



Enchanted Forest Sanctuary Management & Education Center



September 2017 Events - Page 1

*** All programs are free unless noted ***

Guided Walk - Every Saturday in September 10:00-10:45am

Enjoy a 45-minute guided hike. Please bring a hat, water and walking shoes. No reservation needed, unless you are a group of 5 or more.

Hridaya Hatha Yoga and Meditation Class - Sunday September 3rd, 1:00- 3:00pm

Certified teacher Dr. Adina Riposan-Taylor will be holding a free workshop focusing on traditional contemplative practice and a gentle meditative yoga style for deep relaxation! Registration required, please call 321-264-5185.

Integral Tai Chi & Qigong Class - Sunday, September 3rd & 24th, 3:30- 5:00pm

Certified teacher Dr. Adina Riposan-Taylor will be holding free intro-level classes for all ages in the screen porch. Come learn about and experience these ancient meditative practices! Registration required, please call 321-264-5185.

Florida Native Plant Society Garden Workday - Saturday, September 2nd & 16th, 9:30am-12:30pm

Grab your hat, sunblock, and water and come help maintain the butterfly garden at the Enchanted Forest Sanctuary!

Yoga in Nature FREE

at The Enchanted Forest Sanctuary
Second & Fourth Sunday of the Month
9:30am - 10:30am
July 9th & 23rd
August 13th & 27th
September 10th & 24th

Join yoga instructor *Katy Harvey* from *Inverted Elephant* for a yoga class on the porch!

Traditional class for all levels.

Wear loose fitting clothing and do not eat anything an hour before class. Bring water and a mat.

**Please REGISTER by calling
321.264.5185.**

444 Columbia Blvd., Titusville, FL 32780 www.eelbrevard.com

Yoga in Nature- Sunday, September 10th & 24th 9:30-10:30am

Join yoga instructor Katy Harvey from Inverted Elephant for a traditional class for all levels on the porch! Wear loose fitting clothing and do not eat anything an hour before class. Bring water and a mat. Registration required, please call 321-264-5185.



Find us on
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Volunteer Orientation - Saturday, September 9th, 3:00-4:00pm
Tuesday, September 26th, 10:00-11:00am

The Enchanted Forest Sanctuary is looking for dynamic individuals with a passion for the environment! Come learn about our various volunteer opportunities. Registration required, please call 321-264-5185.

Photography Club - Saturday, September 16th, 9:00-11:00am

All levels of photographers welcome. View photographs and learn helpful tips during their monthly meeting.

Forest Funday: Game Day! - Sunday, September 17th, 2:00-4:00pm

Try to beat our staff and volunteers at playing our nature games including Reptile Who and Scrub Bingo! No registration required.

Hridaya Hatha Meditation Lecture - Sunday September 24th, 1:00-3:00pm

Certified teacher Dr. Adina Riposan-Taylor will be holding a free lecture on this gentle meditative yoga style for deep relaxation! Registration required, please call 321-264-5185.

Lunch with Nature: Birding at the Dry Tortugas - Wednesday, September 27th, 12:00-1:00pm

Bring your lunch and come learn about birds and island ecosystems with birding experts David and Dee Simpson! No registration required.

Fox Lake Volunteer Workday - Saturday, September 30th, 9:00am-12:00pm

Join EEL staff for a volunteer workday out at the Fox Lake Sanctuary to improve the entrance trail! Closed toed shoes and long pants and sleeves are recommended. Bring sunblock, water, and a hat. For more information and directions please call 321-264-5185.

The Enchanted Forest Sanctuary Management & Education Center was created and is managed under Brevard County's Environmentally Endangered Lands Program referendum. The referendum was established by voters in 1990 to protect and preserve the rich biological diversity of Brevard County for future generations.



Find us on
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