

Center Information

909 Lane Ave

Titusville, FL 32780

Hours: Monday—Friday

9am to 4pm

February 2019

North Brevard Senior Center, Inc. DBA

Phone: 321-268-2333

Email: nbsc@cfl.rr.comWebsite: <http://nbsc.website/>Editors: Cat Simkins &
Cheryl Kassak***TITUSVILLE ADULT SOCIAL CENTER*****DUES
ARE
PAST
DUE...**

If you haven't yet paid your 2019 dues, please be prepared to pay an extra \$1 for each class or activity in which you participate until dues are paid.

If you paid your dues, thanks so much for continuing your membership!

AARP
Real Possibilities
**TAX
SERVICE**

Mondays 11 AM — 4 PM

Feb. 4 — April 15

FREE simple tax return
preparation service for
seniors!

Call the Titusville
Library at 321-264-5026
to schedule your
appointment.

**Mardi Gras!****OPEN TO THE PUBLIC***Laissez les bons temps rouler!**"Let the good times roll!"*

CARDS & GAMES PARTY
FRIDAY, FEB. 22 @ 10 AM
\$12 person

Grab your cards & games playing buddies and come to the party! All Bridge, Bunco, Canasta, Euchre, Mahjongg, Mexican Train Dominoes, Poker players and more are invited to our Mardi Gras themed party.

Have another game you'd like to play? Get together with your friends and come play.

Dotti is prep'ing Jambalaya (very flavorful, not spicy), cornbread, salad and her famous dessert bar (including King Cake, Kahlua bread pudding & more).

There'll be a 50/50 drawing and door prizes, too!

Tickets on sale at the Reception desk until Feb. 15th.

NBSC Activities

<u>ACTIVITY</u>	<u>TIME</u>	<u>COST (MEMBER/ NON-MEMBER)</u>	<u>CONTACT PERSON</u>
MONDAY-FRIDAY			
Billiards	9AM-4PM	\$2/\$3	Ops. Mgt. (321)2 68-2333
Wii Bowling	9AM-4PM	\$2/\$3	Pat M. (321) 383-1609
Monday			
Board of Directors Mtg. (2nd Mon)	10AM-11:30AM	N/A	Marsha (321) 264-2776
NEW Birthday Bash (4th Mon)	11AM	Varies	Cat (321) 231-1135
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Joanne (321) 267-5923
Spanish Class (next session TBA)	2PM- 4PM	\$25 (5-week course)	Hannah (321) 720-9062
Ballroom Dance Lessons (all levels)	6PM- 7PM	\$10	Steve (321) 269-0357
Poker	6PM-9PM	\$2/\$3	Bill (321) 544-1430
Bunco (2nd Mon)	6:30PM-9PM	\$4/\$5	Sharon (321) 383-7927
TUESDAY			
Pinochle	9AM-2PM	\$2/\$3	Rachel (321) 537-5322
Line Dance Class Beginner/Improver	9AM/10AM	\$3/\$4	Naomi (321) 537-9459
Mahjongg	12:30PM-3:30PM	\$2/\$3	Beverly (305) 355-1769
Party Bridge	12:30PM-3:30PM	\$2/\$3	Larry B. (321) 631-8061
Darling Damsels Bridge	1PM-3:30PM	\$2/\$3	Dotti (321) 269-9633
Tai Chi	1PM-2PM	\$3/\$5	Ada (321) 848-4689
Dinner & Movie (2nd Tues)	5PM	\$5	Marsha (321) 264-2776
Computer Classes	By Appt only	\$3/\$4	Anne (321) 544-9469
WEDNESDAY			
Hooks& Needles Knitting (1st Wed)	10AM-1:30PM	\$2/\$3	Anne (321) 917-1108
ACBL Duplicate Bridge	12:30PM-4PM	\$6/\$7	Ralph (321) 593-2212
Line Dancing	6:30PM-8:30PM	\$3/\$4	Barbara (321) 452-1944
Hurricane Rug Hooking (2nd&4th)	10AM-2PM	\$2/\$3	Fonda (321) 298-2796
Beginner Jazz	11AM or 3:30PM	\$2/\$3	Marsha (321) 264-2776
Warrior Bridge (1st Wed)	12:30PM-3:30PM	\$2/\$3	Eleanor (321) 267-8340
Tap/Jazz Class	3:30PM -4:30PM	\$2/3	Marsha (321) 264-2776
THURSDAY			
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Rachel (321) 537-5322
Line Dance Class Beginner/Improver	9AM/10AM	\$3/\$4	Naomi (321) 537-9459
Singles Club Planning Mtg (1st Thurs)	4PM	Call Jean for location	Jean (321) 362-2359
FRIDAY			
Writers' Club	10:30AM-12PM	\$2/\$3	Pat (407) 568-3557
ACBL Duplicate Bridge	12:30PM-4PM	\$6/\$7	Ralph (321) 593-2212
SATURDAY			
Beginner Line Dance	8AM-9AM	\$3/\$4	Naomi (321) 537-9459
Improvers Line Dance	9AM-10AM	\$3/\$4	Naomi (321) 537-9459
Line Dance Party (2nd Sat.)	1PM-4PM	\$5	Naomi (321) 537-9459
SUNDAY			
Intermed./Adv'd. Line Dance Class	2PM-4PM	\$3/\$4	Ferrell (321) 267-0195

***** ALL ACTIVITIES OPEN TO THE PUBLIC *****



**Thursdays @ 10AM
(Doors open @ 9 AM)**

Smoke Free Environment!

Bring in canned goods or box donations on the 1st Thursday of each month for St. Gabriel's Seniors Food Pantry and receive a free Speedy game paper!

**Only \$8 to play 16 regular games (7 hard cards).
Additional hard cards \$1 each.
Special paper games payout varies. (Jackpot payout \$100)
Specials only \$1 per sheet, 6 cards per sheet.
Free hot coffee. Snacks (donations).**

******ATTENTION FIRST TIME PLAYERS****
Bring this AD & get free play of 7 Hard Cards all day!**

➤ Reach the Senior Market
ADVERTISE HERE

CONTACT

Contact Windy Vallejos to place an ad today!
wvallejos@lpiseniors.com or (800) 950-9952 x6418

Fast, Courteous Service!

ORANGE PLUMBING

ASK ABOUT OUR SENIOR DISCOUNT AND \$25.00 OFF
First time customers only • Not to be combined with any other offer

**Northern Brevard • 321-268-1043
Central Brevard • 321-609-9090
24 HOUR EMERGENCY SERVICE**

Property Marketers LLC

Ron Spieler | Realtor | Broker Associate, SFR, MRP

SERVING NEW JERSEY AND FLORIDA
3880 S. Washington Ave., Suite 238 • Titusville, FL 32780
(321) 987-1237 Cell | www.yourperfect.property | www.propertymarketersllc.com
rspieler@propertymarketersllc.com

Seniors and veterans will receive a discounted 4.5% rate

**What Will Happen To
Your Family and Your Money
If You Go Into A Nursing
Home?**

Allender & Allender May Be Able
To Preserve Your Life Savings
Today...
Before It's Too Late

**Call today to schedule a
Medicaid Planning consultation.**



JERRY ALLENDER



STEVEN ALLENDER

Did You Know That:

- In Florida, nursing home expenses average \$7,000 per month, or \$84,000 per year.

But Did You Also Know That:

- There are sound, proven legal and financial strategies that may preserve your assets from nursing home costs, even after you or your loved one has entered a nursing home.



SERVING THE LEGAL MATTERS OF AGING

Elder Law Attorneys

Phone: 321-269-1511 | www.AllenderLaw.com
Serving All Brevard County
Offices Titusville • Cocoa Beach • Viera





TRIPS AND TOURS

All trips OPEN TO THE PUBLIC.

MORE INFO? Call 321-631-8080

BUS TRIPS

Bok Tower & Davidson Candy Factory

Thur, Feb 14

\$83

Lake Wales — First, a 1-hour docent-led tour, then lunch onsite as you listen to the famous carillon bells. Walk part of the 250 acres of gardens & bird sanctuary. On the way home, we'll stop at the Candy Factory to buy some special treats. Minimum of 35.

Tarpon Springs Greek Adventure

Thur, Feb 21

\$79

Tarpon Springs -- You will go by boat for a 45-minute tour and have a demonstration of live sponge harvesting by Greek divers, dressed in traditional sponge-diving equipment. Lunch is included at Mama's Greek Restaurant, and then you have time for shopping in the historic riverfront area. **SOLD OUT – WAIT LIST OPEN.**

"We All Come From Away"

Sat, June 15

\$110

Orlando – Phillips Center – On 9-11, the world stopped. On 9-12 their stories moved us all. This Tony Award-winning Broadway musical is based on the true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. This is a must see! Includes lunch and upper balcony seats. **ONLY 10 SEATS LEFT!**

Strawberry Festival

Thurs, Mar 7

\$79

Plant City – This year's morning concert is the Kingston Trio. The afternoon features The Lettermen, and we have reserved seats down in front of the stage! Includes general admission, reserved seating for The Lettermen concert, and a famous strawberry shortcake. We also will go to a private buyer for fresh berries for less than you can buy them at the Festival. Sign up ASAP. **1st BUS SOLD OUT – NOW FILLING 2ND BUS!**

Isle of Capri Casino

Tues, Mar 19

\$40

Pompano Beach – We're heading south to this non-smoking casino. Receive \$10 free play and \$4 off the buffet. Minimum 35 people required. Sign up by March 5.

Navy UDT–Seal Museum

Tues, Apr 2

\$71

Ft. Pierce – Explore the history of the US Navy Seals and see the original training grounds of the Frogmen. Learn more about the elite warriors and the secret world of Naval Special Warfare. Lunch included. Minimum 35 people required. Sign up by March 15.

13th Annual Key West Trip

Sun-Wed, Dec 1-4

\$79

Clients have already begun paying the \$100 deposit. Included is lunch on the way down & back, hotel accommodations at the Fairfield (right on Trolley line), a fabulous Sunset Sail on a catamaran with drinks, hors d'oeuvres & live music. More details coming soon. Deposit of \$100 is being taken now and are due by June 1. This trip always sells out early, so call to make your reservations today!

Trip cost includes taxes & driver gratuity. Pickup at Titusville Home Depot.



**A hearty WELCOME to our newest
Board of Directors members:**

**Barbara Boswell, Janet Eastman,
Naomi Hostler, Mike Hamilton
and Andrea Matthews.**



AMERICAN SIGN LANGUAGE CLASS

**WEDNESDAYS
FEB. 6TH – MAR. 6TH
10:30 – 11:30 AM**

**\$2 MEMBERS,
\$3 NON-MEMBERS**

**CLASS SIZE LIMITED TO 12 PEOPLE, SO
SIGN UP TODAY AT RECEPTION DESK.**

**FOR MORE INFO, CALL JANET AT
321-506-8060.**

***Social Dance
Instruction
Only \$10 person***

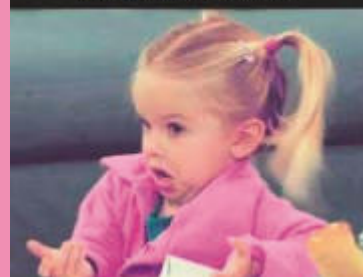


**New dance taught
every month —
Learn Latin, Swing, Ballroom &
other styles. No partner needed!**

**For more info, call Steve at
321-431-0047.**

**Don't worry — we
will walk through
each dance TWICE
before dancing it!**

**When no one remembers the
dance and we all just look at
each other like.....**



VALENTINE'S LINE DANCE PARTY

**SATURDAY,
FEB. 9, 2019
1 TO 4PM
\$5 ENTRY FEE**

Wear your **red and come join the fun!**

For the playlist go to:

[https//www.linedance-titusvilleflorida.com](https://www.linedance-titusvilleflorida.com)

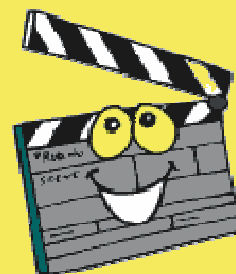


DINNER & MOVIE @ 5 PM

Tuesday, February 12

(DOORS OPEN @ 4:45 PM)

\$5 payable at the door (Dine in or Carryout)



MENU: Homemade Spaghetti, Fresh Salad, Bread & Dessert

MOVIE: "Father Figures" (COMEDY, R rating) starring Owen Wilson, Ed Helms & J. K. Simmons

Fraternal twins Peter and Kyle have always believed that their father was dead but, when their mother confesses that she lied to them about dad's demise, the twins set out on a road trip to find their father. This leads to a number of other unsettling revelations!

Fresh popcorn w/assorted salts to munch on during movie. Bring your own chair cushion if you like. For more info contact Marsha @ 321-264-2776.

AARP SAFE DRIVING CLASS

(ages 50 & older)

THURSDAY, MARCH 21 @ 9:30 AM

Please bring a blank check to pay for the class (no cash accepted).

Also, please bring a bag lunch.

Call 321-268-2333 for reservations.



**THANK YOU,
TEAM
EXTRAORDINAIRE!**

Larry Wright, Calvin Rogers, Bill Hostler, Dan & Elena Bukowski, Maureen Ayers and our visiting friend, Joe Kutcher, became the Team Extraordinaire. The Christmas decorations came down with lightning speed and amazing efficiency. It was an event to behold! "Thank you" seems inadequate for such a wonderful job.

Thanks again for all your hard work,
Naomi Hostler

**E. J. W. PRESSURE
WASHING**
321-684-9867

Commercial & Residential
We do driveways, sidewalks,
houses, decks, pools & more
FREE ESTIMATE

facebook.com/ejwlawnservice

Over 100 Premium Teas
3550 S. Hopkins Ave
Titusville, FL
321-626-9089
www.TeaWorldOne.com
TeaWorld1@gmail.com
Hours: Tues-Fri 11-5:30 • Sat 11-2
Tea World Cafe: Lunch Tues-Sat 11-2
Also Private Parties and Group Luncheons

Attn:
North Brevard
Seniors
Free Iced Tea
with Purchase
of Lunch

Pam Hayhurst, Owner



www.bykotacupuncture.com
321-474-4573

Beverly Lynch LAc.
Acupuncture/Chinese Herbs
bk.lynych@yahoo.com

Monarch
Cleaning Systems, Inc.

LET US DO THE WORK FOR YOU
CARPET SHAMPOOING FOR SENIORS

10% OFF CLEANING AND CARPET SHAMPOO AND CLEANING

(321) 268-2400 • www.monarchcleaningsystems.com



Golf1, Inc.
CLAUDINE BRANDON, REALTOR®
Certified Senior Real Estate Specialist

321-425-5048
Cell: 321-536-7766
claudinemogg@me.com



For ad info. call 1-800-477-4574 • www.4lpi.com

16-0407

BAKED P TATO BAR

Saturday, March 16 @ 5 PM

(more details in March newsletter)



We're going to have a St. Paddy's Baked Potato Bar Bash...

All proceeds to go towards buying a Shuffleboard table. We have about 3 dozen people signed up, waiting to play, so we'll have a great league. Mark your calendar to have a good time and help the Center!



BIRTHDAY BASH

MONDAY, FEB. 25

11 AM

Dotti is catering lunch, preparing "Rage of Atlanta" with sides. (All she'll say is that it's a wonderful chicken dish.) Of course, there'll be birthday cake!

FREE for those with February birthdays, all others \$5. Sign up @ Reception Desk.

Newsletter Boosters



LORETTA BODZIAK

BARBARA BOSWELL

DOROTHY FUCHS

CHERYL KASSAK

KAREN LARSEN

JOE MANGINO

WILFRED MEEHAN

AUSTRA MILLER

LARRY OPPENHEIMER

MARILYN VARNADO

*Become a Booster for the low price of only
\$10/year.*



Medicare & More Consultants Group



Jeanne Anderson

**Come by and see me at the Titusville
adult social center from Nov. 7th- Dec. 7th
Tuesday 10-2 and Thurs. 11-2
or Call 352-304-2167
for a home appointment**

*"Helping you select the
right plan for you!"*



CONSULATE HEALTH CARE

At the Heart of Caring

VISTA MANOR

Medicare and Medicaid Accepted
1550 Jess Parrish Court • Titusville, FL 32796
(321) 269-2200

Dignity[®]
MEMORIAL

WYLIE-BAXLEY MERRITT ISLAND FUNERAL HOME

1360 N. COURTENAY PKWY, MERRITT ISLAND, FL 32953

321-452-6565

Pre-Planning with Free Personal Planning Guide Available

CATERED RECEPTIONS • CHAPEL • CREMATION MEMORIALS • EVENT SPACE • FUNERAL CELEBRANTS • MULTICULTURAL FUNERALS

We provide Florida families in Merritt Island, Cape Canaveral, Cocoa Beach and surrounding areas with compassionate and professional funeral, burial and cremation services.



For ad info. call 1-800-477-4574 • www.4lpi.com

16-0407

RENTALS

**PLANNING A PARTY?
WEDDING? REHEARSAL DINNER?
ANNIVERSARY PARTY? REUNION?
BIRTHDAY PARTY? BABY SHOWER?**

OVERSIZED RENTAL AREA



ALCOVE AREA



SPACIOUS KITCHEN



FULLY EQUIPPED KITCHEN



DECORATED RENTAL AREA



DECORATED RENTAL AREA



*** * * KITCHEN SHOWER * * ***

Our Kitchen needs help! We have a beautiful kitchen and should be proud of it. It stays clean and beautiful, thanks to Michelle. She keeps it spotless, BUT...

We need supplies to keep it beautiful and running efficiently, so we're having a Kitchen Shower. You don't need to attend; just bring a "shower gift" when you go to your next Center activity or event. Items needed are:

Dish towels & dish cloths

Dawn dishwashing liquid (We prefer this brand.)

Bleach

Comet or whatever similar cleaner you like

Baking soda & vinegar (for drains)

Mr. Clean pads (great for removing stains from countertops)

We also need coffee, coffee creamer, sugar (in packets) and artificial sweetener (in packets).

Thank you so much for your gifts!

Ms Dotti

Kitchen Manager

HUH? EH? **WHAT DID YOU SAY?**

Let's talk about hearing loss for a moment. It's much more serious than your missing out on what's said and the annoyance of those trying to be heard.

Uncorrected hearing loss leads to higher hospitalization rates and health care costs, according to new research from Johns Hopkins University (in collaboration with AARP).

The study looked at health data of 150,000 people age 50 and older. It found that, over a period of 10 years, individuals with untreated hearing loss had a 52% greater risk of dementia, a 41% higher risk of depression, and almost a 30% greater risk of falls than those with no hearing loss or who wore hearing aids.

Good Advice From Kids

"A puppy always has bad breath -- even after eating a Tic-Tac."

- Andrew, age 9

"Stay away from prunes."

- Randy, age 9

Never tell your Mom her diet's not working."

- Michael, age 14

"Never trust a dog to watch your food."

- Patrick, age 10

"Don't pull Dad's finger when he tells you to."

- Emily, age 10

"When your Mom is mad at your dad, don't let her brush your hair."

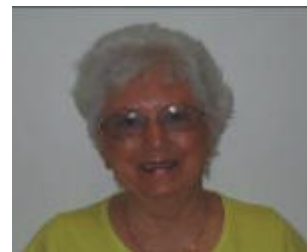
- Taylia, age 11

"When your dad is mad and asks you, 'Do I look stupid?', don't answer."

- Hannah, age 9

COOKING WITH DOTTI

4-LAYER CHOCOLATE DESSERT



1 cup flour
1/2 cup margarine or butter
1/2 cup chopped nuts

Mix above and press into 9 x 13 inch baking pan. Bake 375 degrees for 10 minutes. Cool.

1 (8 oz.) cream cheese, softened
1 cup confectioner's sugar
1 (12 oz.) Cool Whip, divided

Mix the cream cheese, sugar and 1 cup of Cool Whip together and spread on cooled crust.

3 cups milk
2 small packages instant chocolate pudding
1 teaspoon vanilla

Mix the above and spread over cream cheese layer. Spread remaining Cool Whip on top of the pudding layer. Refrigerate.

Yields: 12-15 pieces

www.nhsc.website | 10

SUPPORT THE **ADVERTISERS**
THAT SUPPORT OUR COMMUNITY



CarePlus
HEALTH PLANS

Louise Brown
Licensed Independent Agent
Cell: 321-480-5287
Fax: 321-637-1106
brownlouisevalerie@gmail.com

**4100 N. Wickham Road
Melbourne, Florida 32935**



our
SENIOR CENTER
The Online Directory of Senior Centers

NEVER MISS A NEWSLETTER!

Sign up to have our monthly senior
newsletter emailed to you at
www.ourseniorcenter.com



Dear North Brevard Friend,

As your local not-for-profit community healthcare system, Health First is here for you and your family. Since 1937, we have been committed to positively changing the health and well-being of our community through excellent and compassionate health care, and we will continue to do so in the years to come.

Our services and technology include:

- State-of-the-art Radiation Therapy
- Full Infusion Suite/Chemotherapy Services and Laboratory Services
- Intensity Modulated Radiation Therapy (IMRT)
- Image-Guided Radiation Therapy (IGRT)
- 3D CRT
- Linear Accelerator with Electron Capability (LINAC)
- Stereotactic Radiosurgery (SRS)
- Stereotactic Body Radiation Therapy (SBRT)
- 4D CT Simulation
- Access to Financial Advocates

We are here to serve you and deliver your oncology needs.

If you have any questions, or would like to schedule a next day appointment, please call 321.615.9438.

Sincerely,

Cynthia Bryant, MD, Juan Castro, MD, Josephine Dela Cruz, MD, Ashish Dalal, MD, Firas Muwalla, MD, Brendan Prendergast, MD, Richard Sprawls, MD and Solomon Zimm, MD

Most Insurance accepted.

Visit HFcancer.org



Crazy doesn't run in my family ... It gallops!

Teen for sale: Comes with rolling eyes, deep sighs and sarcastic comments. No reasonable offer refused.

Do not meddle in the affairs of dragons. You are crunchy and taste good with ketchup!

Not to brag, but I don't need alcohol to make really bad decisions.

Sometimes I think I'm too picky. Then I watch my dog look for a place to poop.

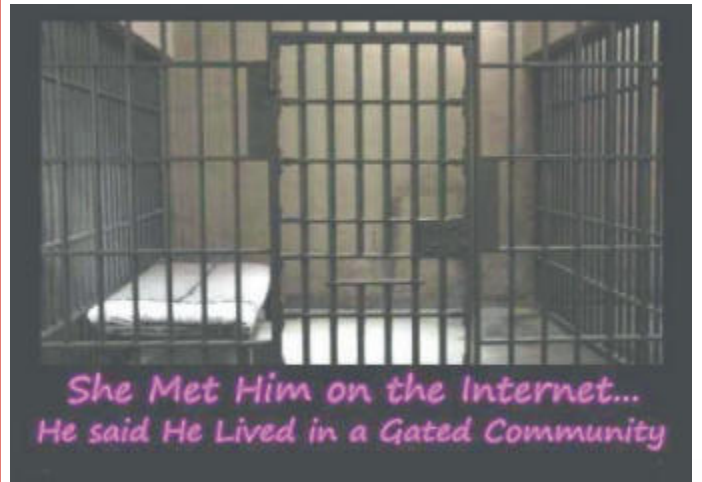
Ever look at someone and think, "This idiot is going to be the reason I go to jail."

Of all the lies told, "Just kidding," is everyone's favorite.

Just once I'd like to read a prescription bottle label that says, "May remove wrinkles, cause permanent weight loss, and increase energy".

Never pick a fight with a woman over 50. She's tired, impatient and insured.

So... I danced like no one was watching. Court date pending.



**ACCIDENTALLY WENT
GROCERY SHOPPING
ON AN EMPTY
STOMACH AND
NOW I'M THE
PROUD OWNER OF
AISLE 5.**



Doctors are saying that each piece of bacon you eat takes 9 minutes off of your life...

Based on that math, I should have died in 1732.