



Sea Rocket



Florida Native Plant Society ~ Sea Rocket Chapter ~ Serving North & Central Brevard County

December 2012

The purpose of the Florida Native Plant Society is to promote the preservation, conservation, and restoration of the native plants and native plant communities of Florida.

~ Sea Rocket ~ Board of Directors

President
VACANT

Vice President
Bill Klein
Klein_William_R@hotmail.com

Treasurer
Martha Pessaro
tigerlily1953@aol.com

Secretary
Theresa Clark
wmtc176@gmail.com

Chapter Representative
Paul Schmalzer, PhD
paul.a.schmalzer@nasa.gov

Committees

Membership
Shari Blissett Clark
jclark109@cfl.rr.com

Education/Outreach
Shari Blissett Clark
jclark109@cfl.rr.com

Nursery
Suzanne Meyer
meyermenagerie@cfl.rr.com

Theresa Clark
wmtc176@gmail.com

Hike Leader
Paul Schmalzer, PhD
paul.a.schmalzer@nasa.gov

Newsletter
Linda Jean
Krupp
lindakrupp@cfl.rr.com

You're Invited!

FNPS Sea Rocket Chapter Annual Holiday Dinner



*Café Margaux in Cocoa Village
Wednesday, December 12, 2012
6:00pm ~ \$25 per person*

*Please RSVP by Monday, December 10th
jclark109@cfl.rr.com, or 321-454-6849*

Sample Menu:

*All dinners include mixed greens salad,
Chef's potato & vegetable.*

*Tenderloin of Beef Brochette with Onions, Peppers,
& Wild Mushrooms, Cabernet Herb Demiglace Sauce*

Crisp Peppered Grouper, Sherry Lobster Cream Sauce

*Herb Roasted Chicken over Lemon Linguine Pasta,
Tri colored Peppers, Greek Basil, Olive Oil & Garlic*

*Chocolate Truffle Cake with Godiva Mousse
Amaretto Almond Cake with White Chocolate Mousse*





DECEMBER



UPCOMING EVENTS & THINGS TO DO!

- Every Saturday** **Guided Nature Hike, 10:00am**, Enchanted Forest Sanctuary; for information, please call 321-264-5185.
- Every Wednesday** **Sea Rocket Nursery Workday, 10am**, Enchanted Forest Sanctuary, Call Suzanne for information: 321-264-4922.
- Wednesday, 12/05** **Florida Trail Association Hike: Econ River Loop Trail, 9am**
Meet at Lone Cabbage Fish Camp at 8:30am, \$2.00 per car entry fee applies. Call 321-453-1586 for information.
- Friday, 12/07** **Bat Chat, 5:00pm**, Green Marketplace, Reservations required
Call 321-890-6154 for information.
- Saturday, 12/08** **Wet & Wild Walk, 11:00am-1:00pm**, Enchanted Forest Sanctuary, reservations required. RSVP to Joanie at 321-264-5185.
- Saturday, 12/08** **Eco-Ornament Workshop, 1-3pm**, Enchanted Forest Sanctuary, call 321-264-5185 for reservations.
- Saturday, 12/08** **Kayak & Canoe Trip, 9am**, Bring your own boat and meet at Ramp Road Park, Cocoa Beach. Call Richard Loudon for more information, 321-693-3820.
- Tuesday, 12/11** **Friends of the Enchanted Forest Holiday Pot Luck & Gift Exchange, 6pm**, Enchanted Forest Sanctuary.
Call Barb at 321-268-5888.
- Wednesday, 12/12** **Florida Trail Association Hike: Prairie Lakes Trail, 9am**
Meet at Sam's Discount Club in West Melbourne at 8:30 am. A \$6.00 per car entry fee applies. Call 321-453-1586.
- Wednesday, 12/12** **FNPS Sea Rocket Holiday Party, 6pm**, Café Margaux in Cocoa Village, RSVP to Shari: jclark109@cfl.rr.com, or call 321-454-6849.
- Tuesday, 12/18** **LUNCH with NATURE, 12 noon**, Enchanted Forest Sanctuary, bring a bag lunch to eat during the program.
Call Sarah at 321-264-5185.

The Sea Rocket Chapter of the Florida Native Plant Society will resume monthly programs in January 2013. The Board hopes your Holidays are filled with Peace and Joy and that you'll join us in the New Year!

Please send announcements for future calendars to lindakrupp@cfl.rr.com

FLORIDA NATIVE PLANT SOCIETY SEA ROCKET CHAPTER
Membership Meeting Minutes, November 28, 2012

Submitted by Theresa Clark, Secretary

The meeting began at 7:00 p.m., with Treasurer Martha Pessaro presiding.

Susan Eggler moved for approval of the October, 2012, membership meeting minutes as published in the November newsletter. The motion was seconded by Linda Krupp and passed.

Martha informed members that the chapter has spent close to \$100 on nursery irrigation materials and that income from the chapter's November plant sale was \$697.

A sign-up sheet was circulated for volunteers to work the chapter's exhibit at the Space Coast Birding and Wildlife Festival, to be held in Titusville from January 23 through January 27, 2013. A sign-up sheet for volunteers to provide refreshments at upcoming membership meetings in 2013 was also circulated.

Martha reminded everyone that there is no membership meeting in December, however, the annual chapter Christmas party is slated for December 12, 2012, at Café Margaux in Cocoa. The cost, not including alcoholic beverages, is \$25 per person. The menu will be published in the December newsletter.

Dr. Schmalzer announced the field trip at Scottsmoor Flatwoods Sanctuary on Saturday, December 1, 2012. Details are available in the November newsletter.

Joanie Faulls announced that the "Music in the Forest with The Ashley Gang" will take place at the Enchanted Forest on December 1, 2012, beginning at 5 p.m.

Martha introduced the speaker for the evening, Dr. Michele Williams. Dr. Williams is the Southeast Regional Director of the Florida Public Archaeological Network. Dr. Williams graduated from Washington University in St. Louis with an MA and PhD in Anthropology, with a specialty in Archaeology.

Dr. Williams began by summarizing the archaeological history of Florida, which spans over a 10,000 year time period. In the beginning, native populations were hunter gatherers. The ocean level was far lower and larger animals, such as mastodons, were plentiful. Melting glaciers and the resulting ocean rise resulted in the disappearance of large animals and caused people to develop maritime food sources, as evidenced by extensive middens, some of which can still be found along the Florida coastline today, notwithstanding their use for construction material in relatively recent times. Native populations were severely disrupted 500 years ago when Spanish explorers arrived. Most were killed and many were displaced. She noted that from that time forward, Florida has undergone more change than during the greater part of the previous 10,000 years. This includes the effect of the introduction of invasive plants, as well as modern dredging and draining,

Dr. Williams noted that her primary interest is paleoethnobotany, the study of plants used by ancient humans. Her focus is on the ancient use of plants as medicine. First and foremost, Dr. Williams warned that although many modern western medicines contain botanicals, individuals should not experiment with them as medicine at home. The serious risk is due to the fact that plants can work very effectively and the modern individual in Western civilization, accustomed to Western medicine, is not necessarily familiar with critically important information regarding use of plants as medicine. Ancient people not only used plants for thousands of years, they passed their knowledge down. This includes knowledge of the right time of year to use the plant, the right part of the plant to use, the solubility of the requisite plant part, how much to use for a given age and size and many other factors.

Dr. Williams also explained that there is also the issue of expectations. Knowledge that the ancients used a certain plant for a particular effect does not necessarily warrant its use since the effect may not be the one that you are expecting.

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As Dr. Williams explained, a plant that was considered to be “good for diarrhea” may induce it, not stop it.

On the other hand, Dr. Williams is a strong advocate of landscaping with native plants that have medicinal qualities. They not only look good, attract birds and butterflies, help you to qualify for a Florida Friendly Landscape designation, but they provide good stories. You can get a lot of pleasure just talking about how they were used in earlier times.

Dr. Williams highlighted 10 favorite plants to use in landscaping: 1) Pond-Apple (*Annona glabra*), 2) Beautyberry (*Callicarpa americana*), 3) Buttonbush (*Cephalanthus occidentalis*), 4) Cocoplum (*Chrysobalanus icaco*), 5) Firebush (*Hamelia patens*), 6) Dahoon Holly (*Ilex cassine*), 7) Wild Coffee (*Psychotria nervosa*), 8) Elderberry (*Sambucus canadensis*), 9) Saw Palmetto (*Serenoa repens*) and 10) West Indian Lilac (*Tetrazygia bicolor*). She described the preferred conditions and the medicinal lore of each of the listed plants. Prior to discussing the plants, Dr. Williams generously offered to provide her PowerPoint program for later review by anyone interested, so that attendees could enjoy her presentation without taking notes.

FNPS Sea Rocket Chapter to Endorse Florida Water and Land Conservation Amendment

The Sea Rocket Board recently voted unanimously to join the FNPS State Society and several other Chapters in endorsing the Florida Water and Land Conservation Amendment. The proposed amendment to the Florida Constitution is summarized below; visit the following link to read the amendment in its entirety:

<http://floridawaterlandlegacy.org/pages/126/the-florida-water-and-land-conservation-amendment/>

TITLE:

Water and Land Conservation - Dedicates funds to acquire and restore Florida conservation and recreation lands

SUMMARY:

This amendment funds the Land Acquisition Trust Fund to acquire, restore, improve,

and manage conservation lands, including wetlands and forests; fish and wildlife habitat; lands protecting water resources and drinking water sources, including the Everglades, and the water quality of rivers, lakes, and streams; beaches and shores; outdoor recreational lands; working farms and ranches; and historic or geologic sites, by dedicating 33 percent of net revenues from the existing excise tax on documents for a period of 20 years.

**Sea Rocket needs members
to volunteer for the
2013 Space Coast
Birding & Wildlife Festival**

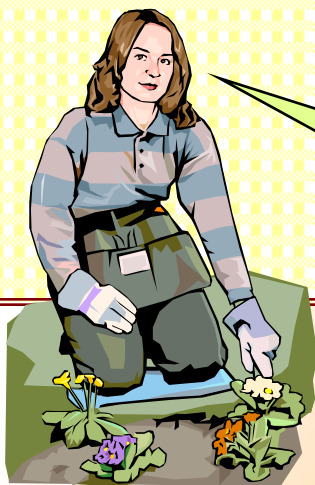
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**Contact Shari if you can help!**

[jclark109@cfl.rr.com](mailto:jclark109@cfl.rr.com)

321-454-6849

**Space Coast Birding  
& Wildlife Festival**  
JANUARY 23 - 28, 2013  
TITUSVILLE, FLORIDA



## Mystery Plant



**Do you know this plant?**

Send your identification to Linda at  
[lindakrupp@cfl.rr.com](mailto:lindakrupp@cfl.rr.com)

Winners will receive a nursery grown Florida native plant for their yard! \*

\* Must be present at the January 2013 meeting to claim prize.

**Sea Rocket Chapter wishes to thank member Janet Hirkala for donating a compost tumbler to the Chapter nursery. We'll be turning those unwanted weeds into nutritious compost for our seedlings!**

**Thanks, Janet!**

# Tulinda's Garden

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[www.TulindasGarden.com](http://www.TulindasGarden.com)

Phone 321-639-4017

Mobile 321-446-9338

## green images

*Florida Native Landscape Plants*

1333 Taylor Creek Road  
Christmas, Florida 32709

407-568-1333

## Maple Street Natives



Sharon & Brent Dolan

7619 Henry Ave.

West Melbourne, FL 32904

ph: 321-729-6857

e: [info@maplestreetnatives.com](mailto:info@maplestreetnatives.com)

[www.maplestreetnatives.com](http://www.maplestreetnatives.com)

RETAIL  
M-Sat 8-5

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### The Enchanted Forest Sanctuary Education Center

444 Columbia Blvd, Titusville, FL 32780 321-264-5185

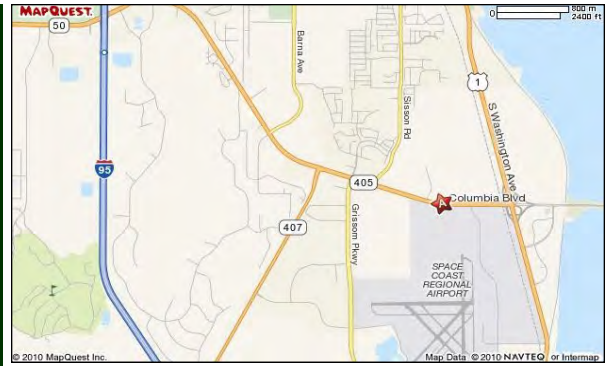


Driving Directions to the Sanctuary:

**From I-95 Northbound:** take SR-407 Exit 212 east 2.7 miles to SR-405 intersection. Turn right onto SR-405 and go east 1.9 miles (the Sanctuary entrance is on the left 0.4 miles past Sisson Road)

**From I-95 Southbound:** take SR-50 Exit 215 east. Turn left onto SR 50 and turn right onto SR-405 (2nd light) Travel 3.6 miles (the Sanctuary entrance is on the left 0.4 miles past Sisson Road)

**From U.S. HWY 1:** go west 0.5 miles on SR-405 in south Titusville. Sanctuary entrance is on the right.



### Florida Native Plant Society

For membership information, address change: P. O. Box 278, Melbourne, FL 32902-0278

Phone: 321-271-6702; Fax: 321-951-1941; Email: [Info@fnps.org](mailto:Info@fnps.org)/[www.fnps.org](http://www.fnps.org)

Sea Rocket Chapter mailing address: P. O. Box 236341, Cocoa, FL 32923-6341



**NO MEETING IN DECEMBER ~  
HAPPY HOLIDAYS!**

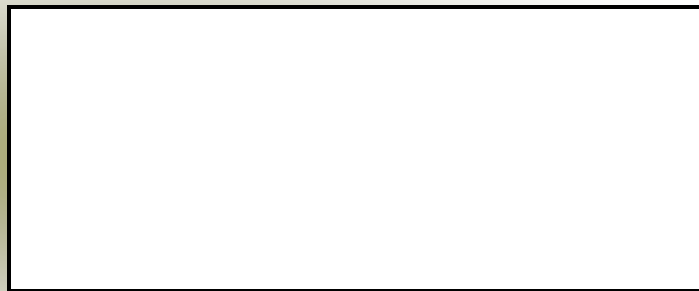
Join Sea Rocket at the  
**16th Annual  
Space Coast Birding & Wildlife Festival**  
[www.spacecoastbirdingandwildlifefestival.org](http://www.spacecoastbirdingandwildlifefestival.org)



### Sea Rocket Chapter

PO Box 236341

Cocoa, FL 32923-6341



**GO GREEN! RECEIVE YOUR NEWSLETTER VIA EMAIL AND SAVE SOME GREEN! GO GREEN!**