

# Yoga in Nature

FREE

at *The Enchanted Forest Sanctuary*

Second & Fourth Sunday of the Month

9:30am - 10:30am

July 9th & 23rd

August 13th & 27th

September 10th & 24th



Join yoga instructor *Katy Harvey* from *Inverted Elephant* for a yoga class on the porch!

*Traditional class for all levels.*

Wear loose fitting clothing and do not eat anything an hour before class. Bring water and a mat.

**Please REGISTER by calling  
321.264.5185.**



444 Columbia Blvd., Titusville, FL 32780

[www.eelbrevard.com](http://www.eelbrevard.com)