

# The Beacon

Shedding Light on the News & Events of North/Central Brevard County, Florida

Vol. 6 No. 24

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NASA/Ben Cooper

Viewed from the Banana River at Kennedy Space Center, Space Shuttle Discovery arcs through a cloud-brushed sky, lighted by the trail of fire after launch on the STS-128 mission Aug. 28. The first launch attempt on Aug. 24 was postponed due to unfavorable weather conditions. The second attempt on Aug. 25 also was delayed due to an issue with a valve in the main propulsion system.

## Discovery delivers equipment to ISS

Space Shuttle Discovery lifted off at 11:59 p.m. Aug. 28 after two attempts days earlier.

STS-128 delivers supplies and equipment to the International Space Station. The Leonardo Multi-Purpose Logistics Module, a pressurized "moving van" will be temporarily installed to the station. It will carry 15,200 pounds of cargo. Using the station's robotic arm, it will be installed to the station and returned to the shuttle's cargo bay for its return to Earth.

The module delivers science and storage racks, a freezer to store research samples, a new sleeping compartment and the Combined Operational Load-Bearing External Resistance Treadmill or COLBERT treadmill.

The 13-day mission includes three spacewalks to replace experiments outside the European Space

Agency's Columbus laboratory and install a new ammonia storage tank and return the used one.

Ammonia is used to move excess heat from inside the station to the radiators located outside. STS-128 also delivers a new crew member and bring back another after almost two months aboard the space station.

The crew is commanded by Marine Corps Col. Rick Sturckow, piloted by Air Force Col. Kevin Ford. Mission specialists are retired Army Col. Patrick Forrester, Jose Hernandez, John "Danny" Olivas, Christer Fuglesand, Nicole Stott and Army Col. Tim Kopra.

STS-128 is the 30th trip to the station, 128th shuttle mission and Discovery's 37th launch. Six flights to the station remain before the shuttles' retirement in 2010.

## Titusville soldier dies in training mission

By Susan Walden

Army Staff Sgt. Chad Tucker, a 2000 Astronaut High graduate, died Aug. 19 in a training exercise.

The Beacon reported on June 28, 2007, that the Titusville native, a Black Hawk helicopter crew chief in the 160th Special Operations Aviation Regiment from Fort Campbell, Ky., was awarded the Distinguished Flying Cross for extraordinary heroism while participating in flight operations in Iraq.

Tucker, 28, was a member of the Delta Company, 160th Special Operations Aviation Regiment's Night Stalkers. They were performing high altitude training on Mount Massive in Colorado when their Blackhawk helicopter crashed.

Others onboard were Warrant Officer Terry Geer, 40, of Casper, Wyo; Chief Warrant Officer Robert Johnson, 41, of Seattle and Staff Sgt. Paul Jackson, 33, of Lancaster, Md..

"I have flown with and deployed with all four soldiers over the past three years and without a doubt they were truly America's most elite aviators and patriots," said Chief Warrant Officer Alan Dean. "Unfortunately, you will never know the heroic deeds these individuals have accomplished as our missions are classified and out of the spotlight of the news.

"They will be sorely missed."

He said that Tucker was recently accepted to flight school; he was to attend in October.

He is survived by his wife, Megan, son Jeremy of Fort Campbell, Ky., and his parents Wendell "Dale" and Wanda Tucker; and his sister, Crystal Castaner of Titusville.

In the 2007 interview, his mother described their relationship as close. His father and grandfather also served in the Army and ever since he was a little boy, Chad always dreamed of being a soldier.

"He's a hometown hero who has gone above and beyond for this country and paid the ultimate sacrifice," said Dean.

**NEXT ISSUE: Sept. 17**

# Organization crafts hundreds of baby quilts

By Susan Walden

They're an army of one.

One hundred and forty quilters work silently in the community turning their hobby into aid for other organizations.

In the First Baptist Church, where the Space Coast Quilters gather, a sea of baby quilts hung over the pews Aug. 19. There, four area clergymen – a rabbi, Catholic and Episcopal priest and Baptist minister – blessed 315 quilts before being gathered; and 241 were given to area charities, hospitals, fire departments and other agencies. The 74 remaining quilts will be sold by the organization to pay for materials for next year's project.

"I think all of us feel we're doing something for someone," said Pat Reid, coordinator of the annual baby quilt project. Only 35 quilters made the items.

"We've been doing the baby quilts since 2002," she said. "This year our goal was 250, so we're happy with the results." Reid said the ladies meet each Wednesday morning at the church from April through June.

Members of the Space Coast Quilters also make comfort quilts for retirement homes and hospitals. "We give away five



Patricia Wilkins

**Members of the Space Coast Quilters gather around 315 baby quilts while four clergymen bless the blankets, which were given to area charities, hospitals, fire departments and other agencies.**

or six quilts to organizations that ask us for them at Christmas," said Reid, who's been quilting since 1980.

The organizations crafted 240 bed quilts for Hurricane Katrina victims and 35 quilts to people in Kosovo.

"We donate all year long," said the organization's president Ann Giles, who's been quilting for six years. "We give our work and our time and people sell raffle tickets and make money for their organization."

Giles can't believe she's the president of an organization she used to see walk down the halls of Brevard Community College where she worked several years ago.

"I'd see them as they were going to teach quilting classes and I'd say to myself that one day I'd like to learn how to quilt – and here I am."

Their motto is, "We share because we care."

But they do more than quilt to help others. It may be too warm to think about the holidays yet, but the quilters are already figuring out who is helping with Christmas dinner – not dinner for them, but complete food baskets for those less fortunate.

When they're not working together, they enjoy each other's company so much, they go on trips – sometimes even out of state.

The organization is always looking for new members.

"We're trying to bring in young people too. We teach quilting for those who'd like to learn," she said. Classes are the first Wednesday of the month, 9 a.m. at First Baptist. Call 268-1969 for more information.

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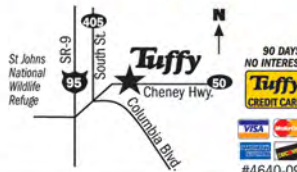
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## Opinions

# Dry your eyes because your kids are picking your nursing home

### My View

By Susan Walden



I have come down with an affliction.

It's called the empty nest syndrome. I think it happens more to women than men, since my husband is taking it a lot better than me.

My youngest son wasn't supposed to leave for college until next year but was awarded a scholarship to an arts academy (boarding high school) in Michigan this year – his senior year – as a trombone student. It's a great thing – truly a gift from God – and we're very proud of him, as this will prepare him well for college music conservatories, which is his dream.

Did you ever feel happy and sad at the same time? From spending many hours with him a day – playing taxi driver to and from Titusville High, taking him to trombone lessons all over Central Florida – to having a lot of time on my hands. From laughing and big hugs that take my breath away because he's an overgrown puppy that doesn't know his own strength – to hoping I hear from him once a week.

I know there are other parents out there who in recent weeks have moved their children into dorms. I'm sure there's an emptiness – not only in the house but in the heart.

It isn't just about missing your son or daughter.

As parents, moms especially, we go full speed every day with our kids. We're nurturing 24/7. What was once bandaging and kissing scraped knees becomes the task of giving sound advice, encouraging words and drying tears from more complex situations.

We box up the items for the dorm. Did we pack everything? Did we prepare him properly to be a mature older teen – being honest, moral and hardworking? Did we give him all

the sound advice he needs for school and relationships?

Like a cake we've carefully prepared and put in the oven, is it done yet? Will it be delicious or will it fall in in the middle? There aren't any do-overs in life.

My husband quips, "Thank God He made men different from women," although he understands my empty nest affliction.

As parents who are going through this, now we have to adjust our lives. Many of my friends say, "Wow, now you have time for you." And that part is good but also a sound illustration of how empty nest is real because our role now shifts. Of course, we're still parents but our tasks aren't on a 24/7 basis anymore. There's also no segue between the two. It just abruptly changes in one day. We don't even get the chance to break in the shoes.

And we cannot traumatize and embarrass our children by constantly calling them or making them feel bad that they left. It's about as hard for us as when they broke away from a pacifier or bottle. This time we're having to break away.

And all of this comes right when we're going through the middle age thing. Looking at our wrinkles, gravity taking over, taking medication and the list goes on. It just isn't fair is it? And on top of everything we have to put on a brave face.

When I drop him off in Michigan this week, I can't cry. I must act as happy as he is.

"Wow, so you have a two-hour drive back to the Grand Rapids airport?" he asked me. "Won't that be boring?"

"No," I say to myself. "I'll probably cry most of the way."

But instead I just tell him, "Oh it will be a pretty quick trip."

As my dad always used to say, "This too shall pass."

The sadness will wear off, roles will shift and soon just being proud of him will be the lasting emotion. Looking forward to seeing him on his school breaks will be the order of the day.

I will adjust. If I don't the warning he's given me for years will resound in my head.

"Remember, be nice to me because I'm picking your nursing home."

## New Lucky 'U' Spot – a place to hang your hat

By Elizabeth Wirth

Convenience can be costly but happy customers will frequent the same "convenience store" over and over again. Not necessarily for the "convenience" but there are large numbers of individuals who go to a particular store because they enjoy seeing the same individuals on a daily basis and who generally purchase coffee and snacks along with lottery tickets. These individuals will typically congregate outside and are willing to stand in the heat, cold or inclement weather for this socialization. This was the trend discovered by longtime convenience store manager Steve Prather when he decided to open his own store.

"I wanted something decidedly different so I came up with the concept of a coffee bar and combined that with aspects of a convenience store, sports bar and Internet café, offering coffee and other beverages (excluding alcohol), snacks, other miscellaneous convenience store items and lottery to create a relaxed environment to come in and sit, enjoy a hot cup of coffee or other beverage, chat with friends and make new ones, check or send emails, or sit back and enjoy watching sporting events on one of two large flat screen televisions, said Prather. "I call this alternative environment a "comfort store."

He opened his store, called Lucky 'U' Spot at 3204 S. Hopkins Ave., Titusville, FL (behind St. Theresa's and between the Mail Center and Aliff Hair Designs) Aug. 15, ahead of schedule, due to the anticipation and demand by friends and former customers he has served in the past. At this time the only feature missing from the store is lottery sales, which are anticipated to start within two to four weeks.

One of the best features of Lucky U Spot is the great prices such as 50-cent canned sodas, \$1 coffee of any size cup and 25-cent refills.

Sept. 5 the Lucky 'U' Spot holds a Grand Opening Barbecue in the parking lot with karaoke inside. No purchase is necessary to participate in the karaoke, and kids are welcome too.

The store is open seven days a week – Monday through Saturday from 5-8 p.m. and Sunday from 5 a.m. – 2 p.m., except during football season when the store closes when the game ends. For more information on Lucky 'U' Spot, call 225-0128.

### Give blood

Florida's Blood Centers are calling donors of all blood types. With the storm season here, donations are needed to prepare for emergencies. Call 1-888-9DONATE or go to [www.floridasbloodcenters.org](http://www.floridasbloodcenters.org) to find out how, where and when to donate.

### Luncheon planned

If you are interested in your company becoming a vendor for the state, county, city or NASA, come to a luncheon Sept. 9 at the American Police Hall of Fame, 6350 Horizon Dr., Titusville.

Registration begins at 11:30 a.m. Cost is \$15 for chamber members, \$20 nonmembers. Call 267-3036 to make reservations.

### Kids learn computers

A beginner's computer class is offered at Cuyler Community Learning Center, 2329 Harry T. Moore Ave., in Mims. This ongoing class meets on Mondays, from 4 to 6 p.m. for elementary age children.

The class covers the basics of how a computer operates, identification of computer parts, and instruction on use. There is no fee for the class but registration is required by calling 264-5045.

### Call your reps

Fed up with people representing you? Think they're doing a great job? Find out who your representatives are and how to reach them by going to [www.visi.com/juan/congress/](http://www.visi.com/juan/congress/).

# Loyd Have Mercy serves up home cookin' like momma's

By Susan Walden

People can't help but exclaim, "Loyd have mercy," when they eat his food.

That's why Andrew Loyd named his restaurant that.

He's not only a great cook – he's a pastor of Love Covenant Word Center in Titusville and Orlando. That's another reason why the name of his restaurant fits him so well.

Loyd has been cooking homemade favorites including soul food for over year on South Street. But now Loyd Have Mercy has just moved to a larger location just down the street in the shopping center where Wild Ocean Seafood is.

"People come from as far away as Daytona, Melbourne, Orlando and Sanford for my food," said Loyd, who grew up in Titusville and graduated from Astronaut High in 1983. "They say I've got the best wings around."

Cooking is a passion he picked up from his mother, who's from Georgia. Loyd, the second oldest of five children, did a lot of the cooking at home, even as young as 7 years old.

"To me cooking is an art. I love to put smiles on people's faces. Then they say, 'Oh now I know why you named your restaurant Loyd Have Mercy.'"

The fact is, it was really his brother's idea. One day Loyd made fish and grits for his family and his brother kept saying, "Lord have mercy," while eating.

"Then he said I should have a restaurant and I should call it Loyd Have Mercy."

He and his wife, Mary – who he met decades ago while both worked at Burger King – have been overwhelmed by the community's support of his home cooking. He turned his passion into a business, but is only open Thursday through Saturday. Loyd said probably within the year, as business calls for it, he'll open for more days. He also plans to open a second location in east Orlando within the year.

Loyd and Mary have one daughter, 21-year-old Janna, who is following in her father's footsteps as a pastor, and wants to go to culinary school to be a pastry chef.

They are excited to move around the corner into the shopping center because the location offers more tables in his restaurant, a bigger parking lot and a more popular spot.

"People love to sit and eat in my restaurant and now there will be a whole lot of more room," he said.

Loyd Have Mercy does a tremendous amount of take-out. "Quite a lot of folks have big orders for their family or they have parties," he said. Because of popular demand for his wings, Loyd is planning to offer buckets of wings soon.

So what's on the menu? Plenty.

No matter if you're from the city or the farm, no matter what ethnicity, Loyd Have Mercy has delicious dishes for everyone – and at a minimal cost.

"It's very important to me to have affordable prices for everyone in this economy," he said. In addition to low-priced items, he also offers daily specials including \$5 lunch specials available between 11 a.m. and 5 p.m. Choose from eight wings, gizzards, a meatball sub, whitening sandwich, hamburger or a turkey and/or ham sub. Lunch specials include one side item and a fountain drink.

The wide menu has sandwiches and burgers – from a BLT to a pork chop sandwich. Those who'd like something bigger can choose from a meatball, Philly cheese steak, turkey and ham sub complete with one side for \$5 to \$6.

Dinners include gizzards, chitterlings with rice, meat loaf, cubed steak and rice, turkey wings with rice, fried chicken, smothered chicken, pork chops and oxtails with rice. Prices range from \$6 to \$10.

Choose from fried, hot, mild, garlic or barbecue wings. Get eight for \$5, 10 for \$6 or 12 wings for \$7.

Gizzards are just \$2.50.

Many love his seafood, which includes mullet, whiting, sheephead, catfish and tilapia. You can choose a sandwich, basket or dinner, ranging from \$6 to \$9. Shrimp is very popular at the restaurant. Choose 10 shrimp (we're talking big shrimp), fried or garlic, for \$9 for a sandwich, \$10 a basket or \$1 for a dinner.

Hot on the menu is the hard-to-find, mouth-watering blue crabs. Get five crabs for \$10 to \$12 depending on if one chooses a sandwich, basket or dinner. Loyd also features seafood combos of three crabs and six shrimp for \$11, and a one fish and 10 shrimp dinner for \$16.50. Seafood baskets come with one side and dinners include two sides, plus hush puppies.

It isn't easy choosing a side at Loyd Have Mercy. Choose from fries, cabbage, green beans, mac and cheese, collard greens, lima beans, corn, rice, baked beans, cole slaw, potato salad, grits, mashed potatoes or fried okra. Some dinners and baskets come with a side; a la carte each item is \$1.50. A large side is \$2.50.

Dinners include the entrée, two sides and a corn muffin. You can feed a family for a great price at Loyd Have Mercy. Get eight wings, 10 shrimp and one large side for \$15. Or get a half slab of ribs and two large sides for \$13.50. One slab of ribs and three large sides is \$23.

Other favorites are Loyd's barbecue ribs and chicken. You can get a sandwich, basket or dinner or just the ribs and chicken only.

Kids under 10 eat a great meal for just \$3 – a burger, hot dog, grilled cheese or three chicken drumettes plus fries and a small drink.

You can't leave without dessert, another homemade masterpiece – cake, banana pudding, peach cobbler or sweet potato pie from \$1.75 to \$2.50.

Loyd Have Mercy is open from Thursdays 11 a.m. – 10 p.m.; Fridays 11 a.m. – midnight and Saturday noon to 10 p.m. Dine in, take out or call ahead for fast pick up – 269-1008.

## Kudos

### United County earns award

United Country Real Estate, headquartered in Kansas City, Mo., has announced that United Country – Bobby Mutter Realty of Titusville, finished the second quarter of the year with strong numbers. Owned by Bobby Mutter, the company has earned the Master Salesman Award based on closed sales volume for the first half of 2009.

### Parrish has 2 new docs

Parrish Medical Center welcomes neurosurgeon Aaron Smith, DO.

Smith specializes in the surgical treatment of brain, nerve or spine disorders.

Trained in the latest minimally invasive surgical techniques, he uses the most advanced technology available today.

He welcomes new patients and accepts most insurances. His office is conveniently located on the second floor of the Parrish Healthcare Center at Port St. John, located at 5005 Port St. John Parkway. For an appointment call 321-433-2247.

Smith invites you to join him for lunch at LaCita Country Club Sept. 10, from noon to 1 pm, where he will present a lecture and answer your questions about "Common Back Ailments and Their Treatment." Cost is \$15; lunch included.

Space is limited. RSVP to 321-268-6109.

PMC also welcomes Patrick Sonser, MD, to its medical staff.

Sonser specializes in the care of people with nonsurgical conditions of the spine and musculoskeletal.

Surgery is usually a last resort treatment option for back, neck and joint conditions. Therefore, individuals may be referred to a physiatrist first for nonsurgical treatments of such conditions as chronic pain, herniated discs, spinal stenosis (narrowing of area around spinal cord and nerve roots), osteoarthritis of the spine or joints, degenerative disc disease, tendonitis, bursitis, or carpal tunnel syn-

drome.

Sonser uses medically advanced physical therapy techniques, medications and fluoroscopic guided injections, such as epidural steroid injections, sacroiliac joint injections, hip and shoulder injections, facet joint injections, radiofrequency ablation and discography to diagnose and treat painful conditions of the spine and musculoskeletal system.

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**INGROWN TOENAILS**

The most common toenail ailment is the ingrown nail. An ingrown nail is one whose corners or sides have grown into the flesh, causing irritation, redness, swelling and pain. It most commonly occurs on the big toe.

A number of factors can cause an ingrown nail. Trimming the nail to the rounded contour of the top of the toe is one of them. You should trim nails straight across. Don't clip off and round the corners. Crowding the toes in a too-tight shoe with a too-small toe box can create one. Repeated blows to the toe from daily activity can also be a cause.

An ingrown toenail can be more than just uncomfortable; it can cause an infection. You can treat an ingrown toenail at home by soaking your feet—20 minutes, four times a day—in warm salt water. Mix a tablespoon of salt per quart of water.

If ingrown nails are a chronic problem, your podiatrist may recommend removing part of the nail and part of the underlying nail bed. A podiatrist is trained to deal with problems like ingrown toenails and can advise you on how to avoid this and other foot problems.

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**Highwaymen to be at Bookfest**

Three of the original Florida Highwaymen artists – Al Black, Roy McLendon, and Mary Ann Carroll – and two civil rights authors – Rodney Hurst, Sr. and Charles Cobb, Jr. — have been confirmed to participate in the 2009 Moore Art and Bookfest, Oct. 24 from 10 a.m. to 4 p.m. at the Harry T. & Harriette V. Moore Memorial Park in Mims.

From the early 1950s through the 1980s, a group of 26 African-American artists painted beautiful landscapes that displayed the serene, undeveloped Florida landscape of their time. Today these artists are known as the Florida Highwaymen and because of the tranquil scenes and history involved, their original paintings are highly demanded by collectors and enthusiasts.

Artists and authors are invited to participate in the bookfest and must submit applications and the \$50-plus-tax fee by Sept. 11.

Application forms are available at 475 North Williams Avenue in Titusville, at the Harry T. & Harriette V. Moore Memorial Park, 2180 Freedom Avenue in Mims or online at [www.brevardparks.com](http://www.brevardparks.com). Call (321) 264-6595 for more information.

**Get your table now**

Registration for tables and spaces at the 16th Annual Fall Festival of Crafts at Fox Lake Park in Titusville, Nov. 21, has begun at the North Area Parks Operations office, 475 North Williams Ave. in Titusville.

Tables and spaces are \$15 each plus Florida state sales tax and are limited to two per crafter. All items must be handmade or homemade.

Application forms will be available at the parks office. Forms will not be available online this year but are also available by sending a self-addressed stamped envelope to 475 North Williams Ave., Titusville, FL 32796 and by

fax or email by calling Jill Hill at (321) 264-5105 or e-mail [jill.hill@brevardparks.com](mailto:jill.hill@brevardparks.com). Registration deadline is at 4 p.m. on Nov. 13.

Call (321) 264-5105 for additional information on this and other recreation programs in North Brevard.

**Come to health fair**

North Brevard Association of Health Services hosts its second annual "Fall Senior Health Fair" Oct. 22, 9 a.m. - 1 p.m. at the Hospice of St. Francis office building located at 1250-B Grumman Place, Titusville 32780 (corner of SR405 and Grissom Parkway). Admission is free, parking is free and the public is welcome to attend.

This free event for presents a wide array of services and products with more than 30 senior-focused vendors providing free health screenings, information and giveaways. Each attendee registered at the health fair will receive a free box lunch (while supplies last) and be eligible for a chance to win one of many of the door prizes. For additional information, call 321-383-8643.

**Come to Cruise In**

The next Cruise In is Sept. 5, 4-8 p.m. at Sand Point Park.


**Listen to music at forest**

The Enchanted Forest presents Music in the Forest Sept. 5, 6-9 p.m. with musicians. Bring a picnic dinner. The event is free. For more information, call 264-5185 or go to [www.eelbrevard.com](http://www.eelbrevard.com).

**Get car wash for pro-life cause**

The fourth annual Wash For Life, a nationwide event, is at the Advanced Auto Parts, 2901 Garden St., Sept. 19 from 8 a.m. to noon. The event is a pro-life youth event where hundreds of groups all over the country hold a car wash on the same day and donate the money they raise to their local pregnancy resource center.

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By Kim Kuhn  
Nature's Provider  
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Coenzyme Q10 (CoQ10) is a vitamin-like compound found naturally in cells and is necessary for the production of energy in the body. It is also believed to be an antioxidant, which neutralize free radicals that are believed to contribute to a number of health problems.

Clinical research suggests CoQ10 supplementation may help or prevent some of the following condi-

tions:

**Heart Disease:** CoQ10 may be beneficial in the treatment of heart disease. One clinical study found people who received CoQ10 within 3 days of a heart attack were "significantly less likely to experience subsequent heart attacks and chest pain." These patients were also less likely to die of heart disease than those who did not take the CoQ10.

**High Blood Pressure:** CoQ10 may be an effective treatment for a common type of high blood pressure. In a clinical trial published in the Southern Medical Journal patients treated with COQ 10 showed an 18-point reduction in their higher blood pressure number (systolic).

**High Cholesterol:** People with high cholesterol tend to have lower levels of CoQ10 when compared to individuals of the same age. Certain cholesterol-lowering drugs, called statins, can also deplete the levels of CoQ10 in the body. Some researchers believe taking CoQ10 supplements may help counteract this deficiency without affecting the drugs positive effects.

Availability:: CoQ10 supplements are available at Nature's Provider Health Food Store

Happy Health,  
Kim Kuhn, B.S., MBA

References: Available upon request.

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**Internship:** OU-COM/Doctors Hospital/Grant Medical Center, Columbus, OH

**Medical School:** New York College of Osteopathic Medicine, Old Westbury, New York

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My name is **Fifi** and I am a black and white beauty. I came in with my brother and sister because my owner had too many pets. I am up to date on shots, spayed and microchipped. I would love to go home with my sister, Nala, but if you only want me I'm o.k. with that too !!!



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Howdy there! My name is **Stain**. I am a 2 and half year old, male, Bull Mastiff. I was brought to the SPCA by my daddy because he was having health issues and couldn't care for me. He didn't want to give me up and was very sad about leaving me here. He would really like me to get a loving, committed home. I am a very sweet, BIG boy. I walk well on a leash, know some basic commands, and I am housebroken. I like kids and like animals that I am

familiar with. I would really love it if you and your family would come and visit with me. I am a big boy...but that is more to love! Please come in and see me. Love, Stain

**PLEASE CALL 267-8221 FOR INFORMATION, OR VISIT US AT 455 CHENEY HWY. (SR50)**

\*\*\* Thanks For Your Support!!! \*\*\*

### Rid fear of public speaking

The UF/IFAS - Brevard County Extension Service hosts "How to Lose Your Nerve: Speaking in Public" Sept. 15 from 6:30-7:30 p.m. at 3695 Lake Dr. in Cocoa.

Young people aged 8-18 who are nervous about speaking in public, or want to learn how to make the most of a presentation, are invited to attend.

The class is free. To register, call Vanessa Spero at 321-633-1702 or vspero@ufl.edu.

### Car wash benefits kids

The American Legion Auxiliary holds a car wash at Wal-Mart in Titusville, Sept. 26 to benefit children and youth & other programs in the American Legion Auxiliary.

Contact Michelle Horton at 271-2012 or Debbie Kimes, 269-1296, for more information.

### Parents get info on H1N1 flu

Brevard Public Schools announces a Web site that provides information and resources to help parents and school communities understand the Center for Disease Control and the Florida Department of Health's recommendations for influenza during the 2009-10 school year.

The site may be accessed by going to [www.brevard-](http://www.brevard-)

[schools.org](http://schools.org) and clicking on the link on the home page that says "H1N1 Swine Flu Communications for BPS Parents and School Community."

Information on this site will be updated as new data becomes available.

### Can you adopt?

The SPCA in Titusville is looking for foster parents for mostly cats but some dogs. The animals could be too young to be in the shelter, not doing well in a kennel or cage, or for other reasons.

References for fostering from your vet will be required.

Contact the SPCA at 267-8221, or fill out an application online at [www.spcanorthbrevard.com](http://www.spcanorthbrevard.com)

### SPCA needs help

Come in to the SPCA at 455 Cheney Highway and "adopt" an engraved mouse or bone on the wall's dog house. There are three sizes with three prices - \$100, \$250 and \$500.

Applications can be obtained online at [www.spcanorthbrevard.com](http://www.spcanorthbrevard.com) or stop by the facility and pick one up. If you would like to make a donation, SPCA would be very grateful.

# Welcome!

## Dr. Sonser joins us at Port St. John

**Patrick Sonser, MD** specializes in nonsurgical treatments and management of bone, muscle, joint and spine conditions using various procedures, injections, medications and physical therapy. His areas of special interest include neck, low back and chronic pain, tendonitis, bursitis and tennis/golfer's elbow.

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## September horoscopes

**ARIES** (March 21 – April 20) On the work front, there's an opportunity for a promotion. Looking for a job? September is a good month for you. Be positive and know you can do anything – be anything – if you try. Be careful in the romance department – it could be tricky.

**TAURUS** (April 21 – May 21) Success fits you well this month. Things are finally within your grasp. Be careful with friendships this month. Don't get too upset with situations dealing with friends or you might have arguments.

**GEMINI** (Sept. 22 – June 21) Financially you have a little bit more than usual this month, but be careful. Work and school is good. Plan a day trip with your friends because you deserve it.

**CANCER** (June 22 – July 22) Sit back and ponder all you've done this year because you've had some important milestones. Spend time with your family and recharge your batteries because the fall will be busy.

**LEO** (July 23 – Aug. 22) This isn't easy for you because you're a do-er not a reflective person, however take time to think about where your relationship is going. Are there areas you can improve on?

**VIRGO** (Aug. 23 – Sept. 23) You're riding high on last month's successes, but get your head out of the clouds because it's a risky time. Don't invest unwisely and be careful that someone doesn't steal your heart or take advan-

tage of you in friendship. Major decisions should be avoided this month.

**LIBRA** (Sept. 24 – Oct. 23) Venus is back this month, so your love life is a main focus. Single Librans could easily meet someone who will play a major role in your love life to come.

**SCORPIO** (Oct. 24 – Nov. 22) Be cautious this month when it comes to business. However throw caution to the wind when it comes to affairs of the heart. Be comfortable telling someone special how you really feel.

**SAGITTARIUS** (Nov. 23 – Dec. 21) You are naturally optimistic, especially this month. Keep those new ideas coming. You'll be a leader this month. Zero in on emotional growth especially in sensitivity

and understanding.

**CAPRICORN** (Dec. 22 – Jan. 20) A reliable friend has some good advice, so listen. Open up and take a risk, even though it isn't easy and natural for you.

**AQUARIUS** (Jan. 21 – Feb. 19) There are new challenges ahead and if you are ready, it will work out well for you. This could lead to more recognition at work or school. Love heats up at the end of the month.

**PISCES** (Feb. 20 – March 20) You'll achieve your goals this month if you stay the course and don't stray. By the end of the month, if you play your cards right, you will be impressed with yourself – and so will others!

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# DEATH NOTICES

ALLEN Doris, 101, of Titusville, died Aug. 21. Arrangements by North Brevard Funeral Home in Titusville.

BANKS Ted, 82, of Titusville, died Aug. 20. Arrangements by North Brevard Funeral Home in Titusville.

BREININGER, Dr. Ronald, 46, died Aug. 18. In lieu of flowers, donations can be made to Hospice of St. Francis, 1250 B Grumman Place, Titusville, FL 32780.

BRUNSON Anita, 73, of Titusville, died Aug. 22. Arrangements by North Brevard Funeral Home in Titusville.

COX Mary, 55, of Titusville, died Aug. 19. Arrangements by North Brevard Funeral Home in Titusville.

DECATUR Robert, 88, of Titusville, died Aug. 19. Arrangements by Newcomer Funeral Home in Titusville.

DOUGLAS Todd, 61, of Mims, died

Aug. 18. Arrangements by North Brevard Funeral Home in Titusville.

GASS Terri, 61, of Titusville, died Aug. 20. Arrangements by North Brevard Funeral Home in Titusville.

HILTON Sandra, 52, of Titusville, died Aug. 26. Arrangements by Funeral Solutions in Cocoa.

HOY Flora, 88, formerly of Titusville, died in Winston-Salem, NC Aug. 22. Arrangements by Brevard Memorial Funeral Home in Cocoa.

KINNEBREW Marjorie, 68, of Scottsmoor, died Aug. 19. Arrangements by North Brevard Funeral Home in Titusville.

KRELLWITZ Alice, 93, of Titusville, died Aug. 19. Arrangements by North Brevard Funeral Home in Titusville.

MANN Mary, 83, of Titusville, died

Aug. 23. Arrangements by Brevard Memorial Funeral Home.

MAWN Harold, 86, of Port St. John, died Aug. 23. Arrangements by Newcomer Funeral Home in Titusville.

NELSON Hazel, of Titusville, died Aug. 18. Arrangements by North Brevard Funeral Home in Titusville.

PATRIA Robert, 63, of Titusville, died Aug. 22. Arrangements by Florida Memorial Funeral Home in Rockledge.

TAYLOR Bonnie, 97, of Mims, died Aug. 17. Arrangements by Lewis-Ray Mortuary in Titusville.

TOUCHTON Florence, 76, of Titusville, died Aug. 25. Arrangements by North Brevard Funeral Home in Titusville.

TUCKER Chad, 28, of Titusville, died Aug. 19. Arrangements by North Brevard

Funeral Home. See story, Page 1.

WARDLOW Pamela Lynn, 60, of Titusville, died Aug. 16. Arrangements by Stone Funeral Home in Cocoa.

WOLTAL Virginia, 86, of Titusville, died Aug. 23. Arrangements by North Brevard Funeral Home in Titusville.

WRIGHT Paul, 55, of Titusville, died Aug. 9. Arrangements by Medina Funeral Home and Cremation Service in Medina, Tenn.

ZAJAC Peter, 87, of Titusville, died Aug. 22. Arrangements by Funeral Solutions in Cocoa.

ZDUNSKI Delores, 79, of Mims, died Aug. 25. Arrangements by North Brevard Funeral Home in Titusville.

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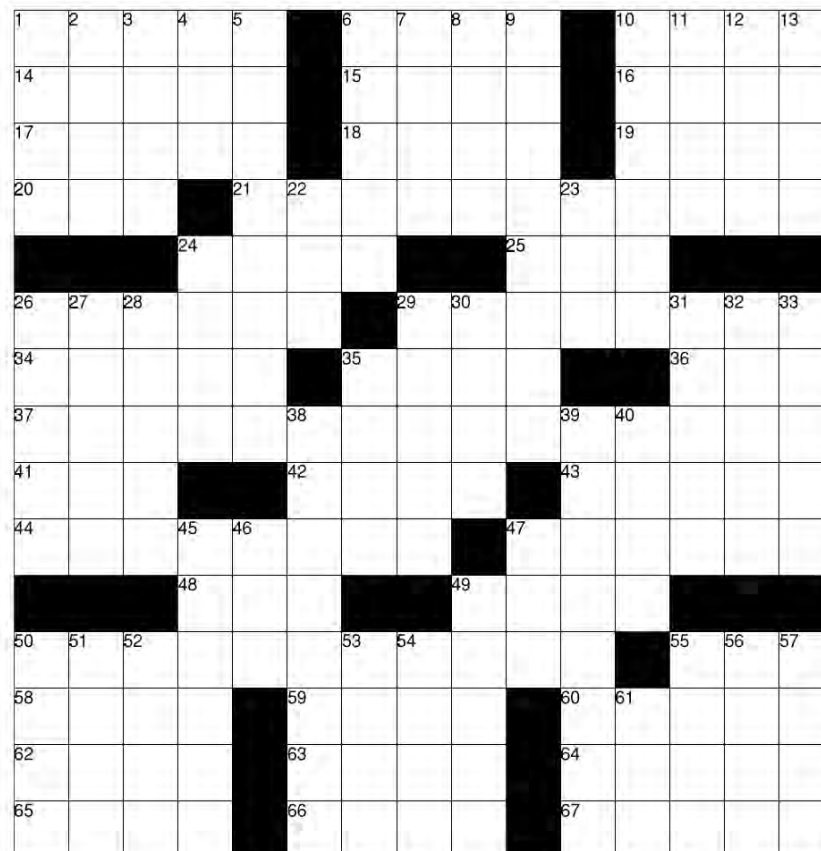
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- 1 Scent
- 6 "Terrible \_\_\_" (infant stage)
- 10 Thick slice
- 14 Two hours before noon
- 15 Marvelous review
- 16 Cash register
- 17 Mediterranean island
- 18 Brainstorm
- 19 Sit with a book
- 20 \_\_\_ as a fox
- 21 MARCus Welby  
portrayer
- 24 Two-wheeler
- 25 Awful
- 26 Inns near interstates
- 29 Radio, TV and  
newspapers
- 34 Singer Merman
- 35 Punxsutawney groundhog
- 36 Large coffee brewer
- 37 What MARC Antony  
called Brutus
- 41 Suffix for puppet
- 42 Honolulu necklaces
- 43 Make happy
- 44 Got close
- 47 Pursues
- 48 Author Fleming
- 49 Comic Bishop
- 50 Where BisMARck is  
capital
- 55 Cry of triumph
- 58 "Yikes!"
- 59 Smooth out
- 60 Calm down
- 62 Ore source
- 63 Ready for the farm stand
- 64 Governor's domain
- 65 Male pig
- 66 Former fast fliers: Abbr.
- 67 Simplified

### Down

- 1 24-hr. cash sources



- 2 Genuine
- 3 Nothing more than
- 4 Gym's padded surface
- 5 Texas city
- 6 Big family, humorously
- 7 Walk through water
- 8 More than
- 9 Auto safety device
- 10 Took long steps
- 11 In \_\_\_ of (instead of)
- 12 Economist Greenspan
- 13 Edifice: Abbr.
- 22 Authorizes
- 23 Sweet potato
- 24 "\_\_\_ there, done that"
- 26 Doled (out)
- 27 Miscellaneous category
- 28 In that place
- 29 Homonym of 28 Down
- 30 Greet the villain
- 31 Three Musketeers creator
- 32 Angry
- 33 Actress Bancroft et al.
- 35 Defendant statement
- 38 Kitchen appliances
- 39 Prepare for a performance
- 40 Oil of \_\_\_
- 45 Shriveled up
- 46 Informal refusal
- 47 Foldaway bed
- 49 Dow's publishing partner
- 50 Devoid of feeling
- 51 Dayton's state
- 52 Barrett of gossip
- 53 Hertz rival
- 54 Didn't throw out
- 55 "That's a shame!"
- 56 Can't stand
- 57 Chopped down
- 61 Timetable stat.

Answers on Page 12

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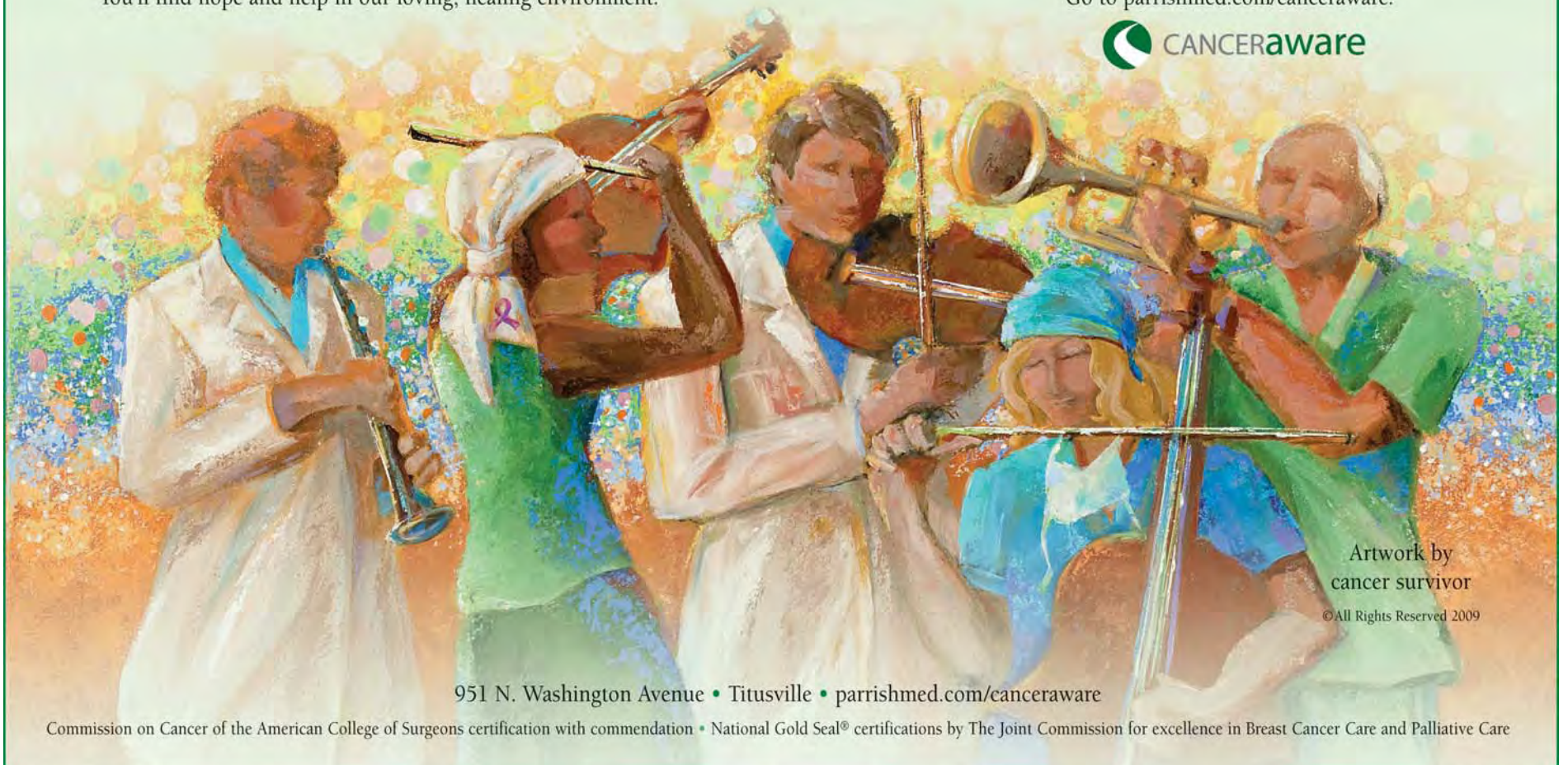
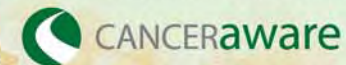
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