION: If you do not speak English, language assistance services free of charge are available to you. Call 1-800-794-5907 (TTY: 711). Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-794-5907 (TTY: 711). Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele 1-800-794-5907 (TTY: 711).

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"If my doctor would've said, 'Let's just watch and see what happens,' I would be in big trouble. He really saved me."

Kate

Breast Cancer Survivor



Providing High-Quality Cancer Care to the People of Brevard County

As your local healthcare system, Health First is here for you and your family. For more than 30 years, we have provided high-quality oncology care to the people of Brevard County. We know how important it is to have easy access to oncology services, close to home. That is why we have multiple locations for your convenience.

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- Image-Guided Radiation Therapy (IGRT)
- 3D Conformal Radiation Therapy (CRT)
- Linear Accelerator with Electron Capability (LINAC)
- Stereotactic Radiosurgery (SRS)
- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

Visit [HF.org/cancer](https://www.healthfirst.org/cancer) to learn more.



TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080
(ALL ABOUT YOU TRAVEL)

New COVID Procedures: Temperature checks prior to boarding, masks required to be worn on the bus at all times. If you have had a positive test or symptoms within 14 days of a trip you must provide a negative test result to board.

BUS DAY TRIPS

Tarpon Springs

Wed, Feb. 3

\$95

We will start with a 45-minute boat tour on the Anclote River with a sponge-harvesting demonstration. Lunch at Mama's Greek Restaurant and time for Historic Waterfront shopping. Minimum of 35 people required.

***NEW* Leu Gardens**

Wed, Mar 3

\$89

Dinosaurs have invaded these famous Orlando gardens! We'll explore these lush gardens and museum in a docent-led tour. Lunch on the way home is included. Sign up by Feb. 24.

**** * * Trip cost includes round-trip motorcoach, taxes & driver gratuity. * * ****
Pick-up at Titusville Home Depot (minimum 15 people for pick-up)

INTERNATIONAL TRAVEL

No. Italy & Gourmet Tuscany

Fri-Sun, May 21—Jun 6, 2021

\$4,278*

Explore northern Italy and Cinque Terre. Spend the last week in a villa in Tuscany with day trips to different areas.
***Price is land only.**

Glacier Nat'l Park & Canadian Rockies

Sat-Sun, July 17-25, 2021

\$2,942*

We are traveling North America for those of you who prefer to stay closer to home. See some of the most beautiful places in North America. If it didn't snow in Montana, I'd live there but, since it does, we'll go in July and see snow-capped mountains. Price based on double occupancy. Single rate \$3,946. ***Price does NOT include airfare.**

CRUISES

Royal Caribbean to Alaska

Fri to Fri, Jul 9-16, 2021

\$1,128*

Sail from Seattle aboard Ovation of the Seas. Itinerary includes Inside Passage, Juneau, Skagway, Endicott Arm, Dawes Glacier & Victoria B.C. **\$250 deposit due Feb. 10, 2021.**

* Rate includes gov't. taxes & port charges and is based on Virtual Interior Stateroom, double occupancy

Southern Caribbean Cruise

Tues-Fri, Jan 4-14, 2022

\$1,454*

Sail from Ft. Lauderdale aboard Celebrity Silhouette to St. Maarten, St. Lucia, Barbados, Antigua and St. Kitts.

\$450 deposit due Feb. 10, 2021.

* Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.

***NEW* Bermuda Cruise**

Tues-Fri, May 28-Jun 5, 2022

\$1,523*

Sail from Port Canaveral aboard Royal Caribbean's Mariner of the Seas to Nassau, Coco Cay and Bermuda.

\$250 deposit due Feb. 10, 2021.

* Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy.