

Center Information

909 Lane Ave

Titusville, FL 32780

Hours: Monday—Friday

9am to 4pm

MAY 2019

North Brevard Senior Center, Inc. DBA

Phone: 321-268-2333

Email: nbsc@cfl.rr.com

Website: <http://nbsc.website/>

Editors: Cat Simkins &
Cheryl Kassak

TITUSVILLE ADULT SOCIAL CENTER

DID YOU KNOW?

**ALL OF OUR
ACTIVITIES AND
EVENTS ARE
OPEN TO THE
PUBLIC!**

**YOU DON'T
HAVE TO BE A
MEMBER OF
OUR CENTER TO
PARTICIPATE IN
ANYTHING WE
DO!**

**YOU DON'T
HAVE TO BE A
SENIOR (OVER
AGE 50) TO
HAVE FUN
WITH US!**



NBSC Activities

<u>COST (MEMBER/</u>		<u>NON-MEMBER</u>		<u>CONTACT PERSON</u>	
<u>ACTIVITY</u>	<u>TIME</u>				
MONDAY-FRIDAY					
Billiards	9AM-4PM	\$2/\$3		Ops. Mgt.	(321) 268-2333
Wii Bowling	9AM-4PM	\$2/\$3		Pat M.	(321) 383-1609
Monday					
Board of Directors Mtg. (2nd Mon)	10AM-11:30AM	N/A		Bill H.	(321) 848-8181
Mexican Train Dominoes	1PM-3PM	\$2/\$3		Joanne	(321) 267-5923
Spanish Class (next session TBA)	2PM– 4PM	\$25 (5-week course)		Hannah	(321) 720-9062
Ballroom Dance Lessons (all levels)	6PM– 7PM	\$10		Steve	(321) 269-0357
Poker	6PM-9PM	\$2/\$3		Bill F.	(321) 544-1430
Bunco (2nd Mon)	6:30PM-9PM	\$4/\$5		Sharon	(321) 383-7927
TUESDAY					
Pinochle	9AM-2PM	\$2/\$3		Rachel	(321) 537-5322
Line Dance Class Beginner/Improver	9AM/10AM	\$3/\$4		Naomi	(321) 537-9459
Mahjongg	12:30PM-3:30PM	\$2/\$3		Beverly	(305) 355-1769
Party Bridge	12:30PM-3:30PM	\$2/\$3		Larry B.	(321) 631-8061
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3		Dotti	(321) 269-9633
Tai Chi	1PM-2PM	\$3/\$5		Ada	(321) 848-4689
Dinner & Movie (2nd Tues)	5PM	\$5		Bill H.	(321) 848-8181
Computer Classe	By Appt only	\$3/\$4		Anne	(321) 544-9469
WEDNESDAY					
Hooks & Needles Knitting (1st Wed)	10AM-1:30PM	\$2/\$3		Anne	(321) 917-1108
ACBL Duplicate Bridge	12:30PM-4PM	\$6/\$7		Ralph	(321) 593-2212
Line Dancing	6:30PM-8:30PM	\$3/\$4		Barbara	(321) 452-1944
Hurricane Rug Hooking (2nd&4th)	10AM-2PM	\$2/\$3		Fonda	(321) 298-2796
Tap & Jazz	11AM	\$2/\$3		Marsha	(321) 264-2776
Warrior Bridge (1st Wed)	12:30PM-3:30PM	\$2/\$3		Eleanor	(321) 267-8340
THURSDAY					
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)		Rachel	(321) 537-5322
NEW Sewing Lessons	9AM-12PM	\$10 session		Carol	(561) 291-1329
Line Dance Class Beginner/Improver	9AM/10AM	\$3/\$4		Naomi	(321) 537-9459
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location		Jean	(321) 362-2359
FRIDAY					
Writers' Club	10:30AM-12PM	\$2/\$3		Pat	(407) 568-3557
ACBL Duplicate Bridge	12:30PM-4PM	\$6/\$7		Ralph	(321) 593-2212
SATURDAY					
Beginner Line Dance	8AM-9AM	\$3/\$4		Naomi	(321) 537-9459
Improvers Line Dance	9AM-10AM	\$3/\$4		Naomi	(321) 537-9459
Tap & Jazz	10:30-11:30AM	\$2/\$3		Marsha	(321) 264-2776
Line Dance Party (2nd Sat.)	1PM-4PM	\$5		Naomi	(321) 537-9459
SUNDAY					
Intermed./Adv'd. Line Dance Class	2PM-4PM	\$3/\$4		Ferrell	(321) 267-0195

***** ALL ACTIVITIES OPEN TO THE PUBLIC *****



**Thursdays @ 10AM
(Doors open @ 9 AM)**

Smoke Free Environment!

Bring in canned goods or box donations on the 1st Thursday of each month for St. Gabriel's Seniors Food Pantry and receive a free Speedy game paper!

**Only \$8 to play 16 regular games (7 hard cards).
Additional hard cards \$1 each.
Special paper games payout varies. (Jackpot payout \$100)
Specials only \$1 per sheet, 6 cards per sheet.
Free hot coffee. Snacks (donations).**

******ATTENTION FIRST TIME PLAYERS****
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JERRY ALLENDER



STEVEN ALLENDER

Did You Know That:

- In Florida, nursing home expenses average \$7,000 per month, or \$84,000 per year.

But Did You Also Know That:

- There are sound, proven legal and financial strategies that may preserve your assets from nursing home costs, even after you or your loved one has entered a nursing home.



Elder Law Attorneys

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TRIPS AND TOURS

All trips OPEN TO THE PUBLIC.

MORE INFO? Call 321-631-8080

BUS TRIPS

"We All Come From Away"

Sat, June 15

\$110

Orlando – Phillips Center – On 9-11, the world stopped. On 9-12 their stories moved us all. This Tony Award-winning Broadway musical is based on the true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. This is a must see! Includes lunch and upper balcony seats. **SOLD OUT — WAIT LIST OPEN!**

13th Annual Key West Trip

Sun-Wed, Dec 1-4

\$561

Clients have already begun paying the \$100 deposit. Included is lunch on the way down & back, hotel accommodations at the Fairfield (right on Trolley line), a fabulous Sunset Sail on a catamaran with drinks, hors d'oeuvres & live music. More details coming soon. **ONLY 8 SEATS LEFT!**

Trip cost includes taxes & driver gratuity. Pick-up at Titusville Home Depot.

WE WILL OFFER THE FOLLOWING 2019-20 SEASON SHOWS AT THE DR. PHILLIPS CENTER (if sufficient interest):

Escape to Margaritaville, The Jimmy Buffet Musical - Saturday, November 16, 2019

The Play That Goes Wrong - Saturday, December 7, 2019

Miss Saigon - Saturday, April 4, 2020

A Bronx Tale - Saturday, May 2, 2020

MESSAGE FROM OUR CENTER PRESIDENT...

I'd like to recognize all our snowbird friends who are returning to their northern homes for the summer. Thank you for your friendship and for your continued support of the Senior Center. You're leaving a void here that can only be filled on your eventual return. Thanks and safe travelling.

This past month we had continued successes with our Line Dance Party and our Dinner & a Movie monthly specials. Look for them to return on the 11th and 14th of May, respectively. Thanks to all who attended and volunteered their time and talents to make both functions successful. A VERY SPECIAL THANK YOU TO "HARVEY" - our main attraction.

Be on the lookout for a return of Sewing Classes on the 2nd of May. Join our NEW INSTRUCTOR Carol King and enjoy the pleasure of sewing.

Bill Hostler



OUR ARTIFICIAL FLOWERS ARE SLOWLY DYING ... If you have some silk flowers or artificial fruit you plan to trash, please donate them to us. We also can use large storage bins with lids.

Thank you to everyone for your continued donations and support!

Naomi
Decorating Committee Chairman



WWII, KOREAN & VIETNAM WAR VETS!

For an all expenses paid trip to Washington, D.C.
A day to remember, because we will never forget

Attend our Pay-as-You-Go monthly luncheons
1st Tuesday - Smokey Bones In Melbourne
1st Thursday - Red Lobster in Merritt Island
3rd Tuesday - Capt Hiram's in Sebastian
3rd Thursday - Dixie Crossroads in Titusville

Space Coast Honor Flight
888.750.2522 www.spacecoasthonorflight.org



LINE DANCE PARTY

**SATURDAY,
MAY 11, 2019
1 to 4 PM**

\$5 Entry Fee

**Bring a friend and a snack to
share as we dance the day away.**

**We walk through each dance
TWICE before dancing it!**

For the playlist go to:

<https://www.linedance-titusvilleflorida.com>

**Thank you to Dan & Elena Burkowski, Carol
Fortin & Pat Maybee for the marvelous
decorating in April!**

ROBOCALLS

About 30% of all calls are robocalls and it's going to get worse. The technology enables them to make millions of calls every day. Most originate overseas, so a Do Not Call list is useless.

What can you do? STOP answering any call when you don't recognize the number! If you accidentally answer one, do NOT say 'yes' because they can use your voice print for future scams.



NATIONAL POPPY DAY

MAY 24, 2019

**From the battlefields of WWI,
soldiers brought home the memory
of a war-torn field, transformed by
wild poppies, red as the blood that
had soaked the ground. The poppy
became a symbol of the sacrifice of
lives in war, and represented the
hope that none had died in vain.**

**Honor the fallen, and support the
living.**

DINNER & MOVIE @ 5 PM

Tuesday, May 14

(DOORS OPEN @ 4:45 PM)

\$5 payable at the door (Dine in or Carryout)



MENU: Chicken Tender or Pork Rib, Salad Medley, several Desserts

MOVIE: "A Prairie Home Companion" (rated PG-13)

Go backstage with the cast and crew of the weekly radio variety show, created by Garrison Keillor, to experience the laughter and joy of the final broadcast of America's favorite show as they for the last time, sing, tell stories and reminisce.

Fresh popcorn w/assorted salts to enjoy during the movie. Bring your own chair cushion if you like.
For more info contact Bill H. at 321-848-8181.



**** NEW ****

SEWING CLASSES

(starting Thursday, May 2nd)

9 AM til 12 NOON

\$10 per session

**For more info, call instructor Carol at
561-291-1329.**



On Wealth — "They say it is better to be poor and happy than rich and miserable, but how about a compromise?"

**THANK YOU TO APRIL DINNER & A MOVIE
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16-0407

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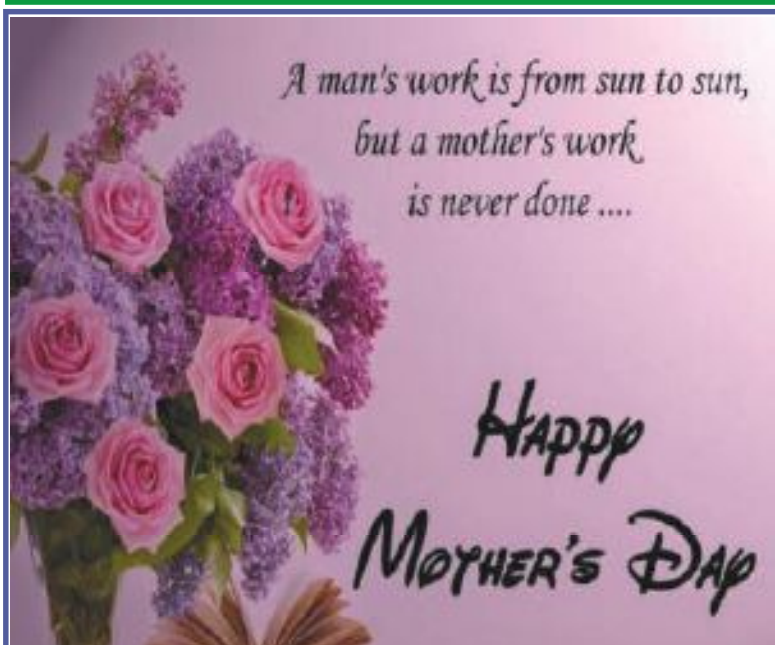
Michelle Lewis



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HAVE A CONCERN?**

PLEASE DO NOT GOSSIP!

IT DOESN'T HELP AND CAN HARM.



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RENTALS

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BIRTHDAY PARTY? BABY SHOWER?
OUR CENTER HAS SPACE AVAILABLE
AT VERY REASONABLE RATES!**

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ALCOVE AREA



SPACIOUS KITCHEN



FULLY EQUIPPED KITCHEN



SAMPLE—DECORATED AREA



SAMPLE—DECORATED AREA



OLDER AMERICANS ACT — Enacted in 1965, along with its more famous siblings, Medicare & Medicaid, the OAA is critical to taking care of those over age 65. It's a safety net to fill the gaps of Social Security in helping seniors live independent lives. Given that more than 10,000 Americans turn 65 every single day in this country, this Act is vital!

Its seven primary sections provide for services such as home-delivered meals, support for family caregivers, transportation to medical appointments, protection from elder abuse and jobs training. Specifically:

- ♦ About 11 million Americans are helped directly by programs such as Meals on Wheels and rides to doctors' offices.
- ♦ The Act provides guidance and funding to protect seniors from abuse in nursing facilities and elsewhere.
- ♦ It funds programs to support independent living as about 90% of older citizens do not want institutional care because of its cost and loss of independence.
- ♦ In support of caregivers, the Act provides grants to states to fund counseling and training.
- ♦ It promotes part-time work opportunities for low-income senior adults in hospitals, schools and senior centers.
- ♦ It focuses on an increasingly larger older population, setting goals for their care.
- ♦ The Act establishes federal and local agencies to advocate for the interests and needs of older Americans.

WHAT'S NEXT? The US Senate Committee on Aging is working on:

- ♦ Funding more effort to tackle malnourishment and isolation via an expanded Seniors at Lunch program.
- ♦ Looking at ways to help the 40 million-plus American caregivers get respite care.
- ♦ Attain resources and funding for Americans with Alzheimer's. (The number of citizens with this disease is expected to triple to 14 million by 2050.)
- ♦ More assistance with mobility to improve transportation for older Americans.

HINK PINKS *(Answers on page 12)*

“What’s a Hink Pink?” you ask. It’s a fun rhyming riddle. The answer to each riddle is a pair of words that rhyme with each other. For example, a “Large Feline” is a “Fat Cat”.

1. A literary thief
2. A naked sitting device
3. An uncooked animal’s foot
4. A prison for Moby
5. A promise to grow
6. A quick explosion
7. A run for the money
8. A sack for holding Old Glory.
9. A pig meat rip-off.
10. A literature hiding place.



**7-NIGHT
WESTERN
CARIBBEAN**

We're sailing from Miami on Jan. 4, 2020, to Jamaica, the Cayman Islands, Cozumel and Ocean Cay in the Bahamas.

Fares start at only \$761 per person for an Inside Cabin and Balcony rates begin at only \$1,006 pp (based on double occupancy).

Price includes all taxes, the Easy Drink Package, & a \$75 per cabin shipboard credit.

Call All About You Travel at 321-631-8080 for more info or to book your cruise.



**FLAG DAY
CELEBRATION
JUNE 14 @ 5 PM
\$12 PERSON**

Only 40 tickets to be sold (on sale beginning May 14).

Enjoy a delicious Roast Pork dinner with potatoes, veggie medley and, of course, Flag Cake.

Games & prizes as we celebrate Old Glory...long may she wave!

www.nhsc-website.com | 10

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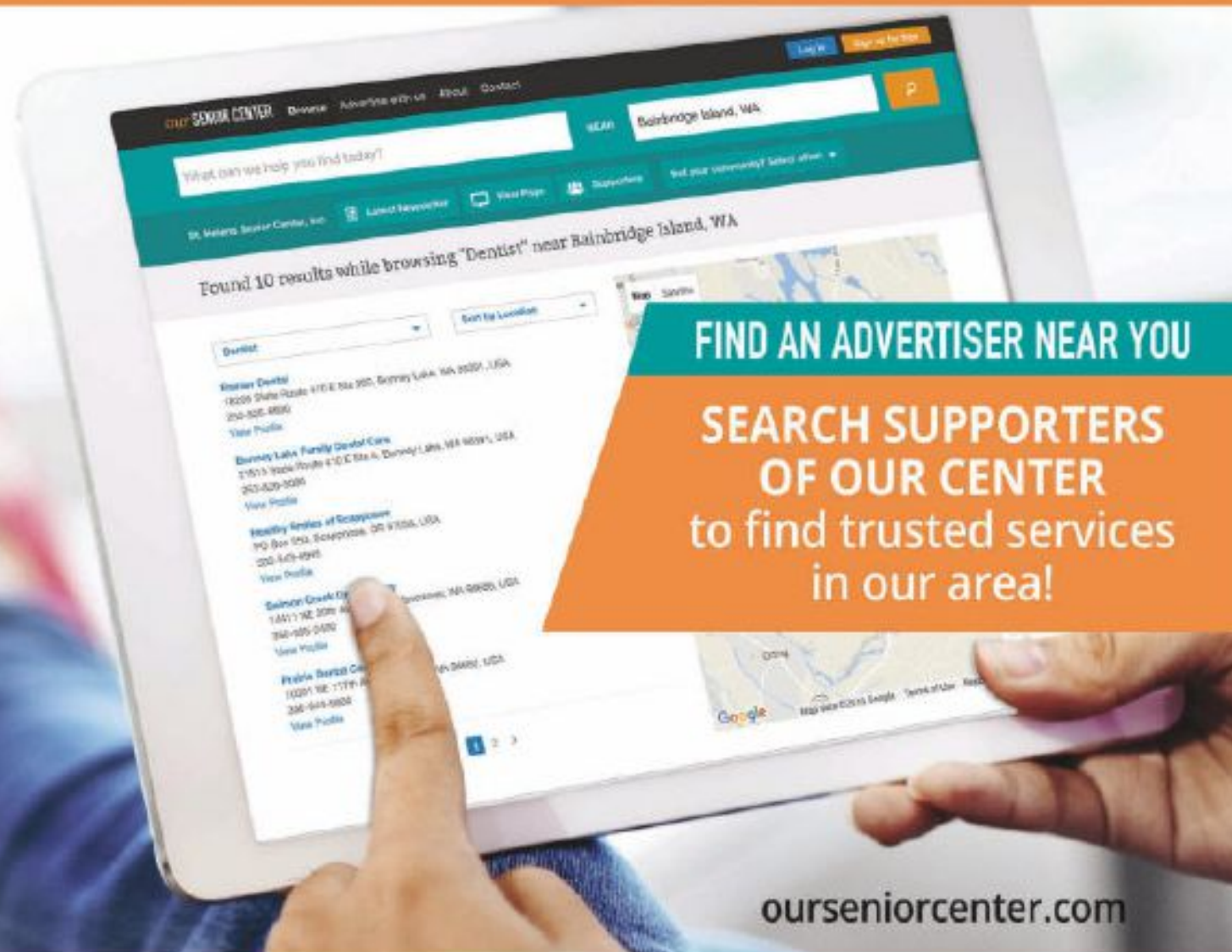
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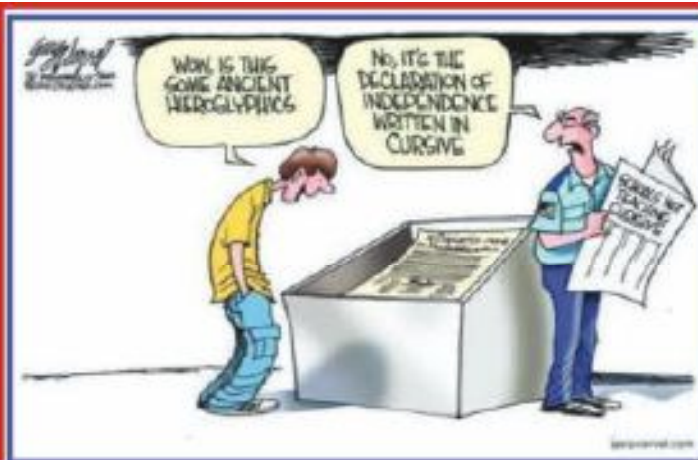
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16-0407



FAMOUS QUOTES —

The secret of a good sermon is to have a good beginning and a good ending, and to have the two as close together as possible.
~ George Burns

We could certainly slow down the aging process if it had to work its way through Congress.
~ Will Rogers

Don't worry about avoiding temptation. As you grow older, it'll avoid you!
~ Winston Churchill

Imagination was given to Man to compensate him for what he is not, and a sense of humor to console him for what he is.
~ Frances Bacon

I had a rose named after me, and I was very flattered. But I was not pleased to read the description in the catalog: "No good in a bed, but fine against a wall".
~ Eleanor Roosevelt

**THE MAN WHO CREATED
AUTOCORRECT HAS DIED.**



RESTAURANT IN PEACE.

HINK PINK ANSWERS:

1. **Book crook**
2. **Bare chair**
3. **Raw paw**
4. **Whale jail**
5. **Growth oath**
6. **Fast blast**
7. **Cash dash**
8. **Flag bag**
9. **Ham scam**
10. **Book nook**

HUMAN BODY FACTS

- ♦ One human hair can support 6 pounds.
- ♦ The average man's penis is two times the length of his thumb.
- ♦ There are about 1 trillion bacteria on each of your feet.
- ♦ Your body uses 300 muscles to balance itself when you are standing still.
- ♦ Men who read this are probably still busy checking their thumbs.