



We Are Here to Help!

Serving All Within Central
Florida

Many times life's challenges become too much to bear alone. When people need help they look for a skilled professional who will listen, understand and guide them in a direction of healing.

It is the goal of E.C.C. to provide our clients with the best qualified therapists to deal with the unique needs of individuals, couples, or families.

Our richly experienced counselors bring to our Center healing, knowledge, skill, compassion and Christian love.



Available Services

Individual Counseling

Improve your life skills whether you or someone you know is dealing with depression, anxiety, low self esteem, past or recent trauma, relationship problems, grief, substance abuse and other concerns.

Marital Counseling

Prepare for marriage or recapture your marital harmony; improve communication, intimacy enhancement, conflict resolution, sexual concerns, infidelity, divorce and other marriage crises.

Family Counseling

Understand family process while benefiting from individualized therapy intervention, including parenting skills, sibling conflicts, school difficulties, blended families, adjustment to traumatic events, communication skills, disciplining and family budgeting.

Group Counseling

Experience the benefit of therapy while gaining personal growth and mastering life skills along with others who share similar life processes. Join one of our group sessions today. Anger Management, Care for the Caretakers, Teen Mood Masters, Substance Addiction and Abuse, Parenting Without Pressure and Grief Groups.

Bilingual Therapy Services Offered

*English *Spanish *French *Creole

Seminars, Groups & Workshops

Call us to schedule your next activity covering a wide array of topics tailored to meet individual needs.

407-423-3327

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*Guidance & Healing for
Individuals, Families and Couples*

