909 Lane Ave Titusville, FL 32780

JANUARY 2021

Hours: Mon-Thur 9am-4pm

Fri 9am to 1pm

Phone: 321-268-2333 Email: nbsc@cfl.rr.com

Website: http://nbsc.website

Editor: Cat Simkins

NORTH BREVARD SENIOR CENTER

Goodbye, 2020 ... We're glad you're gone. Hello, and Happy New Year 2021!





Board of Directors 2021

President — Cat Simkins 2nd VP — Bill Farrell Secretary — Rachel Kusterer

Positions of 1st VP & Treasurer are open.

NBSC Activities — Guests welcome!

ACTIVITY	TIME	COST MEMBER/GUEST	CONTA	CONTACT PERSON	
MONDAY-FRIDAY Billiards	9AM-4PM	\$2/\$3	Debra	(321) 268-2333	
MONDAY					
Board of Directors Mtg. (2nd Mon)	10AM	N/A	Cat	(321) 231-1135	
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Yvette	(321) 225-4872	
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735	
Beginner Bridge Lessons	By Appt. Only	\$12 (4-week course)	Mary H.	(321) 607-2200	
Tap & Jazz	11:15AM-12:45PM	\$3/\$4	Linda	(321) 383-0735	
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Joanne	(321) 267-5923	
Spanish Class (next session TBA)	2PM-4PM	\$25 (5-week course)	Hannah	(321) 720-9062	
Karaoke (on hiatus)	6PM-8PM	\$2/\$3			
Poker	6PM-9PM	\$2/\$3	Bill F.	(321) 544-1430	
Bunco (2nd Mon)	6:30PM-9PM	\$4/\$5	Sharon	(321) 383-7927	
TUESDAY					
Pinochle	9AM-2PM	\$2/\$3	Rachel	(321) 537-5322	
Memory, Movement, Balance	10:30AM- 11:30AM	\$2/\$3	Natine	(321) 609-0999	
Connie's Card Making (2nd Tues)	11:30AM-12:30PM	\$4/\$5	Connie	(410) 598-3755	
Mahjongg (hiatus til Feb.)	12:30PM-3:30PM	\$2/\$3	Andie	(321) 385-3595	
Party Bridge	12:30PM-3:30PM	\$2/\$3	Larry B.	(321) 631-8061	
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Eleanor	(321) 267-8340	
Tai Chi	1PM-2PM	\$3/\$5	Ada	(321) 848-4689	
Dinner & Movie (2nd Tues)	5PM	\$TBA	Debra	(321) 268-2333	
Computer Classes	By Appt. Only	\$3/\$4	Anne	(321) 544-9469	
WEDNESDAY					
Hooks & Needles Knitting (1st Wed)	10AM-11:30PM	\$2/\$3	Anne	321) 917-1108	
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Fonda	(321) 298-2796	
Senior Fitness	10AM-11AM	\$3/\$4	Linda	(321) 383-0735	
Warrior Bridge (1st Wed)	12:30PM-3:30PM	\$2/\$3	Eleanor	(321) 267-8340	
Line Dance Class - Beginners	4:30PM-5:30PM	\$3/\$4	Ferrell	(321) 267-0195	
Line Dance Class	5:30PM-6:30PM	\$3/\$4	Ferrel1	(321) 267-0195	
Line Dancing Class	6:30PM-8:30PM	\$3/\$4	Barbara	(321) 452-1944	
THURSDAY					
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Cat	(321) 231-1135	
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean	(321) 362-2359	
FRIDAY					
Shuffleboard	10AM-12PM	\$2/\$3	Bill F.	(321) 544-1430	
Tap & Jazz	10AM-11AM	\$2/\$3	Marsha	(321) 264-2776	
Memory, Movement, Balance	10:30AM-11:30AM	\$2/\$3	Natine	(321) 609-0999	
ACBL Duplicate Bridge	11AM-3PM	\$2/\$3	Pat G.	(321) 267-2419	
Drama for Seniors	1:30PM-3:30PM	\$4/\$5	Janina	(321) 567-5210	
Line Dance Social (4th Fri)	4PM-7PM	\$5	Yvette	(321) 225-4872	

CENTER WILL BE <u>CLOSED</u>

<u>JAN. 1</u> (New Year's Day)

<u>JAN. 18</u> (Martin Luther King Day)



DINNER & MOVIE TUESDAY, JAN. 12 \$6 PERSON

(Doors open at 4:45 PM)
(Sign up @ Reception Desk by <u>Jan. 7</u>)

"SUPERINTELLIGENCE" (2020— Comedy rated PG)

MENU: Anne's Famous Homemade Meatballs Sub, Side & Dessert

CAST: Melissa McCarthy, Bobby Cannavale, James Corden

Carol, a sweet-natured Seattle resident, has walked away from her high-paying gig at Yahoo to work on environmental causes and to facilitate pet adoptions. Having to get a real job to pay bills, she applies for a tech position, only to be told she is too "ordinary". Enter an Artificial Intelligence "being" that wants to use Carol as a guinea pig to determine if there's anything exceptional about us humans, whether Earth's population is worth saving.





 Sales Experience Preferred
 Paid Training
 Overnight Travel Required

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www.nbsc.website | 4 RENTALS

PLANNING A WEDDING? REHEARSAL DINNER?
ANNIVERSARY PARTY? REUNION?
BIRTHDAY PARTY? BABY SHOWER?
OUR CENTER HAS SPACE AVAILABLE AT
VERY REASONABLE RATES — AS LOW AS
ONLY \$50 FOR 2 HOURS!

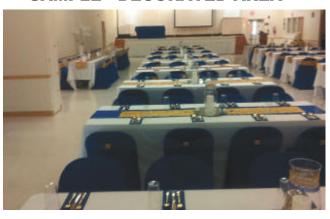
OVERSIZED RENTAL AREA



SPACIOUS KITCHEN



SAMPLE—DECORATED AREA



ALCOVE AREA



FULLY EQUIPPED KITCHEN



SAMPLE—DECORATED AREA





Thursdays @ 10AM (Doors open @ 9 AM)

* Smoke Free Environment *

Bring in a canned or boxed food item for donation on 1st Thursday to

St. Gabriel's Seniors Food Pantry and get a free Speedy game paper!

Only \$8 to play 16 regular games (7 hard cards).
Additional hard cards \$1 each.

Specials only \$1 per sheet 6 cards per sheet Special paper games payout

ATTENTION FIRST TIME PLAYERS!

Bring this ad & get FREE play of 7 Hard Cards all day!

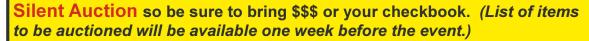
Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



Island Party & Silent Auction

POSTPONED UNTIL MARCH 2021

Featuring the fabulous sounds of Tim Reynolds on the Steel Drum! Great tropical & other genres of music, too!







We are still asking members who won't be able to attend our ISLAND PARTY to DONATE gift certificates or new/unused ITEMS for our SILENT AUCTION. The auction will feature items for bid as well as other items that can be won by drawings.

Donors are asked to bring all items to the Center no later than

February 15 so we have time to organize displays for the event.

All donations are fully tax-deductible under IRS code, and donors may receive a receipt for their item(s) upon request.

TRIVIA — In "The Wonderful Wizard of Oz", what was the destination of Dorothy and friends? (Answer on pg. 12)

Thanks to all who worked so hard to transform the Center into a Christmas wonderland:

Joanne Cutler
Debra Easterling
Janet Giovine
Linda Hollifield
Anita James
Harold Klotzer
Marian Lundeen
Andrea Matthews

Kathy Molnar Rose Perreault Calvin Rogers Judy Schmidt Dan Williams Rob Williams Sandy Witt Newsletter Boosters



2021
Be a Booster
for only \$10/year.

DOLLIE BOGGS RAYMOND BRAY BARBARA CROTTEA

BARBARA CROTTEAU

JOANNE ENGELBECK

ANNE FARRELL

BILL FARRELL

SUSAN FRANK

LORRAINE HARVEY

HAROLD KLOTZER

LINDA RAAB



LINE DANCE SOCIAL

(properly distanced, of course!)

SATURDAY, JAN. 22 6-9 PM

ONLY \$5 PERSON

Come dance to all genres of music—
great for everyone,
beginner to advanced!

Do YOU Have Trouble Hearing on your Cell Phone?

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DRAMA ...

Meeting despite the pandemic, we encourage more visitors and members to join us in 2021. The group meets on Friday afternoons at 1:30 PM at social distance in the Library for 90-minute sessions. Members \$4, non-members \$5.

Our facilitator, Janina, is an experienced theatre professional, a performer and writer herself.

Our reading material may be a play, or short story, or poetry, or even a worthy essay. This past season we read Barrie's Old Lady Shows Her Medals, O. Henry's Ransom of Red Chief, Longfellow's Paul Revere's Ride and Henry David Thoreau's journal. We even stepped up to read Shakespeare's Othello and Merry Wives of Windsor, a drama and a comedy on the same theme.

In 2021 we may check out Dorothy Parker, Gertrude Stein, Maeve Binchy, Shirley Jackson, Edgar Allen Poe and Neil Simon among others. We select between published playwrights, poets, composers, and personal favorites. Original material and suggestions welcome.

Consider a brief respite from the news and drop in on Friday. Whether you read or listen as audience, it's fun. And no special shoes or costumes needed.

Scheduled classes: January 15, 22, 29; February 5, 12, 19, 26; March 5, 12, 19, 26.



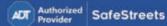
DUES SPECIAL (limited time)

Renew your dues or become a member of the NBSC for only \$10 (reg. \$20) by Jan. 31, 2021.

ADT-Monitored Home Security

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- Flood Detection Carbon Monoxide



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COOKING WITH DOTTI

Dotti Kunde passed away suddenly on Monday, December 14.

She was a one-of-a-kind person. Smart, energetic, feisty. She added so much to our Center for over 15 years, serving on our Board of Directors and heading up our Nominating Committee. Many knew her as an avid bridge player.



But her true fame came from her cooking! As the former chef for the NASA Astronauts, she excelled as our Kitchen Manager. She loved catering Starlight dinner theater shows, tea parties & fashion show luncheons, Bingo lunches and so much more. Renowned for her 16-foot dessert bar, one of her most popular items was her Amaretto Bread Pudding (we will share the recipe next month).

She was a woman of faith who loved her family, her friends and the Center. The world is poorer by her leaving us, but her memory will be with us forever.

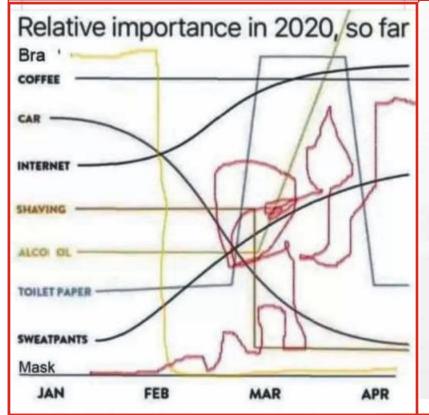
NBSC Board of Directors

VALENTINE'S DAY PARTY FEBRUARY 13 @ 7-9 PM

(Guests welcome!)

Swing & sway (or simply listen) to the fab sounds of The Jazzy Boys (think Count Basie, Tommy Dorsey, Guy Lombardo, Duke Ellington, Benny Goodman, & so much more!) as we celebrate Valentine's Day.

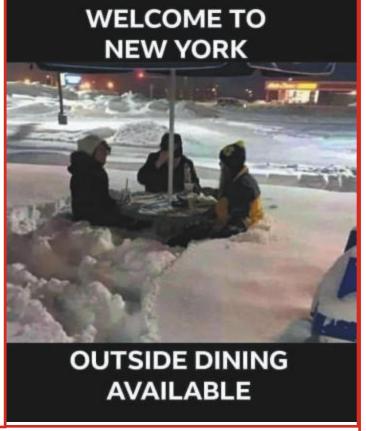
(more details at Feb. newsletter)



Every time we try to eat healthy, along comes Christmas, Easter, summer, Friday, or Tuesday and ruins it for us.



"I'm working on pants for old guys.
They'll combine the comfort of
Dockers, with the protection of
Depends. I'll call them
Dry Dockers."



The fact that jellyfish have survived for millions of years, despite not having a brain, should give hope to many people.

2021 - MAYBE TIME FOR A CHANGE? HERE ARE SOME QUOTES ON CHANGE ...

Big changes in our life are, more or less, a second chance. ~ Harrison Ford

The main dangers in this life are the people who want to change everything...or nothing. ~ Lady Astor

There is a time for departure, even when there's no certain place to go. ~Tennessee Williams

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. ~ Margaret Mead

Do or do not. There is no try. ~ Yoda, "The Empire Strikes Back"

TD BANK & THE SENIOR CENTER

Customers who open a new Convenience Checking account, and tell TD that they are members of the North Brevard Senior Center can help themselves and the Center!

Just make at least \$500 in <u>direct</u> deposits within the first 60 days to automatically qualify for a **\$150 TD checking account bonus**!

Also the checking account is **FREE** if you maintain a daily balance of \$100 or more.

If you open a savings or checking account and maintain it for one (1) year, the NBSC will receive a \$50 credit to the Center's account. It's a "donation" from you towards the Center's being able to pay its bills without your having to do anything except conduct your banking business as usual.

There's always a PLUS in CarePlus! One big plus is choice — different Medicare Advantage plans for people with different needs, all from a Florida-based company with a 5 OUT OF 5 OVERALL STAR RATING FROM MEDICARE.



CareOne (HMO):

\$20 COPAY for specialist office visits

\$125 COPAY for hospital stay, days 1-5

No more than \$3,400 per year in out-of-pocket expenses

CareNeeds Plus (HMO SNP)*:

For people with both Medicare and Medicaid \$0 COPAY for hospital

\$100 MONTHLY ALLOWANCE for covered over-thecounter products – that's up to \$1,200 per year!

\$0 COPAY for routine dental coverage, PLUS complete or partial dentures up to 1 set every 5 years

PLUS, ALL CAREPLUS PLANS FEATURE:

GYM MEMBERSHIP through the SilverSneakers® Fitness Program

A \$50 GIFT CARD PER YEAR for completing preventive screenings with our Rewards Program

Call to see if you may be eligible now to enroll in a Medicare Advantage plan offered by CarePlus Call a licensed CarePlus sales agent at: 1-321-751-7645 (TTY: 711)

From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within 1 business day. Brevard and Indian River counties. CarePlus is an HMO plan with a Medicare contract. Enrollment in CarePlus depends on contract renewal. CareNeeds PLUS (HMO SNP) is sponsored by CarePlus Health Plans, Inc. and the State of Florida, Agency for Health Care Administration. *This plan is available to anyone receiving both Medicare and Medicaid-covered services: Qualified Medicare Beneficiaries (QMB+), Specified Low-Income Medicare Beneficiaries (SLMB+), and other Full Benefit Dual Eligibles (FBDE). In accordance with the federal requirements of the Centers for Medicare & Medicaid Services (CMS), no amounts on the gift cards shall be redeemable for cash and no amount may be applied toward the purchase of any prescription drug under your plan. Rewards (gift cards) must be earned and redeemed in the same plan year. Rewards not redeemed by 12/31 will be forfeited. Referrals may be required for certain specialists. Every year, Medicare evaluates plans based on a 5-star rating system. Discrimination is against the law. CarePlus Health Plans, Inc. ("CarePlus") complies with applicable Federal Civil Rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. See our website for more information. English: ATTENTION: If you do not speak English, language assistance services free of charge are available to you. Call 1-800-794-5907 (TTY: 711). Español (Spanish): ATENCION: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-794-5907 (TTY: 711). Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele 1-800-794-5907 (TTY: 711).



Providing High-Quality Cancer Care to the People of Brevard County

As your local healthcare system, Health First is here for you and your family. For more than 30 years, we have provided high-quality oncology care to the people of Brevard County. We know how important it is to have easy access to oncology services, close to home. That is why we have multiple locations for your convenience.

Our oncology services and technology include:

- State-of-the-art Radiation Therapy
- Full Infusion Suite/Chemotherapy Services and Laboratory Services
- Intensity Modulated Radiation Therapy (IMRT)
- Image-Guided Radiation Therapy (IGRT)
- 3D Conformal Radiation Therapy (CRT)
- Linear Accelerator with Electron Capability (LINAC)

- Stereotactic Radiosurgery (SRS)
- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

Visit **HF.org/cancer** to learn more.





ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080 (ALL ABOUT YOU TRAVEL)

<u>New COVID Procedures</u>: Temperature checks prior to boarding, masks required to be worn on the bus at all times. If you have had a postive test or symptoms within 14 days of trip you must provide negative test result to board.

BUS DAY TRIPS

St. Augustine "Night of Lights"

Wed, Jan. 6

\$79

Enjoy a day of shopping and then tour the city by horse & carriage ride at night to see one of the largest displays of Christmas lights in North America. Meals on your own this year.

NEW Pompeii Exhibition

Fri, Jan. 8

\$98

We will be going to the Orlando Science Center to see the Exhibition. We enter the Museum at 9 AM, before it's open to the public, and enjoy a 1-hour Docent-lead private tour. We are then free to tour on our own for an hour. Lunch included. Masks are required. Minimum of 35 people required. Sign up by Jan. 4.

NEW Tarpon Springs

Wed, Feb. 3

\$95

We will start with a 45-minute boat tour on the Anclote River with a sponge-harvesting demonstration. Lunch at Mama's Greek Restaurant and time for Historic Waterfront shopping. Minimum of 35 people required. **Sign up by Jan. 20.**

* * * Trip cost includes round-trip motorcoach, taxes & driver gratuity. * * * Pick-up at Titusville Home Depot (minimum 15 people for pick-up)

INTERNATIONAL TRAVEL

Glacier Nat'l Park & Canadian Rockies

Sat-Sun, July 17-25, 2021

\$2.942*

We are traveling North America for those of you who prefer to stay closer to home. See some of the most beautiful places in North America. If it didn't snow in Montana, I'd live there but, since it does, we'll go in July and see snow-capped mountains. Price based on double occupancy. Single rate \$3,946. *Price does NOT include airfare.

CRUISES

NEW Royal Caribbean to Alaska

Fri to Fri, Jul 9-16, 2021

\$1,128*

Sail from Seattle. Itinerary includes Inside Passage, Juneau, Skagway, Endicott Arm, Dawes Glacier & Victoria B.C. * Rate includes gov't. taxes & port charges and is based on Virtual Interior Stateroom, double occupancy. \$250 deposit due Feb. 1, 2021.

NEW Southern Caribbean Cruise

Tues-Fri, Jan 4-14, 2022

\$1,454*

Sail from Ft. Lauderdale aboard Celebrity Silhouette to St. Maarten, St. Lucia, Barbados, Antigua and St. Kitts. * Rate includes gov't. taxes & port charges and is based on Interior Stateroom, double occupancy. **\$450 deposit due Feb. 1, 2021.**

TRIVIA — Dorothy & friends were going to Emerald City.